

Lesson 1 - Jumping Freely Around the Fretboard

String 6 Fret 5 / 17 String 5 Fret 0 / 12 String 4 Fret 7 String 3 Fret 2 / 14 String 2 Fret 10	Location of all root notes (A)		
String 1 Fret 5 / 17	String 5 String 4 String 3 String 2	Fret 0 / 12 Fret 7 Fret 2 / 14 Fret 10	

Practice Step 1

- Use just the 2 notes on SF1 to improvise over the included backing tracks.
- Go to every A, on every string, and place SF1 there.
- Don't worry about the limited material. Just do what you can with 2 notes, using rhythm to make your playing as musical as possible.

Practice Step 2

- Use SF1 and SF2 to improvise over the included backing tracks.
- Go to every A, on every string, and build the 2-string system using the 1st finger of SF1 there.
- Shift SF2 one fret up when you try this based on string 3.

Practice Step 3

- Use SF1, SF2, and SF3 to improvise over the included backing tracks.
- Go to every A, on every string, and place the system there.
- Shift up one fret when crossing into the top two strings.











