

67 DAYS



WHY 67?

According to studies it takes about 67 days to create a habit. Our goal here is to have prayer and Bible reading time daily for 67 days to develop a habit.



CHECK PROGRESS

Make a list of a morning routine goal with prayer and Bible reading. Use the calendar to track of your progress.



WHAT TO READ

Use any Bible reading plan or study. Pray about it, God will lead. See the Bible Journal Love Facebook Group for ideas http://bit.ly/Bible_Journaling

Pray & Plan

Pick Your Goal

Describe your perfect Time with God:



Pick Your Place

Where you will have this Time with God?



Pick Your Time

What time will you have your Time with God?



What will Help

How can you prevent obstacles?



*Time with God
Challenge*



BibleJournalLove.com

Week 1 WORKSHEET

You become 42% more likely to achieve your goal simply by writing it down. The act of writing your goals down requires a level of focus using another part of your brain that will help you succeed.

The simple process of writing down your plan is the big difference between goal-setting and goal achievement.

When you don't have a plan, you don't know how you will reach your destination.

Pray & Plan!

Create to fit in a Travelers Notebook
Be sure your printer is set to print actual size.

