

REAL SIMPLE

LIFE MADE EASIER

SHORTS
FOR EVERY
BODY TYPE

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EASY SUMMER FUN

CALM DOWN, YOU'VE GOT THIS

Make a small gathering sizzle

The environmentally conscious meat from Heritage Foods USA turns anyone into a grill master. All of the steaks are high-quality, but if you're willing to spring for the Akaushi rib eyes, you'll taste the best steak that you've ever eaten. To buy: \$157 for four, heritagefoodsusa.com.

Daniel Holzman, chef and owner of the Meatball Shop, in New York City

Refreshing
ways to
enjoy every
minute

CONTROL
YOUR E-MAIL
IN-BOX:
A 4-STEP
PLAN

HAIR-CHANGING
HAIR
MAKEOVERS

WHY GOSSIP
CAN BE GOOD
FOR YOU

+
TIME TO CHIL
Lemonade,
ice pops, and
cocktails