**The Friday Night Lights for Fathers and Sons TRAINING CAMP**

**Service Project Idea Resource**

This resource provides you and your son with almost 1,000 service project ideas to help you decide on your Game Day 6 service project activity. No matter which activity you and your son decide on, you will be SERVING others, just as Matthew 20:28 reminds us:

*“Just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”*

**Heavy Hitters**

* Volunteer at your local Habitat for Humanity: [habitat.org](http://habitat.org).
* Pack meals at the nearest Feed My Starving Children Mobile Pack: [fmsc.org](http://fmsc.org).

**Concession Stand Service Projects**

* Volunteer at your local soup kitchen or food shelf.
* Volunteer to make dinner for a local homeless shelter—make sure your son is involved with planning the menu, shopping, and cooking.
* Deliver meals to seniors that are shut in with Meals on Wheels: [mealsonwheelsamerica.org](http://mealsonwheelsamerica.org).
* Give the gift of clean water by fundraising through [Generosity.org](http://generosity.org/)

**Farm Team Volunteers**

* Volunteer to help with the local county fair 4-H animal programs.
* Volunteer at your local animal shelter, offering to feed and play with the animals or doing other odd jobs that need to be done.

**The Senior Tour**

* Spend a few hours at a nearby nursing home. Arrange a bingo game, and bring treats that all can enjoy. Don’t forget the most important thing—your smiles.
* Organize transportation for church members that cannot drive to church on their own. Most likely your church leadership has a list of members that need this assistance.

**Olympics**

* Volunteer at a Special Olympics game or event: [SpecialOlympics.org](http://specialolympics.org).

**Marathon Man**

* Run, walk, or ride your bike in a charity-sponsored event, and have friends, family, and coworkers sponsor you and your son.
  + National Multiple Sclerosis Society: [nationalmssociety.org](http://nationalmssociety.org)
  + Leukemia & Lymphoma Society: [lls.org/team-lls](http://lls.org/team-lls)
  + ALS (Amyotrophic lateral sclerosis), aka Lou Gehrig’s Disease: [alsa.org](http://alsa.org)

Other resources:

[366 Community Service Ideas for 4-H & Youth](http://lancaster.unl.edu/4h/serviceideas.shtml" \l "Child)

[Community Service Ideas for Youth: Why Giving Back Matters](http://www.rootsofaction.com/community-service-ideas-for-youth/)

[50 Community Service Ideas for Teens](https://www.teenlife.com/blogs/50-community-service-ideas-teen-volunteers)

[Service Project Ideas-Just for Youth](http://justforyouth.com/download/InDEPTH_Mission_Ideas.pdf)

[129 Great Examples of Community Service Projects](http://blog.prepscholar.com/129-examples-of-community-service-projects)