

AFGHANISTAN RELIEF ALLIANCE (ARA)
YEAR-END REPORT December 2022



Thank You!



[Farida Shaghasi](#)

[Afghanistan Relief Alliance](#)

Food Distribution Reports

https://youtu.be/aT8eQvKDv_w

https://www.youtube.com/watch?v=yy_BZAoqjEg

AFGHANISTAN FOOD CRISIS IS WORSENING

As winter looms in Afghanistan, a desperate humanitarian situation is only worsening for millions.

According to The World Food Program, 49 million people in 46 countries are experiencing a severe food crisis and famine, and 28 million live in Afghanistan. Conflict and Climate disasters, like droughts and floods, are the primary driver of food insecurity.



THE STRUGGLE

For most Afghan families, where their next meal comes from is short of a miracle. With jobs gone, savings used, positions sold, and the cost of living rising exponentially, people struggle to feed their kids and themselves. Many parents are selling one child to provide for the rest.



OUR MISSION

Afghanistan Relief Alliance (ARA) is a 501 C (3) nonprofit organization

**bringing life-saving aid to Afghans on the brink of
starvation by providing the neediest and poverty-stricken
families in Afghanistan with relief supplies of food in a disaster-
stricken zone**

OUR STORY

Afghanistan Relief Alliance was established following a successful project known as the COVID-19 relief. This unincorporated association represented many organizations with the common goal of responding to the economic hardship created in 2020 with the shutdown of businesses and institutions to restrict the spread of COVID-19. The primary form of humanitarian aid was distributing food to families with a wage earner who could not work.

International Orphan Care was chosen as the Fiscal Sponsor of that project and continued to be the fiscal sponsor. At the same time, ARA was formally formed and approved as a non-profit organization with 501 (3) C status.

TRANSPARENT

We are 100% transparent with our financials and our operations. We understand it's important to you that your donation is being used honestly and effectively. It's very much essential to us as well. We have an open book policy. We are a %100 volunteer organization.



FOOD DISTRIBUTION 2022 (1/2022 – 11/2022)

Afghanistan Relief Alliance had 35 food distributions in 33 different Afghanistan provinces. Many of these food package recipients are widowed women with children. Afghanistan has 34 provinces. In wintertime, snow impairs many of these roads, crippling food distribution efforts in many remote areas. This year, widespread flash floods and earthquakes have exacerbated the food crisis battering Afghanistan, a country already reeling from an economic crisis, deadly terrorist attacks, and other natural disasters.

These food distributions result from donations made by Dave Lee's Network group.

