

Squash Australia Coaching Development Framework

Policy & Accreditation Guidelines 2013-2014

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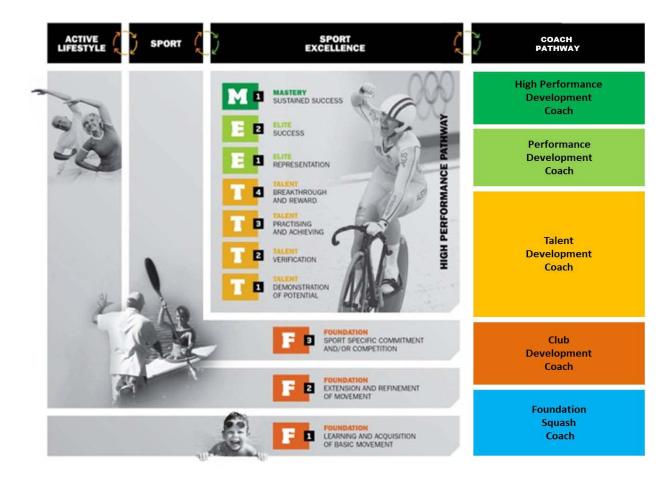


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SECTION 1: GENERAL INFORMATION



1.1 Coach Development Framework Overview

Squash Australia has a new five-tier coach development framework that provides education, training and mentoring to coaches as they progress along the coaching pathway. The programs reflect the skills and techniques required of players at each level of the player pathway.

Foundation Squash Coach

This coach is qualified to deliver basic training sessions that develop the squash technique of novice and junior players – this is generally defined as players' 12-years and under who are still acquiring the skills needed to play matches. The coach may work independent of any supervision as they are fully qualified to provide such instructional training. Coaches at this level are also encouraged to work with older players (i.e. to gain valuable 'on-the job' training), but only as an 'assistant coach' under the supervision of a coach with appropriate qualifications.

Club Development Coach

This coach is competent to plan, conduct and evaluate training programs suitable for the diverse range of ages and abilities found among registered Club or Centre players. A Club Development Coach must plan and supervise training to best prepare players of different ages, abilities and competition goals to achieve their potential. All Club Development Coaches should have the skills to prepare players for Club/Centre, District and State (or higher) level competitions. Club Development is the accepted standard for coaches implementing a diverse Squash Club/Centre program.



Talent Development Coach

This coach is competent to plan, conduct and evaluate advanced training programs suitable for players competing at State and Australian Age Championship (or higher) level competitions. A Talent Development Coach has demonstrated the ability to train players who have achieved National Age competition. The Talent Development Coach should have the skills to structure a complex training environment that allows for a progression from Club and State level competitions to success at the National level. A Talent Development Coach demonstrates their support for the Squash Australia approved Performance Pathways by either engagement or supply of players.

Performance Development Coach

This coach is competent to plan, conduct and evaluate advanced training programs suitable for players competing at Australian Open Championships (or higher) level competitions. The Performance Development Coach should have the experience and knowledge to provide coaching leadership and serve in a mentoring or educational role to assist Foundation, Club and Talent Development coaches.

High Performance Development Coach

A High Performance Development Coach has the demonstrated ability to prepare players to successfully compete for medals at World Championships and/or Commonwealth Games competitions as members of the Australian Squash Team.

Qualified squash coaches may apply for a Squash Coach's **Accreditation** under the guidelines set and implemented by Squash Australia Ltd. Being a member of Squash Australia Ltd. Coaches are subject to all member welfare policies including Squash Australia's Coaches code of conduct. As members you gain access to an insurance scheme, professional development programs, discounts on educational products, and regularly receive print/electronic information. Coaches accredited by Squash Australia will receive an 'accreditation card' covering their period of recognition.

1.2 Licensing/Franchise Arrangements

State/Territory Member Organisations of Squash Australia are endorsed to deliver the Foundation Squash Coach, and the Club Development Coach programs on behalf of Squash Australia. Each State and Territory affiliate will be required to comply with the terms and conditions of program delivery as outlined in their Member Service Agreements. No fees apply to this arrangement.

