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MEATBALL RECIPE: HERE'S HOW TO COOK GROUND CHICKEN

This protein-packed dish is a hot seller at The Meatball Shop in New York City. Now you can make it at home with this easy recipe.



BY TRACY SAELINGER



It takes a lot for a chicken meatball to compete alongside beef and pork on a menu, so it really says something that this dish is a hot seller at [The Meatball Shop](#) in New York City. Chef Daniel Holzman's big secret: ground fennel, which makes these meatballs so tasty, many converts never go back to beef. Here, a very hearty—yet healthy—recipe for those famous **Chicken Meatballs**, courtesy of [The Meatball Shop Cookbook](#).