Details of Food Distribution in 2022

Location	No of Family	Food Amount	*Expenses	Total Amount	Distribution Date
Mazar	100	\$ 5,712.00	\$ 238.00	\$ 5,950.00	1/24/2022
Dashti Burchi, Kabul	50	\$ 3,087.00	\$ 105.00	\$ 3,192.00	1/25/2022
Bamiyan	100	\$ 6,255.00	\$ 125.00	\$ 6,380.00	1/29/2022
Kabul	200	\$ 12,570.00	\$ 417.50	\$ 12,987.50	2/1/2022
Jalalabad	100	\$ 6,211.54	\$ 216.00	\$ 6,427.54	2/6/2022
Kunar	100	\$ 6,267.96	\$ 215.00	\$ 6,482.96	2/4/2022
Faryab	100	\$ 5,638.00	\$ 189.00	\$ 5,827.00	2/4/2022
Ghazini	100	\$ 6,160.33	\$ 214.60	\$ 6,374.93	2/7/2022
Nurstan	100	\$ 6,267.96	\$ 370.00	\$ 6,637.96	2/8/2022
Kabul Medical Group	20	\$ 1,400.00	\$ 30.00	\$ 1,430.00	2/10/2022
Helmand	100	\$ 6,508.74	\$ 219.40	\$ 6,728.14	2/11/2022
Numruz	100	\$ 7,295.48	\$ 241.30	\$ 7,536.78	2/22/2022
Logar	100	\$ 6,525.00	\$ 330.70	\$ 6,855.70	2/20/2022
Baghlan	100	\$ 5,673.00	\$ 244.00	\$ 5,917.00	2/25/2022
Badghas	100	\$ 5,839.13	\$ 241.30	\$ 6,080.43	2/20/2022
Dushti Burchi #2	60	\$ 3,911.00	\$ 148.95	\$ 4,059.95	3/1/2022
Parwan	100	\$ 6,627.22	\$ 274.40	\$ 6,901.62	3/12/2022
Kunduz	100	\$ 5,828.00	\$ 254.00	\$ 6,082.00	3/20/2022
Takhar	110	\$ 6,421.80	\$ 286.50	\$ 6,708.30	3/20/2022
Kandahar	107	\$ 7,853.46	\$ 279.40	\$ 8,132.86	3/22/2022
Jalalabad Ramadan Dist	200	\$ 15,953.49	\$ 520.30	\$ 16,473.79	4/20/2022
Kabul Ramadan Dist	550	\$ 42,531.65	\$ 1,506.70	\$ 44,038.35	4/23/2022
Laghman Ramadan	100	\$ 7,976.74	\$ 520.30	\$ 8,497.04	4/23/2022
Mazar#2 (Balkh)	110	\$ 8,066.30	\$ 277.00	\$ 8,343.30	5/20/2022
Herat	220	\$ 17,063.00	\$ 522.20	\$ 17,585.20	5/23/2022
Kapisa	110	\$ 9,343.82	\$ 339.33	\$ 9,683.15	6/4/2022
Badakhshan	100	\$ 8,098.88	\$ 330.90	\$ 8,429.78	6/7/2022
Gardeze	100	\$ 8,562.00	\$ 305.90	\$ 8,867.90	6/7/2022
Zabul	100	\$ 8,608.99	\$ 258.40	\$ 8,867.39	6/8/2022
Ghorband	100	\$ 8,311.11	\$ 302.22	\$ 8,613.33	6/24/2022
Paktika	100	\$ 10,012.00	\$ 2,053.35	\$ 12,065.35	7/2/2022
Khost	100	\$ 10,012.00	\$ 1,449.72	\$ 11,461.72	7/3/2022
Wardak	100	\$ 8,522.22	\$ 498.90	\$ 9,021.12	8/5/2022
jawzjan	100	\$ 8,047.20	\$ 332.20	\$ 8,379.40	8/11/2022
Daykundi	100	\$ 7,719.10	\$ 438.20	\$ 8,157.30	8/25/2022
Logar (Flood)	50	\$ 4,118.64	\$ 412.40	\$ 4,531.04	8/26/2022
Ghor	100	\$ 8,629.67	\$ 460.50	\$ 9,090.17	8/26/2022
Ghorband (Flood)	50	\$ 4,118.64	\$ 197.70	\$ 4,316.34	8/27/2022
Jalalabad(Flood)	50	\$ 4,116.70	\$ 140.60	\$ 4,257.30	8/29/2022
Samangan	100	\$ 7,950.00	\$ 429.40	\$ 8,379.40	9/11/2022
Urozagan	107	\$ 7,883.09	\$ 453.50	\$ 8,336.59	9/30/2022
Farah	100	\$ 7,358.28	\$ 490.80	\$ 7,849.08	9/28/2022
Dashti Burchi, Kabul	10	\$ 82.32	\$	\$ 82.32	10/16/2022
Herat Winter	141	\$ 11,174.25	\$ 813.10	\$ 11,987.35	11/14/2022
Jalalabad Winter	141	\$ 10,718.55	\$ 522.60	\$ 11,241.15	11/15/2022
Kabul Winter	372	\$ 28,778.94	\$ 1,221.10	\$ 30,000.04	11/15/2022
				\$ 7,910.00	
	5358			\$ 423,157.57	
		IOC Admin Cost		\$15,000	
		With hold tax		\$9,000	
		Money Transfer fee 3.5%	\$	14,810.51	Paid by IOC

