## 7 Steps to a **Life Changing** MORNING Routine

That won't take up your whole morning

**ALARM** – set alarm to wake up earlier, just 5-10 minutes

**PRAISE** – start your day by praising God before your feet hit the floor. Instant mindset shift

**COFFEE & SUPPLIES** – grab your bevvie, get your Bible and journal

**QUIET SPOT** – pick a spot in your house where NO ONE will bother you.

**BIBLE VERSE** - begin by reading 1 Psalm per day

**JOURNAL** – pick out a fave verse, put into your own words, pray over the verse

PRAY - daily chat with God