Squash Australia is responsible for the delivery of the Talent Development Coach and Performance Development Coach programs and the approval of the High Performance Coach recognition. Some aspects of these programs may be conducted in conjunction with the Member Organisations.



1.3 Course Details

All programs within the Squash Australia Coach Development Framework are part of the National Coaching Accreditation Scheme (NCAS) as administered by the Australian Sports Commission (ASC).

Program	Duration	Target Market
Foundation Squash Coach Program	4 hours in-course work + 5.0 Hours Post-Course)	Club Coaches, Teachers and AASC
Club Development Coach Program	8 hours in-course work + 5.0 Hours Post-Course)	Entry Level Club/Centre Coaches
Talent Development Coach Program	36 hours in-course work + 8.0 Hours Post-Course)	State, Region, PSA, WSA and State /Regional Underpinning Representative Program Coaches.
Performance Development Coach Program	As required	National/ State/Regional Representative level Coaches.
High Performance Development Coach	As required	National/ State/Regional Representative level Coaches.

1.4 Enrolment Pre-requisites – Age of Entry into the Program

Program	Age Requirements
Foundation Squash Coach Program	Foundation Participants must be at least 15 years of age on completion to be eligible for accreditation.
Club Development Coach Program	Club Development Participants must be at least 16 years of age on completion to be eligible for accreditation.
Talent Development Coach Program	Talent Development Participants must be at least 18 years of age on completion to be eligible for accreditation.
Performance Development Coach Program	Performance Development Participants must be at least 21 years of age on completion to be eligible for accreditation.
High Performance Development Coach	High Performance Development Participants must be at least 21 years of age on completion to be eligible for accreditation.



1.5 Entry Pre-requisites

Program	General Principles
Foundation Squash Coach Program	No entry pre-requisites
Club Development Coach Program	 Completion of a Squash Australia Foundation Squash Coach Program /or Completion of the ASC's General Coaching Principles Current Referee's Rules Theory Examination pass (85% or above)
Talent Development Coach Program	 Completion of a Squash Australia Club Development Coach program Completion of the ASC's Intermediate General Principles 2 years coaching at a minimum level of Club Development 1 year in support and engagement of the Squash Australia Performance Pathway program Current National Referee's Rules theory Examination pass (85% or above)
Performance Development Coach Program	 Completion of a Squash Australia Talent Development Coach program 4 years coaching at a minimum level of Talent Development 2 year in support and engagement of the Squash Australia Performance Pathway program Completion of the Squash Australia's Deliverer Program Completion of the ASC's Mentoring, Assessor & Presenter Programs ASC's Advanced General Principles Program (upon reintroduction)
High Performance Development Coach	 Completion of a Squash Australia Performance Development Coach program Be currently and have coached (as Team Coach or Assistant Coach) for a minimum of three of the following: Commonwealth Games World Open or Junior Teams Championships

1.6 Integrated/Separate Coaching Principles Component

Program	General Principles
Foundation Squash Coach Program	 The ASC Beginning Coaching General Principles course has been externally integrated into this training program. The units include: Role of the Coach Planning and Reviewing Risk Management Athlete Development The Coach in Action
Club Development Coach Program	In the event the coach has not completed the Foundation Squash Coach Program, the ASC's Beginning Coaching General Principles course has been integrated externally into this training program. Topics as per above listing.
Talent Development Coach Program	The ASC Intermediate Coaching General Principles course component must be completed separately through a State Coaching Centre, Registered Training Organisation or other approved Coaching Principles Agency as a pre-requisite for entry into the program . A completed First Aid Provider Qualification
Performance Development Coach Program	The ASC Presenter, Assessor and Mentoring courses component must be completed separately through a State Coaching Centre, Registered Training Organisation or other approved Coaching Principles Agency as a pre-requisite for entry into the program . The ASC Advanced Coaching General Principles course (not currently offered by the ASC) has been integrated into this training program.
High Performance Development Coach	Recognition of attainment

1.7 Payment of Course Fees

Program fees should be kept to a minimum to allow maximum access to accreditation. Fees may vary depending on local costs for program venues and presenters. However, course fees will include the costs of compulsory texts, Squash Australia accreditation fee and other program costs such as facility hire, administration and equipment.