ARA Distributed Food Packages to 33 Provinces in Afghanistan in 2022

	Province	Capita	Popul n 20	Reg	Distribution Date	No Pep
1	Kabul	Kabul	5,204,700	Central	2/11/2022	270
2	Kabul (ramadan)	Kabul	5,204,700	Central	4/23/2022	550
3	Herat	Herat	2,140,700	Central	4/7/2022	220
4	Mangarhar	Jalalabad	1,701,700	Central	2/5/2022	100
5	Balkh	Mazar-i-Sharif	1,509,200	North	1/24/2022	100
6	Balkh (Ramadan)	Mazar-i-Sharif	1,509,200	North	5/20/2022	110
7	Helmand	Lashkargah	1,446,200	South	2/11/2022	100
8	Kandahar	Kandahar	1,399,600	South	3/22/2022	107
9	Ghazni	Ghazni	1,362,500	South	2/7/2022	100
10	Kunduz	Kunduz	1,136,700	North	3/20/2022	100
11	Farah	Mawmana	1,109,200	North	2/4/2022	100
12	Takhar	Taloqan	1,093,100	North	3/20/2022	110
13	Badakhshan	Fauzabad	1,054,100	North	6/6/2022	100
14	Baghlan	Puli Khumri	1,014,600	North	2/25/2022	100
15	Paktia	Sharada	775,500	South	7/2/2022	100
16	Ghor Band (flood)	Chaghcharan	764,500	Central	6/24/2022	100
17	Parwan	Charikar	737,700	Central	3/12/2022	100
18	Maidan Wardak	Maidan Shar	660,300	Central	8/5/2022	100
19	Khost	Khost	913,364	South	7/3/2022	100
20	Sar-e Pol (by IOC)	Sar-e Pol	621,000	North	4/22/2022	102
21	Paktia	Gardez	612,000	South	6/6/2022	100
22	Jowzian	Sheberghan	602,100	North	8/11/2022	100
23	Farah	Farah	563,000	Central	9/28/2022	100
24	Badghis	Qala-i Naw	549,600	Central	2/20/2022	100
25	Daukundi	Nili	516,500	South	8/25/2022	100
26	Kunar	Asadabad	499,400	Central	2/4/2022	100
27	Bamyan	Bamyan	495,600	Central	1/29/2022	100
28	Laghman	Mihhtarlam	493,500	Central	4/23/2022	100
29	Kapisa	Mahmud-i-Raqi	488,300	Central	6/4/2022	110
30	Uruzgan	Tarin Kot	436,100	South	9/30/2022	100
31	Logar	Puli-i-Alam	434,400	Central	2/20/2022	100
32	Samangan	Samangan	430,500	North	9/11/2022	100
33	Zabul	Qalat	391,150	South	6/8/2022	100
34	Nimroz	Zarani	183,600	South	2/22/2022	100
35	Panishir	Bazarak	169,900	Central		
36	Nuristan	Parun	163,800	Central	2/8/2022	100

Kabul, Kabul Medical, Dashti Burchi

By IOC



Avg 1,058,643
Total family 4279
Total of pec 29953

1 United States Dollar equals

87.19 Afghan

Afghani

Jul 1, 1:00 AM UTC · Disclaimer

1

United States Dollar ▼

1D

5D

1M

1Y

5Y

Max



A single food package is consists of

- 1) Flour 50 kg
- 2) Rice 20 kg
- 3) Oil 5 liter
- 4) Sugar 2 kg
- 5) Beans 5 kg
- 6) Green Tea 1 kg
- 7) Salt 1 Package



OUR Operation

When a tragedy or a catastrophe happens, efficient business operations is the key to making sure we have an effective distribution system. At ARA we strive to make sure that food, medical and other needed supplies are given to the people who need them most. We operate with the utmost integrity, honesty, and take responsibility in the stewardship of our resources.

We partner with experienced local volunteers in Afghanistan to smoothly and efficiently distribute the food, medical, and other needed supplies to the people who need it most. We believe in empowering the local volunteers and workforce to be self-sufficient in this endeavor.

Identification of needy families

1. One volunteer group will produce a list based on their research

With the following criteria:

- Widows
- Families with kids
- Families with no source of income
- Condition of living

2. The second volunteer group randomly check the families for Food Packages verification purposes

3. The beneficiaries will provide the following information

- Name
- Phone
- ID Number
- Address/Location

- Number of Family Members
- Source of income

4. Chosen families will receive a ticket. The ticket number will match the key on the food package they will be receiving during distribution.

