

# Reflections on My Accomplishments

Spend some time reflecting and writing about your accomplishments over the past season. **Big or small, write about them all.** Refer to your calendar and to-do lists to help jog your memory.

When I reflect on the past 90 days, what brings me the most joy is \_\_\_\_\_

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## My List of Accomplishments (Turn the Page Over As Needed)

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When I look back over my list of accomplishments I \_\_\_\_\_

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What I'll do to celebrate all that I've accomplished \_\_\_\_\_

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