

# SOUS STYLE

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By Pippa X.



PHOTOGRAPHY by Mr Porter

## GOOD VICES

In one of the most beautiful films we've ever seen (sorry Baz Luhrmann) our good friend [Michael Chernow](#) of [The Meatball Shop](#) teamed up with [Equinox](#) and [Mr Porter](#) on an inspiring [mini film](#) about life, work and working out.

The film will run for one more week so we wanted to make sure our peeps saw it, too—we like it so much we've missed a few spin classes just watching it in the Equinox lobby (We know, we're missing the point).

So does Michael seem like the perfect man? Well, not exactly according to him but Michael [we love you just as you are](#). Vices included.

### **My 5 Vices:**

- 1) Cigars
- 2) Honey Wheat Pretzels
- 3) Tasti D-Lite
- 4) Snus (Swedish pouch tobacco)
- 5) Peanut M&Ms

### **My 5 Imperfections:**

- 1) I am terrible at relaxing
- 2) I am not great at eating unhealthy
- 3) I am not as tall as I'd like to be
- 4) My ring finger on my left hand is crooked from breaking it in Jui jitsu... and I've never had it fixed
- 5) I have a bit of an outy belly button

OK, that wasn't *too* bad. To see Michael's predominant good side and get a little motivation, check out the [video](#).