1. Identify food/other items for the list
2. Obtain three quotes from three different merchants
3. The picture of the product should match the quoted price
4. Locally produced food products are preferred if possible

Sample of a verified list



Implement Organization

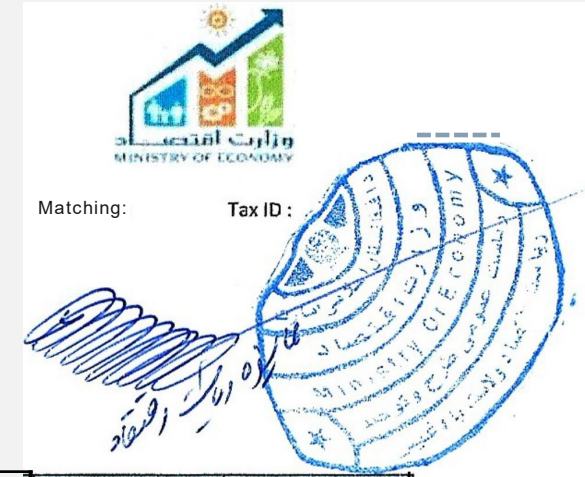
Organization Name: Tawana Services, Development & Commercial Organization (TSDCO)
 Representative : Sayed Mohammad Nader Hatami
 Business Address : Badghis
 Email: info@tsdco.org
 Distribution Date :
 Afghan Business Licence#: (if applicable)



Total beneficiaries:

Verification Organization

Organization : Department of Economy, Badghis
 Phone:
 Representative Name :
 Business Address :
 Email:
 Phone:
 Afghan Business License#: (if applicable)
 Distribution location address :



	NAME	FATH R NAME	Adress	ID#	Cellphone#	Familise #	Occupation	Verification
OR			JJ., ...J\$...	نمبر تذکره	شماره تلفون	تعداد اعضا فامیل	JU, / J.o#>.,	t.Su
1	Maryam	Mohammad Zaher	Qala-e-Naw- Eidgah	35548944	079307183	5	Widow	Verified
2	Hanita	Abdul Azim	Qala-e-Naw - Zaimat	23918566	079426712	4	Widow	Verified
3	Sayed Abdul Baqi	Sayed Taj Mohammad	Qala-e-Naw- Baghlar	23929037	077295768	8	Jobless	Verified
4	Nikzad	Shah Mohammad	Qala-e-Naw- Baghlar	33518640	077843293	3	Jobless	Verified
5	Sayed Mohammad Sadiq	Sayed Maqsood	Qala-e-Naw- Baghlar	269947	079149538	7	Jobless	Verified
6	Tajwar	Mohammad Haidar	Qala-e-Naw- Baghlar	23922936	072807996	4	Widow	Verified
7	Sabza gul	Abdul Sattar	Qala-e-Naw- Baghlar	33504308	079980726	5	Widow	Verified
8	Juma gul	Jahan gir	Qala-e-Naw- Baghlar		076037926	7	Widow	Verified
9	Abdul Ghani	Karimdad	Qala-e-Naw- Baghlar		079663325	4	Jobless	Verified
10	Ghulam Sarwar	Ghulam Haidar	Qala-e-Naw- Baghlar	33504694	072852511	6	Jobless	Verified
11	Maryam	Abdul Raqib	Qala-e-Naw- Baghlar	26031445	079368091	6	Widow	Verified
12	Sad barg	Rahimdad	Qala-e-Naw- Baghlar	23929517	070045276	7	Widow	Verified
13	Zulaikha	Mohammad Saddiq	Qala-e-Naw- Baghlar	4922482	079341547	7	Widow	Verified



Winter Food Distribution, Kabul

تقسیمات مواد غذایی در زمستان

برای مستحقین شهر کابل

November, 2022

KABUL WINTER FOOD DISTRIBUTION NOVEMBER 15, 2022

No. of Families Received Food Packages 372

No. of Individuals 2604

Cost of Food Packages \$30000.05



Kabul Province Food Distribution for 372 Families, Nov 2022

List of food quotations from different merchants					\$1	AFN88.8
No	Package Item	Quantity	Unit	Faqirzada	Qenaat	Kabul Blizzard Co
1	Flour	50	KG	25.90	26.13	28.94
2	Rice	25	KG	26.46	27.03	29.84
3	Cooking oil	5	Liter	7.88	7.88	8.11
4	Bean	5	KG	6.19	6.19	6.42
5	Salt	1	Pack	0.23	0.23	0.79
6	Sugar	2	KG	1.46	1.58	1.69
7	Green tea	1	KG	3.49	3.60	3.60
8	Transportation and Labor			0.68	0.68	0.00
9	Tax			5.06	5.13	1.59
Total - One package with Tax				\$ 77.36	\$ 78.45	\$ 80.98
Total Cost for 372 Familie with tax				\$ 28,778.94	\$ 29,182.36	\$ 30,124.46
Total Tax				\$ 1,882.73	\$ 377.13	\$ 590.68
Net Total				\$ 26,896.20	\$ 28,805.22	\$ 29,533.78

