A Curriculum of Care and Respect for Infants Workbook

Respect:

Take some time to reflect and jot down some ideas on what respect means to you.

Reflect – How did the readings resonate with you? Did you agree or disagree?

Why?

What does respect look like when interacting with team members?

What does respect look like when interacting with parents and whanau?

What does respect look like when interacting with children?

Teacher Well-being:

Reflect what part does teacher well-being play in a curriculum for infants?

Why do you think it is important or unimportant?

Read "Why you should be your priority"

How does this resonate for you?

How can you practise better self-care?

How can you support the well-being of the other teacher's in your team?

<u>**Settling New Children:**</u>

How do you currently welcome new children and families into your setting?

Do you have a policy for inducting new families?

Do you appoint a "key person" or primary caregiver to new children to your setting?

What is your current policy on transitional items for the infants in your setting?

Primary Caregiving:

What does the term primary caregiver mean to you?

What are some of the barriers to effective primary caregiving?

For teachers

For parents

Pikler Principles

How can you implement "Full Attention" in your practice?

How can you implement "Slow Down" in your practice?

How can you implement "Build Trust and Your Relationship During Caring Activity Times" in your practice?

How can you implement "With" and not "To" in your practice?

How can you implement "Free Movement" in your practice?

How can you implement "Allow Uninterrupted Time for Play" in your practice?

How can you implement "Tune Respectfully into Infant's Cues" in your practice?

Reflect:

How will you implement what you learnt in this workshop in your own practice?

•**Perhaps you would like to pick one of these principles and intentionally implement it into your practice over the coming weeks.**

•**Does it reinforce some of what you already know?**

•What will you do differently?