



**BUILDING  
HAPPINESS**



ARIADNE BRILL, C.P.D.P.E.  
POSITIVE PARENTING CONNECTION

## Connection Before Correction More Trust and Joy

How connection before correction might work for you:

Calm your own expectations or fears (remember your child is imperfect just like you)

Enter into your child's world, think about the experience from their point of view.

Listen to what your child might have to say.

Focus on solutions and possibilities.

Use gentle physical touch to engage with your child.

Speak kindly and clearly. Always say what you really mean.

Make eye contact and get down to your child's level.

Offer corrections that are encouraging and respectful.

Believe that when you work together, your child can learn to make a new and better behavior choice .



When you connect first, you speak to your child's heart and mind at the same time.

That is powerful and a surefire path to better behavior, more cooperation and joy.