Miscellaneous expenses						
NO	Description	AFN		USD		
1	Volunteers transportation and food expenses for survey	AFN	20,690	\$	233.0	
2	Lunch Expenses on distribution day	AFN	5,345	\$	60.2	
3	Cash payment for families transportation	AFN	74,400	\$	837.8	
4	Photographer	AFN	3,000	\$	33.8	
5	Banner, Stickers and Cards	AFN	1,500	\$	16.89	
6	Project government registration and report to the Ministry of Economy	AFN	3,500	\$	39.41	
Total Misc Expense		AFN	108,435	\$	1,221.1	
Grand Total for Kabul Distribution				\$	30,000.05	\$ 30,403.47 \$ 31,345.57
Prepared by: Asadi				Verified by:		



International Orphan Care (IOC) - Quotation
موسسه بین المللی سرپرستی اطفال یتیم - ورق چرگه

Quotation #

Supplier Name: تجارت و صنعت		Date:	IOC Address: Aschiana Building - First Macrorayan Main Street, Herat, Afghanistan. Phone 0744798570 تیمو کیانده برفا هوږم، د ماکرو ریان لومړۍ کورنۍ - هرات، افغانستان		
Supplier Add & contact: کابل و شمېره ټولنیزو پروژو		5-Nov-22	Kabul		
Supplier: Kindly return the completed quote by: 11/9/2022		تحویل دېدو	11/9/2022		
لطف لومړۍ ورق چرگه را تکمیل و په نظر اړ او سی ځی تاریخ					
تاریخ Description	قیمت یو بسته مواد Unit Package Price	تاریخ تحویل Delivery Date	مقدار بسته مواد Package Quantity	قیمت مجموعی Total Cost	توضیحات Remarks
Quotation for procurement of 343 Food Packages for ARA project with delivery to IOC Office based on the below specification.					
No	Package Item and Description	Unit Price			
1	Rice 50 KG	2300			
2	Rice 3-4.5 KG	2350			
3	Liquid Oil 5 Liter	700			
4	Beans 5 KG	550			
5	Sugar 2 KG	130			
6	Tea 1 KG	310			
7	Salt 1 Pack	20			
Total					
AF 6360-					
		14/11/2022	343	AF 2334180	د اوښکیان څه جوړښت رسمنی شرکت را ډارک 2% و د اوښکیان څه ډارای جوړښت رسمنی ثبت شده وزارت تجارت نمي پاشنه 7% از مجموع قیمت ارایه شده ټاکن وضع گرانیده و نهاد مسئولیت پرداخت آن می باشد.
				AF 152700	
				AF 2181480-	

Currency Being Quoted: **AFN**

Validity Duration of the Quote: **10 Day**

Supplier: List any exceptions to this quote when responding:

Note: This Quotation must not define any or include prices of IOC commodities to purchase the requested items, but it merely includes prices quote for the requested items.

IOC will only award to the successful bidder as per the competition envelope that states on the enclosed quote.

The successful bidder is required to submit the completed form to IOC office not later than the given deadline. Quotes received after the given date will not be considered.

Duration of Payment:

Supplier's Official Signature:



مهرت ټیمو - 26286 - ډالر

88180/14

Sample of 3 food package quote

فروشگاه بزرگ بند امیر

عرضه کننده مواد ارتزاقی از قبیل آرد، روغن، بوره، جای و
با کیفیت عالی و قیمت مناسب در خدمت مشتریان عزیز قرار دارد.