1.8 Presenter/Assessor (Deliverers) Qualifications

Program Deliverers shall:

- Agree and reapply for the qualification every four years.
- Undergo a four (4) yearly review of performance by a designated Squash Australia reviewer and to pass the review satisfactorily in order to have endorsement continued.
- Have access to a range of resources (technical and educational) as may be deemed necessary.
- Any assistant or trainee presenters must be supervised by an appropriately qualified presenter.
- Attend or deliver presentations within the previous four year period.

Program	Minimum Presenter Qualifications
Foundation Squash Coach Program	 Squash Australia Talent Development Coach Accreditation. Have at least two (2) years practical Squash coaching experience at a level equivalent to Club Development Coach or higher. Have satisfactorily completed a Squash Australia Presenters/Assessors (Deliverers) Program. Be approved by the National Development Manager on behalf of Squash Australia.
Club Development Coach Program	 Squash Australia Talent Development Coach Accreditation. Have at least two (2) years practical Squash coaching experience at a level equivalent to Club Development Coach or higher. Have satisfactorily completed a Squash Australia Presenters/Assessors (Deliverers) Program. Be approved by the National Development Manager on behalf of Squash Australia.
Talent Development Coach Program	 Squash Australia Talent Development Coach Accreditation (as a minimum). Have at least two (2) years practical Squash coaching experience at a level equivalent to Talent Development Coach or higher. Have satisfactorily completed a Squash Australia Advanced Presenters/Assessors (Deliverers) Program/or Be approved by the National Development Manager on behalf of Squash Australia.
Performance Development Coach Program	 Squash Australia Talent Development Coach Accreditation (as a minimum). Have at least two (2) years practical Squash coaching experience at a level equivalent to Talent Development Coach or higher. Have satisfactorily completed a Squash Australia Advanced Presenters/Assessors (Deliverers) Program/or



	 Be approved by the National Development Manager on behalf of Squash Australia.
High Performance Development Coach	 Recognition of level/achievement provided to the National Development Manager to be submitted to the Squash Australia Board for approval.

Squash Australia shall have the right to:

- Approve program deliverers not covered by the above criteria after evaluation of such person relevant experience and knowledge of the sport and having regard to the prevailing circumstances.
- Nominate a member of the program review panel to conduct random checks to assess the quality of delivery of the program being conducted.

All course Deliverers will be selected at the discretion of the State/Territory Coaching or Development Manager and approved by the National Development Manager to ensure quality control of Deliverers. Program coordinator reports and participant evaluations will be reviewed to ensure quality control of Deliverers.

1.9 Presenter/Assessor (Deliverers) Training

Each State/Territory Member Organisation will be provided with an in service day annually. State and Territories will then be responsible for the continued education of their Deliverers using the Squash Australia **Deliverers (Presenters/Assessors)** programs. Participants of these programs will then become accredited, placed on the National database and receive certification.

Deliverers (Presenters/Assessors) will also be encouraged to attend a generic Presenter & Assessor Training Course available through State/Territory Sport Education Centres as a pre-requisite for maintaining their Deliverers status with Squash Australia.

1.10 Venue

The following are the desired minimum requirements for venues where training takes place.

Activity Area

- A Squash court with sufficient space to conduct the practical components of the program.
- One (1) ball per participant, cones and markers.

Classroom

- A classroom space is required as close as possible to the activity area to ensure maximum learning time.
- VCR/DVD and monitor.
- Data projector and screen.
- Whiteboard and marker pens.



1.10 Insurance

The Squash Australia Insurance Program provides Public Liability (\$20,000,000) and Professional Indemnity (\$20,000,000) insurance. Any State/Territory Member Organisation that is not part of the Insurance Program will be required to provide the same level of Public Liability and Professional Indemnity insurance.

All program participants must be registered members of their local State/Territory Squash Association prior to accreditation being granted, to ensure adequate insurance cover. This membership must be maintained annually, whilst the participant is still actively coaching.



SECTION 2: POLICIES

2.1 Refund of Fees

Fees paid by participants may be refunded in the following circumstances and timeframes:

Notification of withdrawal in writing up to 30 days prior to commencement of the program	Full refund
Notification of withdrawal in writing up to 14 days prior to commencement of the program	50% refund
Notification of withdrawal in writing less than 14 days prior to commencement of the program	No refund

2.2 Coach's Code of Behaviour

Squash Australia is committed to treating all people with respect, dignity and fairness. These values, along with the basic right of all squash members to participate in an environment that is enjoyable, safe and healthy, has resulted in the development and implementation of the Squash Australia Member Protection Policy.

