

Sweat, drink, dance, and soothe the pain away — your guide to surviving Election Day



No matter who you're voting for, Election Day is going to be a day of stress-eating and biting your nails. Thankfully, local hotspots — from gyms to bakeries — are offering deals and freebies to get you through.

After you've cast your vote, keep calm by making your way through this Election Day Survival Guide until all the ballots are tallied up.



The Meatball Shop will be giving away free meatballs. Let your mouth be too full to answer the question, "So who did you end up voting for?" (JOHN ROCA/FOR NEW YORK DAILY NEWS)

And all locations of The Meatball Shop (themeatballshop.com) will be giving out Mini Buffalo Chicken Balls to everyone who comes in sporting a sticker that says they voted.

Grab a drink... or three