



Carrier Contacts



HMO CaliforniaCare

Customer Service
8am-Midnight, M-F
800-227-3771

PPO

Customer Service
8am-Midnight, M-F
800-627-7244

24-7 Nurse Line

800-700-9186

Away From Home

800-810-2583

www.anthemca.com



Appointments/Advice

888-750-0036

Member Services Call Center

M-F 7am-7pm

Sat-Sun 7am-3pm

800-464-4000

Nurse Line (Overnight)

7pm-7am

888-576-6225

Away From Home

951-268-3900

www.kp.org



Delta Dental of California

Customer Service

866-499-3001

www.deltadentalins.com



Customer Service

800-877-7195

www.vsp.com

Anthem Dental

Anthem Dental

Customer Service

877-567-1804

www.anthemca.com



Customer Service

800-877-6372

www.mesvision.com



Pharmacy Provider

24-7 Customer Service

888-806-4969

HMO & PPO Plans

www.express-scripts.com



Managed Health Network

Employee Assistance Plan

Customer Service

888-327-0020

www.mhn.com