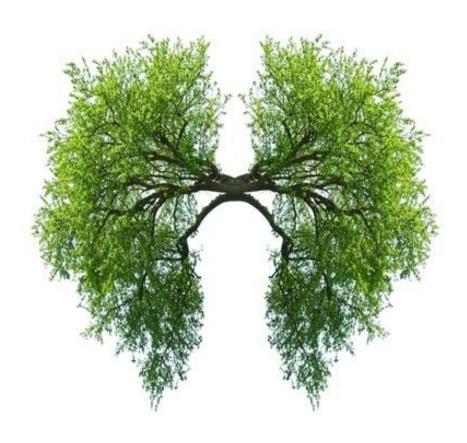


# Embracing Equity

## Wholeness Opening



# SESSION 5: Continuing Development



CRITICAL ACTION IS AN ONGOING JOURNEY

#### Recommit to Group Norms (about 15 minutes)



Take time now to silently review the group norms. Remind yourself of the group's commitment to these norms. Also recognize that it is hard to perfectly follow every norm in every conversation. Therefore, as you review the group norms, identify one norm that you want to focus on for this specific session and be intentional about re-committing to it. This will help you recognize and actively practice these norms and translate them to other aspects of your life.

Have each group member briefly SHARE: Which norm do you want to focus on during this specific conversation and why?

#### Circle of Trust® Touchstones Learn more about Circles of Trust® at www.couragerenewal.org/approach developed by Parker J. Palmer and the Center for Courage & Renewal www.couragerenewal.org When the going gets rough, turn to wonder. Give and receive welcome. If you feel judgmental, or defensive, ask yourself, "I wonder what brought her to this belief?" "I wonder what he's feeling right now?" "I wonder what my reaction People learn best in hospitable spaces. In this circle we support each other's learning Be present by giving and receiving hospitality. teaches me about myself?" Set aside judgment to listen to others—and to yourself—more deeply. as fully as possible. Attend to your Be here with your doubts, fears and failings as well as your convictions, joys and successes, own inner teacher. What is offered in the your listening as well as your speaking. We learn from others, of course. But as Trust and learn circle is by invitation, we explore poems, stories, questions and nce in a Circle of Trust, we have from the silence. not demand. special opportunity to learn from within. Silence is a gift in our noisy world, and So pay close attention to your own This is not a "share or die" event! Speak your truth a way of knowing in itself. Treat silence as a reactions and responses, to your Do whatever your soul calls for, and know member of the group. After someone has most important teacher. that you do it with our support. Your soul in ways that respect spoken, take time to reflect without immediately filling the space with words. knows your needs better than we do. other people's truth. Our views of reality may differ, but speaking one's truth in a Circle of Trust does not mean interpreting, correcting or debating what Observe deep others say. Speak from your center to the center of the circle, using "I" statements, No fixing, saving, confidentiality. Know that it's advising or correcting. trusting people to do their own A Circle of Trust depends on knowing possible... sifting and winnowing. This is one of the hardest guidelines for that whatever we say will remain with those of us who like to "help." But it is the people to whom we choose to to leave the circle with whatever vital to welcoming the soul, to making say it - whether in small groups or in it was that you needed when the large circle — and will never be space for the inner teacher. you arrived, and that the seeds passed on to others without planted here can keep growing our explicit permission. Learn to respond to others in the days ahead with honest, open questions... © Courage instead of counsel or corrections. With such questions, Facilitators of Courage & Renewal programs use these Touchstones to define clear boundaries in a Circle of Trust, the kinds of boundaries that create safe space for the soul. While these Touchstones define how we relate in a retreat, they can be adapted to support workplaces, schools, communities, and other groups—any place where we want to honor the integrity of the individual and build relational trust. we help "hear each other into deeper speech. & Renewal

### **Transforming Society**



#### Taking Critical Action and Activism as a Montessorian

We define critical consciousness as an ability to recognize, understand, and reflect on interlocking systems of oppression and to take action to resist them<sup>4</sup>. Critical consciousness involves reflection on the interaction of privilege and oppression in your daily life, as well as reflection on how systems of oppression are institutionalized. In addition to reflection, critical consciousness includes action to resist oppression. Taking action in your personal life includes ways take a lot of different forms: (1) interpersonal relationships; (2) conversations you have with others about the systems of oppression (e.g., socializing one another's critical consciousness versus bigotry talk). Action within larger social systems includes joining together with other people to build a community of resistance that will collectively work toward dismantling systems of oppression.

