

Client Profile

Date: _____

I. Contact Information

Name: _____

Address	City, State, Zip
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Office Phone	Home Phone	Cell
Fax	Voicemail	Pager

Email	Website
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II. Personal Information

Birthday	Anniversary Date
Spouse/SO Name	Spouse/SO Birthday
Children	Pets
Education	Previous Occupations
Current Occupation	Company
Office Phone	Office Fax

General Health	Temperament
Have you been Diagnosed with ADD?	If so, When
If so, Do You Use Medication?	Others in Family w/ADD?
List Your ADD Support Team	
Current or Previous Problems with Depression?	Current or Previous Problems with Alcohol or Drugs?
Any Family History of the Above?	
Quality of Relationships with Family and Friends?	
<p style="text-align: center;"> <input type="checkbox"/> Poor <input type="checkbox"/> Fair <input type="checkbox"/> Good <input type="checkbox"/> Excellent </p>	
Describe Your Workspace	Any Sleep Problems?
Describe Your To-Do List or Number of Current Projects	
Are You Always On Time or Always Late?	
Are You Impulsive? When?	
Have You Worked with a Counselor/Therapist?	
How Do You Like to Learn? (visual – see the picture or color; tactile - touch; auditory - hear; verbal – speak out loud and free-associate; kinesthetic – moving and doing; cerebral – think about the big picture and make sense of the puzzle)	

Top 5 strengths	Learning style
Favorite Color	Favorite Flower
Favorite Fragrance	Astrological Sign
Favorite Candy/Sweet/Food	
Favorite Restaurant or Type of Cuisine	
Favorite Cartoon or TV Character	
Favorite Type of Music/Artist	
Favorite Spot or Location	
Favorite Charity	
Hobbies Sports You Enjoy/Play	
Do You Exercise Consistently? What kind(s)? How often? What kind do you most enjoy? How do you make exercise enjoyable?	
Do you Have an Animal Mascot/Spirit Guide/Association	
What Do You Do for Fun	
Do You Like to Read? If so, What? How Often Do You Read?	
Do You Like to Write or Journal? How Often Do You Actually Write?	
What's Your Favorite Toy Store?	

What's the Most Thoughtful and/or Appreciated Gift You've Ever Received?

How Do You Treat Yourself?

What Sort of Stores Do You Enjoy Getting Gift Certificates To?

What Do You Enjoy Collecting?

What's Your Idea of the Perfect Mini-Vacation?

You Know You're Loved When