The Member Protection Policy applies to Member Organisations, Affiliates and Members (including athletes, coaches, referees, employees, volunteers and support personnel). Any breach of the policy including the Code of Behaviour may result in disciplinary action, including de-registration from the NCAS.

The Member Protection Policy and related support documents can be accessed via the Squash Australia website <u>www.squash.org.au</u>

2.3 Dispute Resolution

All complaints must be submitted in writing to the National Development Manager. Appeals regarding the outcome of an application or assessment must be received within 14 days of receiving notification of the application or assessment.

Complaints will be considered by a Dispute Resolution Panel consisting of three members, appointed by Squash Australia as required. The dispute will be considered and notification provided within 30 days of receipt of the complaint.

If the dispute is related to the outcome of an assessment task, the participant may be permitted to be re-assessed according to the units that they were deemed incompetent.

An independent assessor must undertake this re-assessment, at a time suitable to both parties. This process must be completed within 6 months of the appeal being lodged by the participant.

No further appeals will be considered



2.4 Number of Participants

Program	Program Deliverer: Participant ratio
Foundation Squash Coach Program	1:15
Club Development Coach Program	1:15
Talent Development Coach Program	1:10
Performance Development Coach Program	1:8
High Performance Development Coach	Recognition Level

Permission to conduct courses with a larger ratio needs to be sought from Squash Australia.

2.5 Physical Screening Check

All participants must have a personal fitness level that will enable them to perform their normal coaching duties and where required to demonstrate skills at a slow pace. Demonstrations are not compulsory and they are performed at the individual participant's discretion.

2.6 Attendance Requirements

Participants must be assessed as competent in order to be eligible for accreditation. While the programs are offered at a time that considers the needs of the participants some coaches may need to attend two or more programs to complete each of the program units. In this case coaches will only pay the fee for one program.

If the coach undertakes part of the program in one State/Territory and is required to complete the remaining units in a different State/Territory, they will only be required to pay one program fee. A letter from the initial State/Territory Member Organisation must be forwarded to the secondary State/Territory Member Organisation.

2.7 Recognition of Prior Learning (RPL) & Recognition of Current Competencies (RCC)

(a) What is RPL & RCC?

RPL is based on the awareness that people learn and develop competencies in many different ways throughout their lifetime – through work experience and life experience as well as through education and training. RPL takes into account a person's skills and experiences, no matter where these were learnt, to enable people to gain credit in a training program of study. RCC is the recognition of other training received to demonstrate the competencies being meet.



(b) RPL Principles

The process of RPL must be quality controlled and delivered by personnel with experience in coach education. These personnel are responsible for ensuring that:

- Procedures are fair and equitable
- Measures are valid and reliable

(c) How can learning be recognised?

Each training program contains a set of learning outcomes and associated performance criteria that must be achieved before a participant will be deemed competent. In broad terms, the process of RPL involves matching what participants already know and can currently do with the learning outcomes of the module/unit.

In this way, RPL enables participants to focus on developing skills and knowledge in new areas, rather than re-learning what they already know and can do.

(d) Who can apply?

A person can apply for RPL if they think their prior learning and experience mean they can provide evidence to show that they are already competent in the learning outcomes of the relevant training program.

(e) Benefits of RPL

- Speeds up the process of becoming a qualified Squash coach.
- Conforms to the requirements for equity in adult education programs.
- Avoids the problem of participants having to unnecessarily repeat learning experiences.
- Encourages the development of various assessment procedures.
- Assesses the candidate's current competence in comparison to the stated standards of competence required.
- The RPL process can clarify what relevant skills the participant does and does not possess so that the learning program can be tailored accordingly.

(f) How do you show evidence of competencies gained via prior learning?

There are many ways that a person can show evidence of their current competencies. RPL can only be granted on current evidence, that is, work that has been completed within the last four years and competencies that they are currently able to demonstrate. Following are a few examples of the ways evidence can be provided. The person will need to include a variety of these in their application form.

