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What Chefs Really Have to Say About Meatballs

October 8, 2010 at 1:53PM by [Mark Mikin](#)

Last night was the first of this weekend's [New York City Wine & Food Festival](#), which means that we will have our hands — and stomachs — pretty full for the next few days. This, of course, is a good thing, and last night's best good thing of all was perhaps the big Meatball Madness party, at which we consumed an offensive amount of rounded meats — squab, veal, regular ol' beef, pork. We drank, we conversed, we perspired more than usual under whatever high-powered spotlights they had on the roof (as Dan Holzman of the Meatball Shop said, "There is nothing I like more than sweating my ass off"). Below, we've rounded up some of the most interesting quotes of the night. Come back to [Eat Like a Man](#) later for a full roundup of the weekend's festivities.

PLUS: For More Food-and-Drinking Wisdom, Check Out These Events at the New York Wine & Food Festival >>



"From a man who's eaten his fair share? I think it's all about the... Jesus, what's the secret to a good meatball? I have no idea. I like a lumpy ball, personally." —[Daniel Holzman](#), *The Meatball Shop*