

Style Class: Handout #1



Why did you invest in this class?

- 1) What areas of your life are you looking for style help with?
(Lounge, Work, Weekend, Workout, Special Occasions)

- 2) How would you describe your CURRENT style or image?

- 3) How do you think customers/dates/potential collaborators/employers see you? Hopefully friends and fam see you for your heart, but what about everyone else?

- 4) How would you describe YOUR IDEAL style or image? How do you want the above folks to describe you within 3-seconds of seeing you?

- 5) What are your top three goals for the next five years (things FOR YOU, not just "be happy" or "happy family")?

- 6) What are your biggest frustrations with your current wardrobe?

Life Activity Percentages

Lounge Work Weekend Workout Special

Closet Content Percentages

Lounge Work Weekend Workout Special

Style Class: Handout #2



Body Image

- 7) What concerns do you have about your body (if any)? Are these your standards or someone else's?

- 8) How do those areas positively contribute to your life?

- 9) What do you love best about your body?

Developing a Style

- 10) What was your favorite outfit you wore in the last two weeks?

- 11) Which style inspirations call out to you from this list and describe your ideal style (that will help you achieve those goals)?
 - a) Nautical
 - b) Preppy
 - c) Casual
 - d) Bohemian
 - e) Vintage
 - f) Trendy
 - g) Exotic
 - h) Vibrant
 - i) Androgynous
 - j) Sexy
 - k) Elegant
 - l) Powerful
 - m) Successful
 - n) Classic
 - o) Feminine
 - p) Girly
 - q) Cowgirl
 - r) Girl Next Door
 - s) Punk
 - t) Rocker
 - u) Business
 - v) Artistic
 - w) Tomboy
 - x) Athletic
 - y) Gothic
 - z) Alternative
- 12) Add up your favorite descriptors (or add more) into one sentence:
(example: Elegant Sexy Classic Prep)

- 13) What are your favorite accessories? (may be things you don't wear yet)

Style Class: Notes



Silhouette tips I think would apply to me:

My undertone:

Neutral colors that would compliment me:

Pops of color I love that would compliment me:

Finishing piece ideas to add to basic outfits I already wear:

Accessory ideas to show my personality:

Shopping list - What items do I need to hunt for?:

Style Class: Takeaways

Top Five Takeaways

- 1) Get your mind ready for your new style
 - a) Let go of negative self-talk and think about the life you want to be leading (then dress for THAT life!)
 - b) Dress like the successful version of yourself from 5-years from now!



All information presented and in print form is property of Rose Jubb Wardrobe Stylist copyright 2017 Hide and Chic LLC and is not to be duplicated without permission.

Top Five Takeaways

- 2) Clean out your closet!
 - a) Let go of what doesn't fit you, doesn't please you, and hasn't been worn in 2+ years.
 - b) Make your closet pleasing to be in, and only have clothing/shoes/accessories stored there.
 - c) Make some space for all that new style!



All information presented and in print form is property of Rose Jubb Wardrobe Stylist copyright 2017 Hide and Chic LLC and is not to be duplicated without permission.

Top Five Takeaways

3) Shop like a pro!

- a) Take a list with you of items that are now going to fill the gaps in your clean closet (80/20 rule!)
- b) Don't buy an items unless you love the fit, shape it creates, color, material, price, AND it fits your actual lifestyle. ALL OF THOSE CRITERIA!
- c) Fill in the gaps first where you spend the most of your time (ex: work, weekend, etc).



All information presented and in print form is property of Rose Jubb Wardrobe Stylist copyright 2017 Hide and Chic LLC and is not to be duplicated without permission.

Top Five Takeaways

4) Styling is easy if you know what you're looking for:

- a) Get clear on the message you want to send and who you want to be in five years, then dress like her.
- b) Do research and make an idea board to help you.



All information presented and in print form is property of Rose Jubb Wardrobe Stylist copyright 2017 Hide and Chic LLC and is not to be duplicated without permission.

Top Five Takeaways

5) Styling is easy if you stick to the formula:

- a) Basic Outfit + Finishing Piece + Accessories
- b) Add hair and makeup to finish the look if you're into that. A consult with a makeup artist is a great treat to learn the basics (make sure you specify the area of your life you need a new look for).



All information presented and in print form is property of Rose Jubb Wardrobe Stylist copyright 2017 Hide and Chic LLC and is not to be duplicated without permission.



STYLE CLASS

HOSTED BY *Rose Jubb*
WARDROBE STYLIST

Love it? Review it!

www.facebook.com/mystyleclass

www.mystyleclass.com