

# Session One: The Authority of the Believer

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## Jesus Is In Us and He Can Use Us

Jesus Christ comes into our heart when we accept Him as Lord. He doesn't leave out His authority, mind, or gifts.

**1 Corinthians 2:16b** *But we have the mind of Christ.*

We must develop the mind of Christ by the washing of the water of the Word. (**Ephesians 5:26**) This helps us become a renewed man.

**Philippians 4:13** *I can do all things through Christ who strengthens me.*

Get rid of the "can'ts" – "I can't do that! I can't pray for them. What if they aren't healed?" When you think this way, you are taking on the responsibility for their healing. Your job is not to heal them. Your responsibility is to lay hands on the sick.

**Mark 16:15-18** *And He said to them, "Go into all the world and preach the gospel to every creature. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover."*

## How To Pray For The Sick

Our job is to lay hands on the sick. His job is to heal.

1. If they are in pain, curse the pain.
2. Place your hand on where the pain is located.
3. Command the body part to come into wholeness/alignment.
4. Call the disease by name. Any disease will respond to its name.

## Authority Over Demons

*God has called you.  
God has anointed you.*

In **Mark 16:17** Jesus declares that believers will cast out demons in His name. Too often, people are afraid of demons. The demons need to be afraid of the believer, not vice-versa!

We have all power and all authority over the demons. When you command them in Jesus' name, they have to obey.

**Philippians 4:13** *I can do all things through Christ who strengthens me.*

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### *Holy Ghost Soap In Your Mouth*

People often confess a lack of faith before they even begin to pray. "When I pray for people, they never get healed." Words like this 1) reveal that you are convinced that the person you are praying for is not going to be healed and 2) send out the message that you believe the person won't be healed. Is it any wonder the person isn't healed?

This is contrary to the Biblical notion that whatever the believer does will prosper.

Prosper includes health and wholeness.

Change your thought pattern! Anticipate healing. Declare the words of Jesus that you will "*lay hands on the sick and they will recover*" (**Mark 16:18**).

If you are unsure where a particular sickness is, ask the person requesting prayer to lay their hand on the part of their body where the problem is.

### **I Choose Life: Joan's Story**

If Joan Hunter can do it, you can too!

The Holy Spirit wants to remove the labels that the world has placed on you.

There is a spirit of fear associated with cancer. People call it the "Big C," but it's really the "little c." Christ is the Big C.

A broken heart is more debilitating than a broken body.

Don't be afraid of what the doctor says. *Turn it into a prayer list.*

Healing on the outside will manifest when the healing has taken place on the inside.

**Mark 16:15** *And He said to them, "Go into all the world and preach the gospel to every creature."*

1. You are called to lead people to Jesus (be an evangelist)
2. You will lay hands on the sick and see them recover (healing ministry)

When you pray for the sick, don't say, "Lord, if it be your will..." There is nothing in Scripture that indicates that it is not God's will to heal everyone.

Joan believes that Jesus took 39 stripes on His back for the 39 roots of sickness. He made provision for every disease to be healed. The price for your sickness has already been paid.

*God's desire is to see you healed,  
inside and out.*

### Specific Physical Ailments

As Joan teaches how to pray for specific sicknesses, if you have an illness that she mentions, lay hands on yourself and receive your healing.

#### *Carpal Tunnel Syndrome*

If you work in an office, you will likely find people who have Carpal Tunnel Syndrome. It is a common ailment, frequently revealed by the tell-tale wrist brace, and you will encounter people with CTS in many places.

The power and anointing go with you because Jesus is inside of you.

This revelation will allow signs and wonders to follow you wherever you go.

Symptoms of Carpal Tunnel Syndrome:

- Tingling, numbness, weakness, pain in wrist and hands
- Typically from overuse of hands – keyboard, hairdressers, massage therapists, painters, etc.

How to pray for Carpal Tunnel Syndrome:

1. Hold pinky and thumb together tightly
2. Pull on it
3. Command tunnels to open up
4. Command tendons, ligaments, and muscles to return to proper length and strength
5. Command all pain and tingling to go and strength to be restored
6. Retest strength

#### *Neck and Back Problems*

The neck itself has a natural C-curve.

1. Place your hands on the neck where the curve is

2. Command the C-curve to be restored in Jesus' name
3. Command trauma from accidents to go
4. Always remember to thank the Lord for the healing

It is common to see someone get taller when you pray for their back or neck.

God wants to restore you to wholeness!

### Personal Application

1. Ask God to present an opportunity this week for you to pray for someone suffering from Carpal Tunnel Syndrome or neck and back pain. Use the approach Joan taught this week and pray for them.
2. Find a quiet place before beginning the next session and in a journal or on a pad of paper, ask the Father to speak to you...about you! True health infers being made whole inside and out. Is there a part of your heart or body that is in need of wholeness and healing? Listen to what the Holy Spirit says and record it in your journal. Ask God to complete a healing work in this area before the end of this course.
3. Memorize Psalm 103:1-2.

#### *Prayer*

*Father, I confess faith in Your word that says You are a healer and that You want to use me to bring healing to others. Help my unbelief, Lord, as I embark on this journey to wholeness and healing. I ask for great faith and anointing to pray for the sick and see them healed so that Your love and power will be revealed.*

*In Jesus' name, Amen!*