آدرس: بامیان سرای پامیر، روبروی بانک اسلامی

سید حاجی رسول - 0730651682 - 0775553738 - امیر شاه: 0765031142

اسم مشتری: نام: تاریخ: ۱۴۰۰/۱۲/۲۵

شماره	نوع جنس	تعداد	قیمت واحد	قیمت مجموعی
۱	آرد	۱ کیلو	۲۵۰۰	۲۵۰۰
۲	روغن	۱ کیلو	۲۰۸۰	۲۰۸۰
۳	بوره	۱ کیلو	۹۵۰	۹۵۰
۴	جای	۱ کیلو	۲۸۰	۲۸۰
۵	بوره	۵ کیلو	۹۲۵	۴۶۲۵
۶	بوره	۲ کیلو	۱۴۰	۲۸۰
۷	بوره	۱ کیلو	۱۴۰	۱۴۰
۸				
۹				
۱۰				
۱۱				
۱۲				
۱۳				
۱۴				
۱۵				

نوت: جنس فروخته شده واپس گرفته نمیشود، بل هذا بدون مهر و امضاء مدار اعتبار نیست

خوراکه فروشی اتحاد



ETEHAD GENERAL STORE

فروشنده هر نوع برنج، روغن، لوبیا، میوه خشک، شیر خشک، چاکلیت شیر بیره، تن ماهی و کوک و قاتا، آب معدنی

شماره تماس: 0797379941 / 0773585941

آدرس: شهر بامیان جوار کوچه قصایی

شماره	جنس	تعداد	قیمت	مجموعه
۱	آرد	۱	۲۵۰۰	۲۵۰۰
۲	روغن	۱	۲۰۸۰	۲۰۸۰
۳	بوره	۱	۹۵۰	۹۵۰
۴	جای	۱	۲۲۰	۲۲۰
۵	بوره	۲	۸۰	۱۶۰
۶	بوره	۱	۱۲۰	۱۲۰
۷	لوبیا	۵	۱۲۰	۶۰۰
۸				
۹				
۱۰				
۱۱				
۱۲				
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۱۸				
۱۹				
۲۰				
۲۱				

فروشگاه مواد ارتزاقی محمد هادی «تقوی»



عرضه کننده هر نوع مواد خوراکه از قبیل:
روغن، برنج، جای و غیره

آدرس: بامیان سرای پامیر

رجب غنی: ۰۷۷۰۰۰۹۸۷۴

محمد هادی: ۰۷۷۰۹۹۰۵۵۸

اسم مشتری: نام: تاریخ: ۱۴۰۰/۱۰/۲۵

شماره	اسم جنس	تعداد	قیمت	جمله شد
۱	آرد	۱ برنجی	۲۴۸۵	۲۴۸۵
۲	برنج ۲۰ لیتر	۱ برنجی	۲۰۵۰	۲۰۵۰
۳	روغن ۵ لیتر	۱ لیتر	۹۲۰	۹۲۰
۴	جای سبز	۱ لیتر	۲۱۰	۲۱۰
۵	لوبیا	۵ لیتر	۹۱۵	۹۱۵
۶	سبزی	۲ لیتر	۱۵۰	۱۵۰
۷	نمک	۱ بسته	۱۱۰	۱۱۰
۸				
۹	برنج ۱۰۶	۱ بسته	۹۸۵۰	۹۸۵۰
۱۰	کراخ نمک و روغن	۱ بسته	۸۰۰	۸۰۰
۱۱	قیمت هر بسته	۱ بسته	۶۱,۷۱	۶۱,۷۱
۱۲				

