# C:\Users\ASUS\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\6A11EB0C.tmp

# Doughnut Economics- Week 1: Orientation Week

Begin the book and read to the end of Chapter 3.

|  |  |  |
| --- | --- | --- |
| **Reading Milestone** | **Thoughts and Actions to Consider Briefly** | **Supporting Material and Activities** |
| Before beginning the book | * What do I know about the “economy” and “economic affairs”? Who taught me about such things? Might there have been a conflict of interests? * After watching the TED Talk, what are my intentions and specific purposes when reading this book? * How can this book help me to make the most out of understanding the economy and environmental issues? * How is the state of the Ummah? Which crises, if any, are the Ummah suffering? Is the way the economy run, helping or hindering Muslims and Muslimahs? * Have I contributed to improving the environment or the lives of animals and plants? How exactly? What was the result? * Have I thanked and showed gratitude to Allah for the opportunity to learn and grow? * Are there any negative thoughts or prejudices I need to address before I start reading? | * Reflection on daily ibadah and activities * Thinking about the environment as part of your deen: [No deed is a small deed](https://www.youtube.com/watch?v=f4DqWcbns9Y). * [TED Talk](https://www.youtube.com/watch?v=Rhcrbcg8HBw) by the author |
| Chapter 1: Change the Goal | * Do I agree with Kate Raworth’s opening statement? *The most powerful tool in economics is not money, nor even algebra. It is a pencil. Because with a pencil you can redraw the world.* * What was the problem Yuan found with economics? Do I agree with her? * Why are images more powerful than words when trying to understand new concepts? * *Today we have economies that need to grow, whether or not they make us thrive: what we need are economies that make us thrive, whether or not they grow.* To what extent do I agree with this statement? * How well do the ideas in this chapter align with the Quran or Hadith? * What can I apply in my life from these chapters during this month? | * [Video](https://www.youtube.com/watch?v=pRQUyX9L7T4): Naomi Klein and Jeremy Corbyn Discuss How to Get the World We Want. To what extent do you agree? * How does this chapter make you think? And more specifically, what actions will you now take? * Night prayers and *du’a* |
| Chapter 2: See the Big Picture. | * How do I view the Earth? Are there limits to growth? * In what way is this chapter speaking to me? What have I learned? * How can economics be realigned to support the environment and promote justice? * What does it mean to me to be Allah’s creation? * Why is it important that I learn how to think and critique, rather than just learn by rote or automatically trust what others (even educated people) say? | * [Doughnut Economics Lecture](https://www.youtube.com/watch?v=ZZnyZuiesMY) by economist Kate Raworth * This Changes Everything – Naomi Klein [video](https://www.youtube.com/watch?v=Rqw99rJYq8Q). Does this video surprise you? |
| Chapter 3: Nurture Human Nature | * To what extent does art tell a story? Why is it important to understand how stories are made and evolve? * What stories am I told? How can I check if they true? * Is Kate Raworth right? Are we more social or selfish creatures? * What do I think about the possibility of creating a new portrait for humanity? | * [Being thankful to God by conserving water, environment and nature](https://www.youtube.com/watch?v=Xkp2fSNTwCM) By Dr. Tariq Ramadan * The Prince of Wales’ speech titled: [Islam and the Environment](https://www.youtube.com/watch?v=TBoG7QUfq9s)- What do you think of this speech? Are you surprised that Prince Charles would write such a speech? |