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## TUTORIAL SUMMARY & SUBMISSION INFO

The document is to provide you with all you need to know to submit your tutorial and bonus content activities for CMTE/CPD credit. If you wish you may submit this document with your bonus content activities.

### Tutorial outline

#### Overview

1. Introduction, overview and learning outcomes
2. What is supervision? Components, purposes and goals of supervision
3. What makes an effective Supervisor?
4. The supervisory relationship: Models of supervision
5. Contracts in supervision
6. What to do in a supervision session
7. Supervisees intellectual and ethical development
8. What to avoid in supervision
9. Summary & Bonus Content

#### Learning Objectives

1. Have an opportunity to reflect on yourself and your practice
2. Consider the supervisor/supervisee relationship
3. Learn how to adapt to different learning styles
4. Develop strategies for effective supervision
5. Understand why contracts in supervision are important
6. Consider what do avoid in supervision sessions

## Tutorial Summary

This tutorial is an introduction to supervision practice in music therapy and is an ideal tutorial for music therapists who are supervising student music therapists, music therapy staff, other music therapy colleagues or other professionals. Dr Anita Swanson has outlined the key concepts of supervision and presented a comprehensive overview of everything you need to get started in supervision. In the tutorial Dr Swanson covers the main purposes and goals of supervision, skills of the supervisor, supervisory models, the use of contracts to support transparency and clarity in the supervisory relationship, what to actually 'do' in the supervision sessions, promoting the supervisees ethical and intellectual development, and what to avoid within the supervision session and relationship. Included in the tutorial is a reference list and three bonus content activities to extend and deepen your understanding of supervision in music therapy.

## Submission for CMTE/CPD Credit

On completion of your online tutorial you will automatically receive a certificate of completion to verify you have completed your tutorial. You can submit this to your CBMT/CPD organization as a professional development activity. For MT-BC's in the US and Canada you can submit your certificate in the non-approved self-study category.

## Bonus Content Activities

### WORKBOOK

If you have completed the exercise workbook as a bonus content activity then you can send it to [jacinta@musictherapyonline.org](mailto:jacinta@musictherapyonline.org) for verification. Once your submission has been verified you will be emailed a certificate of completion for the workbook for 1 CMTE/CPD credit.

### ARTICLE REVIEW

If you have completed an article review as a bonus content activity then you may be able to submit this directly to your CMTE/CPD organization for 1 CMTE/CPD credit per review. If you require a certificate of completion then please forward your completed review to [jacinta@musictherapyonline.org](mailto:jacinta@musictherapyonline.org) to receive your completion certificate. You can then submit this to your local CBMT/CPD organisation.

### SUPERVISION

If you have completed 1:1 supervision as a bonus content activity then you may ask Dr Swanson to provide you with written confirmation of your session/s. You may then submit this to your local CPD/CMTE organisation according to your local CBMT/CPD guidelines.

## CBMT Domains

For music therapists from the US & Canada this tutorial can be submitted as a non-approved self-study option and covers the following CBMT Board Certified Domains:

*IV PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES*

A Professional Development - 1. 2. 3. 5.

B Professional Responsibilities - 11..

## THANK YOU!

Thanks very much for purchasing a music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta