

News

NYC's Meatball Shop's Veggie Balls Go Vegan

By [Anna Starostinetskaya](#) | November 17, 2015



Due to customer demand, the seven-restaurant chain eliminates eggs from its veggie balls.

In response to customer demand, popular New York City eatery [The Meatball Shop](#) recently added vegan meatballs to its customizable menu. Chef/owner Daniel Holzman—who previously worked at New York City’s Candle Café and Los Angeles-based Inn at the Seventh Ray—replaced the restaurant’s vegetarian meatballs (which contained eggs) with a vegan version for one week at their Lower East Side location in celebration of vegan duo [Thug Kitchen’s](#) new cookbook. The meatballs—now available at all seven locations of The Meatball Shop—are made with a “meaty” combination of lentils, mushrooms, and walnuts, and can be paired with a weekly rotation of seasonal vegetable sides. The Meatball Shop’s objective is to offer options for everyone and Holzman says he loves “vegetables and [doesn’t] find cooking with only them to be constraining”

Photo courtesy of The Meatball Shop