The development of critical consciousness is important in teacher training because it contributes to teacher competence in classroom culture, student assessment, discipline, and family engagement<sup>5</sup>. In the process of developing critical consciousness, teachers are challenged to explore power dynamics in the classroom. This enables teachers to incorporate an understanding of how sociopolitical and economic systems shape people's experiences. In turn, informed by such understanding, the teacher's ability to validate human experiences and establish alliance increases.

The development of critical consciousness also involves recognizing and challenging personal biases regarding aspects of social identity such as race, gender, or nation of origin; this in turn provides for a deeper understanding of how internalized and interpersonal oppression shape teaching practices. Moreover, an understanding of the institutionalized oppression enables teachers to support students' resistance to unjust structures and practices.



#### Final Project: Create a TOOL for Critical Consciousness

Choose one of the following options, or create your own! The goal of this tool is for it to be useful for you in your day-to-day teaching practice. \_\_\_\_ Scorecard on Lessons: Create a tool to evaluate the Critical Consciousness in your lesson plans. Use these scorecard weekly with at least one of your lessons. **Reading List**: Create a list of at least 5 books you will include in your classroom for the age-group of your students that promote critical consciousness. Learning to Cultivate Classroom Culture: What are at least 3 classroom culture techniques that promote critical consciousness? How and why? Implement these in your classroom. **Responding to Trauma**: Write a 1-2 page reflection and synthesis of race-based trauma and some relevant resources that you could utilize to support students. **Student Activism:** Help students develop their identities as activists by intentionally highlighting how students are doing critical action inside or outside of the classroom.

#### Transforming Society

Taking Critical Action and Activism as a Montessorian

- Sign up on the chat box to create a roster
  - Share your project
- If time allows, ask for insights and feedback.
  - Any questions?



#### **REFLECT** and then **SHARE**:

What are the major understandings and actions steps you are taking away?

# Post-Embracing Equity Survey

Please take 10-15 minutes now to fill out the Post-Embracing Equity Closing Survey.

If you are interested in being part of the continuous development and growth of Embracing Equity, be sure to fill out the survey <a href="https://example.com/here">here</a>.

# Appreciations



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# What's Next?

Congratulations, you have completed Embracing Equity! However, the work is not finished, it is just beginning. Becoming a critically conscious individual and educator is a process that is ongoing and always requires reflection and analysis of self and systems of oppression that are preventing marginalized populations from having access to fair and equal rights. It is important to view this as a developmental process. Embracing Equity provided a beginning for this work, but it is up to you to maintain awareness on issues that impact black and brown children, children from low income communities, students with disabilities, and students living in urban and rural areas. Upon learning about these issues, you have the responsibility to act and fight for equity for all. Throughout your development, you will make mistakes. Owning up to your shortcomings and admitting when you have allowed your privilege to overshadow your better judgment of creating an equitable environment is the only way to correct your mistakes. If this is new for you, it will feel uncomfortable. We are urging you to lean into this discomfort, because the discomfort that students of color face every day goes beyond what you may feel in that one moment. Remember Embracing Equity is about your growth, but the transformation that you experience must be used for the good of others.

As you appreciate the development you have experienced from Embracing Equity, please share with your network. Building critical consciousness is work that everyone must complete. Educators have an added responsibility to deliver critically conscious instruction, but this work is needed in every aspect of life. As you reflect on what is next, sharing Embracing Equity with your family, friends, colleagues, and anyone who needs an awareness of how to transform society should be at the top of your list. The work of developing racial identity to become critically conscious in order to transform society is a large task. One person cannot do this on their own. Please share and help us use Embracing Equity to build more activists in our society.

"Those who profess to favor freedom, and yet depreciate agitation, are those who want crops without plowing up the ground."

-Frederick Douglass

## Wholeness Closing



# Thank you!

