



## GUIDE

## 8 Must-Try Gluten-Free Dishes Around NYC

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January 12, 2015

With so many NYC chefs offering an array of gluten-free dishes these days, searching for a "gluten-free restaurant" (for those who have the dietary restriction) has become a thing of the past. From luxurious pastas to hearty meatballs, the choices for anyone with a gluten intolerance have never been greater. Here are eight places to indulge without the wheat in NYC:

**The Meatball Shop:** All locations of the meatball specialist offer a chicken-based ball made with gluten-free bread crumbs. The belly-friendly ball is topped with tomato or spinach-basil pesto sauce (pictured below).

