

Friday Night Lights for Fathers and Sons TRAINING CAMP
Male Friendship Survey

1. I have _____ male friend(s) that I consider my best friend(s)—meaning that I can talk to him/them about God, finances, family, work issues, life struggles, and success, anytime, anywhere.
☐ a. one
☐ b. two
☐ c. no
☐ d. three or more

2. The friend(s) that I hang out with have a _____ influence on my faith life, family life, and work life.
☐ a. neutral
☐ b. somewhat positive
☐ c. negative
☐ d. globally positive

3. The last time I did something with my friend(s), I felt _____.
☐ a. like I always do, comfortable
☐ b. somewhat inspired
☐ c. guilty for spending too much time away from my family, for doing things that my family would not be proud of, or for hanging out with guys that don't have the same values as I do
☐ d. inspired and challenged to become a better overall person

4. While growing up, I remember my dad spending time with _____.
☐ a. one or two friends that he played sports with or worked with
☐ b. one friend that he looked up to, to become a better person at work, church, or parenting
☐ c. only our family; I don't remember my dad having any male friends
☐ d. several friends that my dad would look to for spiritual, parenting, financial, and work advice; a few of these friends went to our church

5. I want to encourage my son to have male friends that _____.
☐ a. he can have fun with
☐ b. he can entrust with personal struggles
☐ c. he can do things with that he would choose not to do with his family
☐ d. he can learn from, lean on, be inspired by, and grow closer to God with

All right, that wasn't too bad, was it? Here is how to score this short survey.

Count up all of the b's, a's, c's, and d's that you circled, and enter that number below:

b _____ a _____ c _____ d _____

Be honest, dads! Sometimes the truth is tough to handle, but it gives us a starting point from where to improve. Next, circle the letter with the highest number. Whatever letter you circled above describes the type of friend role model you are for your son.

D. Playoff Friend

You are an excellent friend and role model for your son. Keep up the great work! Over time, you have intentionally chosen friends that inspire and challenge you to become a better person in many areas of your life. The types of friendships you have benefit you, your family, and your community.

B. Starting Lineup Friend

You have a couple of great friends that help you to improve who you are. You may want to challenge yourself to befriend someone that will inspire you to become better at something you feel you need improvement in.

A. 6th Man Friend

You are off to a great start, but the friends you have may just be guys to hang out with, nothing more and nothing less. I would challenge you to deepen these relationships by discussing topics such as family, parenting, finances, and religion.

C. Benchwarmer Friend

As you most likely already know, you may not have any male friends or choose to do things with other guys that make you feel guilty—like drinking too much, participating in activities that you would never want your son to participate in, or simply spending more time with these “friends” than you do with your own family.