(g) Education and Training

- Formal, accredited and informal training
- Copies of certificates, qualifications achieved from other training programs, school or tertiary results.
- Statements outlining training programs and/or study that they have undertaken and the learning outcomes/competencies achieved from these.



(h) Coaching Related Experience

- Resume of coaching experience and positions held, which may include reports from people within the sport.
- Copies of any statements, references or articles about the coach's employment or community involvement.
- Relevant coaching samples, e.g., copies of training programs, videos of coaching tools, which the coach has developed and implemented.
- Reports on opportunities undertaken, which could include evaluations from training programs conducted.

(i) Life Experience

- Overview of sport and recreation involvement.
- Relevant work or other experiences.
- Evidence of home/self-directed study which may include a list of recent readings, synopsis of seminars attended, reports of research or analysis undertaken.

The above are only examples. The person should provide all the documentation that they can which clearly shows evidence of the competencies they hold. They may also be required to demonstrate their expertise by written or practical demonstration.

(j) RPL Assessment

- The National Development Manager will act as the RPL assessor for all Squash Australia NCAS programs.
- The RPL assessment can only be carried out when the applicant provides evidence of the relevant competencies that they believe they hold. This is achieved through completing the RPL application form and forwarding this with the required fees to the National Development Manager
- The following sequential process has been established as the procedure to be followed when a person wishes to obtain credit for prior learning or current competencies.

Step 1 – Request

Applicants who consider applying for RPL will contact the National Development Manager who will provide a brief explanation about the RPL process and advice to the applicant. An RPL application form will then be forwarded to the applicant.

Step 2 – Application

- Applicants will utilise the information contained within the RPL application form to conduct a self-assessment against the training program learning outcomes.
- Applicants will need to consider if and how they have achieved each learning outcome and if they can satisfy the performance criteria by submitting valid, sufficient, authentic and current evidence.



- Applicants will need to gather all relevant supporting documentation and complete the RPL application form with honest, clear, complete and concise information.
- The completed application form with supporting documentation will then be forwarded the National Development Manager

Step 3 – Assessment

- On receipt of an application, the National Development Manager will review the application to determine the completeness and relevance of the documentation.
- The National Development Manager will advise the applicant of any deficiencies that must be rectified or addressed before the application can proceed.
- A judgment must be made about whether the applicant wholly or partially meets the requirements.
- The National Development Manager will check that the evidence submitted conforms to the following RPL principles:
 - \rightarrow Validity (is the evidence relevant?)
 - \rightarrow Sufficiency (is there enough evidence?)
 - \rightarrow Authenticity (is the evidence a true reflection of the candidate?)
 - \rightarrow Currency (is the evidence recent; was a qualification obtained within the last four years? Can the person demonstrate the required competencies now?)
- In the event of partial completion of the learning outcomes, the National Development Manager will outline which performance criteria still need to be achieved, and preferably what evidence is still required.
- Options Include:
 - \rightarrow Supply further supporting documentation.
 - \rightarrow Complete certain assessment activities.
 - \rightarrow Complete parts of a training program.
 - \rightarrow Work with a mentor to obtain the required competencies.
- The National Development Manager will complete and return assessors' report with recommendations.
- The National Development Manager may need to meet to discuss issues with the applicant during the assessment process. The meeting could take the form of a teleconference.
- The National Development Manager will keep records of all RPL applications for seven years.

Step 4 – Notification

- The National Development Manager will notify the applicant of the decision within two months of receiving the application.
- Successful applicants for RPL will receive confirmation documentation.

Step 5 – Appeal

• The applicant has the right to appeal the decision, if they believe the decision is unfair, unjust or the information has been misinterpreted the evidence.



- All complaints must be submitted in formally in writing to the National Development Manager.
- Appeals regarding the outcome of an application or assessment must be received within 14 days of receiving notification of the application or assessment.
- Complaints will be considered by a Dispute Resolution Panel consisting of three members, appointed by Squash Australia as required. The dispute will be considered and notification provided within 30 days of receipt of the complaint.
- If the dispute is related to the outcome of an assessment task, the participant may be permitted to be re-assessed according to the units that they were deemed incompetent.
- An independent assessor must undertake this re-assessment, at a time suitable to both parties.
- This process must be completed within 6 months of the appeal being lodged by the participant.
- No further appeals will be considered
- The decision of the RPL review assessment panel will be final.