جنس فروخته شده واپس گرفته نمیشود

Kabul Food Distribution November 2022











Afghan Education for a Better Tomorrow



TARIN
CHARITY
FOUNDATION



Winter Food Distribution, Herat

تقسیمات مواد غذایی در زمستان

برای مستحقین شهر هرات

November, 2022



AFGHANISTAN RELIEF ALLIANCE

Herat Winter Food Distribution November 14, 2022

No. of Families Received Food Packages 141

No. of Individuals 987

Cost of Food Packages \$11987.35



Herat Province 141 Families, Nov 2022

List of food quotations from different merchants					\$1	AFN88.6
No	Package Item	Quantity	Unit	Afghan Nawid Tawana	Qenaat	Kabul Blizzard Co
1	Flour	50	KG	\$ 27.62	\$ 26.20	\$ 29.02
2	Rice	25	KG	\$ 28.52	\$ 27.10	\$ 29.93
3	Cooking oil	5	Liter	\$ 8.74	\$ 7.91	\$ 8.13
4	Bean	5	KG	\$ 6.20	\$ 6.21	\$ 6.44
5	Salt	1	Pack	\$ 1.12	\$ 0.23	\$ 0.79
6	Sugar	2	KG	\$ 1.80	\$ 1.58	\$ 1.69
7	Green tea	1	KG	\$ 3.38	\$ 3.61	\$ 3.61
8	Transportation, Tax and Labor			\$ 1.87	\$ 11.00	\$ -
Total - One package with Tax				\$ 79.25	\$ 83.84	\$ 79.62
Total Cost for 141 families				\$ 11,174.25	\$ 11,821.47	\$ 11,225.86
Total Tax				\$ 223.49	\$ 827.50	\$ 229.29
Net Total				\$ 10,950.77	\$ 10,993.97	\$ 10,996.57

Miscellaneous expenses			
NO	Description	AFN	USD
1	Kabul Team round trip, Hotel and food expenses to Herat	AFN 17,800	\$ 201.0
2	Expense of food, Transportation for Surveying	AFN 17,000	\$ 192.0
3	Lunch Expenses on distribution day	AFN 4,000	\$ 45.2
4	Cash payment for families transportation	AFN 28,200	\$ 318.5
5	Banner, Stickers and Cards	AFN 1,500	\$ 16.94
6	Project government registration and report to the Ministry of Economy	AFN 3,500	\$ 39.53
Total Misc Expense		AFN 72,000	\$ 813.1

Grand Total for Herat Distribution				Afghan Nawid Tawana	Qenaat	Kabul Blizzard
				\$ 11,987.35	\$ 12,634.57	\$ 12,038.96

Prepared by: Asadi

Verified by:



شرکت خدمات لوژیستیکي افغان نوید توانا

Afghan Navid Tawana Logistics Services Company

ارائه کننده خدمات لوژیستیکي در اسرع وقت!

تماسها: ۰۷۹۹۰۹۰۴۵۲ - ۰۷۹۹۹۹۷۸۰

صورت حساب: I.O.C تاریخ: ۱۳۹۲/۱۱/۱۴ شماره: 105

شماره	شرح سفارشات	تعداد	قیمت فی	قیمت مجموعی
۱	flour	141	27.62 \$	3894.42 \$
۲	Rice	141	28.52 \$	4021.32 \$
۳	Oil 5 liter	141	8.74 \$	1232.34 \$
۴	Bean 5 kg	141	6.20 \$	874.2 \$
۵	Sugar 2 kg	141	1.80 \$	253.8 \$
۶	Tea 1 kg	141	3.38 \$	475.58
۷	Salt 1 pack	141	1.12 \$	157.92
۸				10909.58
۹				
۱۰				
۱۱				
۱۲				
جمع کل به عدد: ten thousand nine hundred and nine				10909.5 \$

[Handwritten signature]



آدرس دفتر مرکزی: هرات، جاده شهید میرویس صادق، صادق، هرات بزنس سنتر، منزل سوم، کمپنی توانا گروپ

Email: info@tawanagroup.com tawana.org@gmail.com

Web: www.tawanagroup.com

آدرس دفتر بادغیس: ناحیه اول، مارکت صراف ها، طبقه دوم، دوکان نمبر ۱

بدون مهر و امضاء فاقد اعتبار است! امضاء فروشنده:

Sample of signatures of the food packages recipients



Verification	Occupation	# families	Cellphone #	ID #	Address	Father Name	Full name	No
تایید	وظیفه	تعداد فامیل	شماره تلفون	نمبر تذکره	مکونت	ولد	اسم	شماره
✓	خیابان سر	6	۰۷۰۸۷۱۸۴۶۳	۳۵۷	ناحیه سرزدهم	سردار	محمد شمس	1
✓	"	۶	۰۷۰۵۵۸۷۱۹۵	۷۷۴۴	"	نظام الدین	ادریس	2
✓	"	5	۰۷۸۹۳۶۱۱۲۳	۵۱۰	"	سرد	انار گل	3
✓	"	6	۰۷۸۷۹۲۸۶۸۰	۹۱۱	"	شلال الدین	گل خان	4
✓	کوه	4	۰۷۹۴۵۱۸۰۶۶	-۵۹۶	"	عبدالحکیم	سرکیم	5
✓	کوه	6	۰۷۹۴۵۱۸۰۶۶	647	"	عبدالحکیم	نور الدین	6
✓	کوه	5	۰۷۸۷۵۱۲۶۲۰	۸۰۰	"	حسام الدین	محمد سر	7
✓	خیابان سر	2	۰۷۸۴۰۳۷۵۶۵	۵۶۵	"	عبدالدین	محمد خان	8
✓	کوه	4	۰۷۳۰۵۲۵۸۱۵	۱۰۹	"	محمد خورشید	گل خان	9
✓	خیابان سر	5	۰۷۹۳۲۷۸۳۱۴	635	"	محمد رسول	حریک	10
✓	"	7	۰۷۹۳۲۷۸۳۱۴	753	"	محمدی الدین	داود	11

