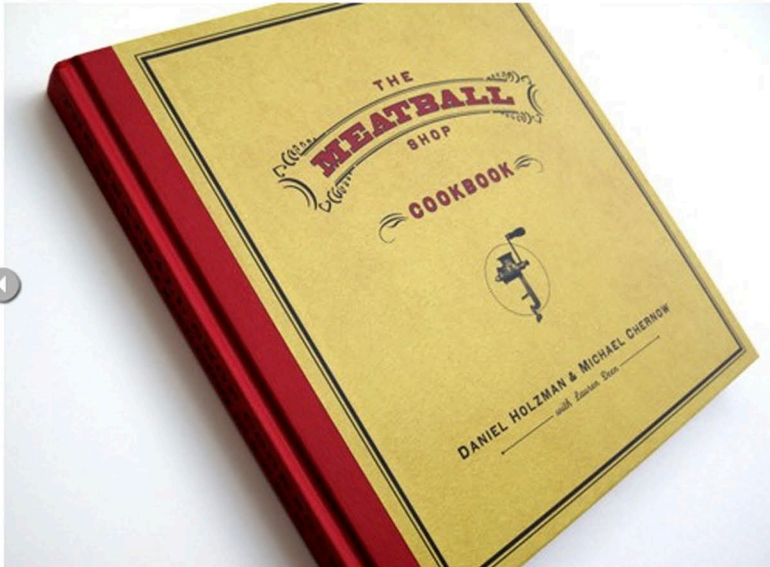


## BOOK CLUB

## First Look: The Meatball Shop Cookbook

Tuesday, October 25, 2011, by [Paula Forbes](#)

[Photos: Paula Forbes/Eater]

*The Meatball Shop Cookbook* — by Daniel Holzman and Michael Chernow — aims to answer your pressing meatball questions. For example: How much sauce does one meatball need? (Answer: 1/4 cup.) Is there a best way to cook a meatball? (Answer: not really.) How important is the quality of the bread crumbs you use? (Answer: very important.) What does one serve along with meatballs? (Answer: All kinds of things! But also ice cream sandwiches.)

The book chronicles the story of New York meatballeria **The Meatball Shop** and the meaty spheres they produce. Also included: a good number of intriguing side dishes as well as some general rules for life, including the Ten Commandments of Sandwiches. Pro tip: build the sandwich to fit in your mouth. *The Meatball Shop Cookbook* comes out from Ballantine on November 1 ([pre-order on Amazon](#)).

- [The Meatball Shop \[Official Site\]](#)
- [All Cookbook Coverage on Eater \[-E-\]](#)

