



## Birth Assistant Basics Course – Curriculum Overview

### **Birth Assistant Orientation**

In this course we will break down what a Birth Assistant (or Midwife's Assistant) is and whether this career is a good fit for you. This introduction course is designed to clarify what it takes to become a Birth Assistant, the Scope of Practice and training needed! We will discuss the difference between a Doula vs Birth Assistant. This course is great for those considering Midwifery as well. Bonus interviews a Midwife and Birth Assistant included! This course is FREE! Take a sneak peek into our classroom and join The Sleepless Tribe today!

Topics included:

- What is a Birth Assistant?
- The role of the Doula vs Birth Assistant
- Prerequisites & Training Needed
- Pathway to Midwifery
- Is this job for you?

Equipment needed for class:

None

Textbook required:

None

### **Charting & Birth Terminology for Community Birth**

This charting & terminology class is designed for the Student Midwife or Birth Assistant attending Community Birth (home or free standing birth center birth). This class is a complete entry level course for those charting at community birth. Labor, birth and postpartum paper charting covered. \*Bonus material: interview with Midwife on expectations for charting from a Midwife perspective! Also, real live Newborn Exam audio to practice your charting!

Topics covered in this class:



Overview  
Birth Terminology & Abbreviations  
Labor Flow & Birth  
Immediate Postpartum  
Charting during an emergency  
Newborn Exam  
Chart Audits

Textbook (recommended not required): [Bailliere's Midwives' Dictionary](#)

Equipment Needed:

Watch

Black Pen

Availability to download and print documents provided

### **Birth Emergencies**

This course covers how to be a helpful assistant during an emergency at a home or birth center birth. This course is designed for the New Student Midwife, Birth Assistant or any other support person attending Community Birth. We will cover warning signs of an emergency and how we can assist the Midwife during an emergency.

Topics covered in this course:

Preparing for Birth Emergencies/Equipment Overview  
Non-reassuring heart tones  
Postpartum Hemorrhage  
Shoulder Dystocia  
Maternal Shock/Fainting  
Emergency Transport Procedures  
Processing Emergencies



Required Textbook: None

Recommended Prerequisites: CPR & NRP classes

### **The Role of the Birth Assistant**

This course will cover the specifics of being an exceptional Birth Assistant at a home or birth center birth.

Topics for this course include:

- Room set up

- Cleaning/Restocking

- What your midwife needs from you

- Normal Birth

- Postpartum

- When there is a transfer

- Logistics of Birth Assisting

Supplies needed for the class:

- Watch

- Vitals Equipment

### **Vitals**

This course will cover maternal, fetal and neonate vitals and how to take them during each stage of labor, birth and postpartum. FHT auscultation training included with audio practice. Videos, demonstrations and case studies included. Home practice required.

Topics covered:

- Maternal Vitals

- Fetal Vitals

- Neonate Vitals



Equipment needed:

Stethoscope

Blood Pressure Cuff

Thermometer

Watch

Textbook needed: none

Prerequisites required: none

### **Community Birth Medications**

In this course you will learn the most common medications used by Midwives at Community Births. Students of this course will learn what each medication is used for, appropriate dosage, where to find each medication and how to prepare it for administration.

Topics covered:

Medications & Equipment Overview

IV Set Up

Oxygen Use

Drawing up Meds

Universal Precautions

Maternal Medications

Newborn Medications

Textbook needed: none

Required Prerequisites: none

Recommended Prerequisites: Charting & Birth Terminology for Community Birth