Sample of signatures of the food packages recipients



Verification	Occupation	# families	Cellphone #	ID #	Address	Father Name	Full name	No
تایید	وظیفه	تعداد فامیل	شماره تلفون	نمبر تذکره	مکونت	ولد	اسم	شماره
✓	خیار منډ	6	۰۷۰۸۷۱۸۴۶۳	۳۵۷	ناحیه سبز دهم	سردار	محمد شمس	1
✓	"	۶	۰۷۰۵۵۸۷۱۹۵	۷۷۴۴	"	نظام الدین	ادیس	2
✓	"	5	۰۷۸۹۳۶۱۱۲۳	۵۱۰	"	سره	انار گل	3
✓	"	6	۰۷۸۷۹۲۸۶۸۰	۹۱۱	"	شلال الدین	گل خان	4
✓	کوه	4	۰۷۹۴۵۱۸۰۶۶	-۵۹۶	"	عبدالحکیم	سریم	5
✓	کوه	6	۰۷۹۴۵۱۸۰۶۶	647	"	عبدالحکیم	نور الله	6
✓	کوه	5	۰۷۸۷۵۱۲۶۲۰	۸۰۰	"	حسام الدین	محمد سر	7
✓	خیار منډ	2	۰۷۸۴۰۳۷۵۶۵	۵۶۵	"	عبدالله	محمد خان	8
✓	کوه	4	۰۷۳۰۵۲۵۸۱۵	۱۰۹	"	محمد حیات	گل خان	9
✓	خیار منډ	5	۰۷۹۳۲۷۸۳۱۴	635	"	محمد رسول	حیدر	10
✓	"	7	۰۷۹۳۲۷۸۳۱۴	753	"	محمدی الدین	داود	11









Winter Food Distribution, Jalalabad

تقسیمات مواد غذایی در زمستان

برای مستحقین شهر جلال اباد

November, 2022









On September 30, 2022 ARA distributed food packages to 100 families in Urozgan



On September 1st, 2022
ARA distributed food
packages to 100 families
in Samangan



On August 24 2022 ARA
distributed food packages
to 100 families in
Ghorband



On August 25 2022 ARA
distributed food packages to
100 families in Daykhundi



Humanitarian aid for the victims of the earthquake in Khost province

With the food distribution, ARA and IOC distributed tents, kitchen items, and other necessary items on Monday, July 3, 2022. We are grateful to our volunteers in Kabul who traveled the treacherous and dangerous road to the earthquake's epicenter in Khost province.













AFGHANISTAN RELIEF ALLIANCE

























On June 6 2022 ARA distributed food packages to 100 families in Badakhshan





On May 23 2022, ARA distributed food packages to 220 families in Herat





On April 23 2022, ARA distributed food packages to 550 families in Kabul





On February 8 2022, ARA distributed food packages to 100 families in Noristan



**On January 29 2022,
ARA distributed food
packages to 100
families in Bamiyan**



<https://youtu.be/JTDKHczPlwA>

<https://youtu.be/5kJRVKvWChg>

<https://youtu.be/MGk91eO89FA>

<https://youtu.be/FGuoPAqe5PA>

<https://youtu.be/Kpw4pUgBxuE>

https://youtu.be/liBQx6F_rSs

<https://youtu.be/tDagb9r-tyU>

<https://youtu.be/0sSsokTZqTA>

Sample of Food Distribution Videos

Dear prospective Donors,

Afghanistan Relief Alliance and International Orphan care sincerely thank you for contributing to providing the necessary food to the neediest people in Afghanistan. Because of your generosity, ARA and IOC distributed essential food items to over 5000 families with an average of 8 people per family for a month.

With sincere gratitude,

ARA and IOC Management Team