Units eligible for RPL

- Participants are able to apply for Recognition of Prior Learning (RPL). RPL will be granted when all the stated learning outcomes and performance criteria have been met.
- Participants who are seeking RPL must supply, in writing, evidence of completed tertiary studies (including transcripts of units), and/or evidence of coaching/playing experience, according to the competencies of the units for which they are seeking RPL.
- The participant may also be required to demonstrate their expertise in a particular area by written or practical demonstration. No credit will be given unless competence in that area can be demonstrated.
- If coaches have completed the ASC Beginning Coaching General Principles Course, or if they hold a degree in Human Movement, Sports Coaching or Physical Education (secondary), or they hold a Certificate IV in Sports Coaching, they may be granted exemption from some units.
- All remaining units will be required to be successfully completed before accreditation can be granted



	Foundation Squash Coach Accreditation – RPL Application Form								
SECTION 1 -	- Personal Deta	ils							
Name:					Date of Birth:				
Address:			State:					Post Code:	
Phone:		Mobile:	Email:						
Club / Orgar	nisation:								
SECTION 2 -	- Evidence (con	npulsory)							
Module / U	nit Name	Learning Outcomes		C	ontent		Sur	nmary of evidenc	e provided
Please list a	nd supply evide	ence relating to each perfo	rmance criteria in the f	orm	of education and trai	ning, work related	d and	d life experiences.	
Attach copie	es of document	s and / or references to th	is application form.						
Unit 1'I know what I need to do to meet the needs of those I coach'.• What does a coach do?Unit 1The primary aim of the module is to provide a snapshot of a good coach including roles and responsibilities and the coaching pathway.• What does a coach do?What does a coach do?• What does a coach need to know?• What does a coach need to know?• Where can coaches go for more information?									
Unit 2 Preparing to (Coach	<i>'I will be able to prepa</i> The primary aim of the planning skills to put to meet participants' nee goals.	module is to develop ogether a session plan to	•	Why does a coach ne What are the particip What do I want to ac What should a coach What are the differer approaches I can use How can I keep every	ants' needs? hieve? 's plan include? nt coaching ?			

Page 1 – RPL Application Form – Foundation Squash Coach Program



Module / Unit Name	Learning Outcomes	Content	Summary of evidence provided
Unit 3 Working with others	<i>'I will be able to communicate effectively to build positive relationships with participants and others involved in physical activity and sport'.</i> The primary aim of the module is to provide a range of communication and basic conflict resolution techniques relevant to the coaching environment.	 What communication skills do coaches need? How do I choose the right style? How do I deal with issues and problems that might arise? 	
Unit 4 Coach in Action	<i>'I will be able to safely conduct a coaching session, ensuring fun, learning and maximum participation through games and activities'.</i> The primary aim of this module is to provide knowledge of a range of organisation, communication, risk and behaviour management strategies that enable coaches to help participants learn basic skills and techniques.	 What do I need to organise? How do I choose the right coaching approach? How do I minimise risks? How can I enhance learning? How do I make it fun? How do I deal with misbehaviour? How can I be a better coach? 	
Unit 5 Teaching of Basic Squash Skills	'I will be able to safely conduct a basic squash coaching session, ensuring fun, learning and maximum participation through games and activities using the basic squash skills'. The primary aim of this module is to ensure that the coach will have the competence to develop individual participants in a safe coaching environment for the basic skills of squash.	 Introduction to Basic strokes of squash Drive Boast Drop Lob Volley Serve Return of Serve Introduction to Squash Australia recognized entry level programs of squash. 	

