

ITF Coaches Education Programme



Coaching Beginner and Intermediate Players Course

Protecting Children: a Guide for Sports people 1

Introduction



- Powerful and positive influence
- Develop qualities
- Coaching - highest possible standard
- Positive sporting experience
- Presentation outline

Code of Conduct for Sports Coaches

- Codes of behaviour
- Code of Practice for Sports Coaches
- Key Principles
 - Rights
 - Relationships
 - Responsibilities personal standards
 - Responsibilities professional standards
- Relationship between coaches and performers
- Apply in any coaching situation

Implications for Coaching

- Rights of individuals to participate
 - Provide choices
 - Provide an environment
 - The rights of performers
 - Performer to confer with other coaches
 - Well-balanced lifestyle

Implications for coaching

- Remember
 - Respect at all times
 - Not discriminate
 - Any form of discrimination
 - Not publicly criticize
 - Be discreet
 - Communicate

Implications for coaching

- Relationships
 - Consider your behaviour
 - Promote welfare
 - Avoid sexual intimacy
 - Empower performers
 - Clarify the nature of the coaching service
 - Communicate and cooperate

Implications for coaching

- Physical contact
- Training practices
- Language
- Player welfare
- Coaching services
- Responsibilities
 - Be fair, honest and considerate
 - Project an image of health
 - Be a positive role model

Implications for coaching



Action	Examples
Follow national governing body/employer guidelines	<ul style="list-style-type: none"> •Attend courses •Gather essential information •Keep abreast of new developments •Maintain professional level of coaching •Make use of educational opportunities
Locate support services in your area	<ul style="list-style-type: none"> •Other clubs/coaches •Sports development officers •Injury/treatment referral •Specific expertise •Local/national squads •Trials •Schools
Check your own coaching practice	<ul style="list-style-type: none"> •Appraisal/analysis •Mentor system •Session planning •Workload •Home demands •Own health/lifestyle
Review the social issues surrounding your sport	<ul style="list-style-type: none"> •Local, regional or national initiatives •Methods of fund-raising/grants/lottery funding •Rewarding teams, individuals •Training weekends, camps, tours

Recruitment, Employment and Deployment of Staff



- Checklist
- Pre-recruitment:
 - Determine the aims
 - Identify the responsibilities
 - Determine the level of experience
 - Outline
 - Formalize your advertising procedure
 - Prepare a job description
 - Write a person specification
 - Prepare an application
- Interview

Recruitment, Employment and Deployment of Staff

- Checks
 - Two written references
 - Evidence
 - Criminal record checks
- Training
 - Formal induction
 - Training
 - Child protection
 - First Aid
 - Working effectively with children
 - Child-centered coaching styles
- Monitoring and Appraisal
- Complaints

Implications of your club/organization



- Communication
 - Publish a newsletter
 - Organizing fund raising activities
 - Setting up a committee
 - Establishing a supporters' club
 - Setting up a lottery panel
 - Link with sports development officer
 - Coach education programme
 - Providing in-house training/development

Implications for Coaching Children

- Responsibilities as a coach
- Recognizing the need
- Acting as a role model
 - Behave as you like during coaching
 - Positive role model
 - Appearance
 - Fashion
 - Tattoos
 - Jewellery
 - Language
 - Alcohol
 - Drugs

Empowering Children



- Authority and status
- Child's personal life
- Authoritative role
- Trust
- Examine own coaching behaviour
- Dangerous relationship
- Over dependence
- Instill confidence

Recognizing Poor Practice

- Games
- Inappropriate touching
- Inappropriate language
- Reduced to tears
- Use of sexually suggestive comments
- Allegations

Feedback - Summary



- Putting the welfare of performers first
- Treating everyone equally
- Working in an open environment
- Safe distance
- Time alone with children
- Coaching relationships on trust
- Promoting fair play
- Excellent role model
- Involving parents or carers
- Giving feedback

Understanding and Identifying Signs of Child Abuse

- Introduction
- Explore their own values and attitudes
- Be able to recognize signs
- Not easy to recognize situations
- Responsibility to act
- What Constitutes Child Abuse
 - Term child abuse
 - Damage-physically or mentally
 - Sports environment
 - Peer abuse

Categories of Abuse



- Neglect
- Physical abuse
- Sexual abuse
- Emotional abuse
- Bullying and harassment

Neglect



- Definition
- Failing to provide adequate food
- Leaving children alone
- Failing to protect a child
- Medical care
- Refusing to give children affection and attention
- Examples in sports situation

Physical Abuse and Sexual abuse

- Physical abuse
 - Physically hurts or injures a child
 - Examples in sport
- Sexual abuse
 - Physical contact
 - Explain the need for physical contact
 - Sporting events

Emotional Abuse



- Expectations
- Making them feel worthless
- Making them feel frightened
- Shouting
- Overprotecting
- Examples
 - Parents and coaches
 - Personal information
 - Results of emotional abuse

Bullying and Harassment

- Deliberately hurtful behaviour
- Victims - shy, sensitive or insecure
- Harassment
- Examples
 - Parent pushes too hard
 - Coach shouts or humiliates
 - Children
- Schools
- Underestimated
- Responsibility