Page 2 – RPL Application Form – Foundation Squash Coach Program



SECTION 3 – Declaration (compulsory)					
I declare that the evidence I have provided is a true and accurate record of my educational, work and life experiences:					
Signature of Applicant: Date:					
PAYMENT					
Applicants must pay an RPL administration fee.					
Amount Payable: \$					
(Fee will be determined on a case by case basis. As a guide the cost will be approximately \$50 per hour required to assess the application. Candidate will be provided with an estimate upon submission.) Page 3 – RPL Application Form – Foundation Squash Coach Program					



Foundation Squash Coach Program – RPL Assessor Form			Applicants Nam	Applicants Name:				
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments		
Unit 1 Snapshot of a good coach 'I know what I need to do to meet the needs of those I coach'. The primary aim of the module is to provide a snapshot of a good coach including roles and responsibilities and the coaching pathway.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No			
Unit 2 Preparing to Coach 'I will be able to prepare a session plan'. The primary aim of the module is to develop planning skills to put together a session plan to meet participants' needs and achieve desired goals.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No			
Unit 3 Working with others 'I will be able to communicate effectively to build positive relationships with participants and others involved in physical activity and sport'. The primary aim of the module is to provide a range of communication and basic conflict resolution techniques relevant to the coaching environment.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No			

Page 1 – Foundation Squash Coach Program RPL Assessor Form



					1	
Unit 4	🗆 Yes	🗆 Yes	🗆 Yes	🗆 Yes	🗆 Yes	
Coach in Action 'I will be able to safely conduct a coaching	🗆 No	🗆 No	🗆 No	🗆 No	🗆 No	
session, ensuring fun, learning and maxim						
participation through games and activities						
The primary aim of this module is to provid	e					
knowledge of a range of organisation,						
communication, risk and behaviour manage strategies that enable coaches to help	ement					
participants learn basic skills and technique	es.					
	□ Yes	□ Yes	□ Yes	□ Yes	□ Yes	
Unit 5 Taashing of Basis Crussh Shills						
Teaching of Basic Squash Skills 'I will be able to safely conduct a basic squ	ash 🗌 No	🗆 No	🗆 No	🗆 No	🗆 No	
coaching session, ensuring fun, learning ar						
maximum participation through games an	d					
activities using the basic squash skills'.	that					
The primary aim of this module is to ensure the coach will have the competence to develop						
individual participants in a safe coaching						
environment for the basic skills of squash.						
All performance criteria met: (please tick one)	Yes 🗆 No (Please pro	vide advice to the application	ant of what evidence th	ney are still required to	supply)	
Date of Assessment:			Name of Assessor:			
Position:			Contact Number:			
Assessors Comments			Assessor Recommen	ndations		
			1			

Page 2 – Foundation Squash Coach Program RPL Assessor Form



	Club Development Squash Coach Accreditation – RPL Application Form									
SECTION 1-	Personal Details									
Name:					Date of Birth:					
Address:				State:		Post Code:				
Phone:		Mobile:		Email:						
Club / Organ	isation:									
SECTION 2 -	Evidence (compulsory)									
Module / Ur	nit Name	Learning Outco	omes	Content		Summary of	evidence provided			
Attach copies Unit 1	of documents and / or ref	erences to this ap 'I will be able to of an effective of implement strat of needs for club The primary aim coaches with an	o identify the characteristics oach and be able to regies to cater for a range	 What is coat Your role as Safe Coaching 	ching? a coach ng practices related to on- ing and playing.					
Unit 2 Administratio	on and Management	development sq 'I will be able to processes to effe aspects of a club including record understanding/ promotional stru The primary aim coaches with a s	uash coach. <i>Implement organisational</i> <i>ectively administer all</i> <i>b/centre squash team</i> <i>keeping, financial</i> <i>considerations, and</i> <i>ategies.'</i> of the module is to develop ound understanding of issues relevant to their role		agement & Delegation an effective record keeping siderations					

Page 1 – RPL Application Form – Club Development Squash Coach Program



Module / Unit Name	Learning Outcomes	Content	Summary of evidence provided
Unit 3 Communication	'I will be able to communicate effectively to build positive relationships with players, parents, club/centre officials, squash organisations and others involved in physical activity and sport'. The primary aim of the module is to coaches with a sound understanding of the principles of effectively communicating with all relevant stakeholders.	 Basic communication between the Coach Types of communication Guidelines to effective communication with players 	
Unit 4 Risk Management and Legal Issues	<i>'I will have an understanding of legal responsibilities of a squash coach and the strategies to minimise the risk of injury during training and competition and an understanding of the Australian Sports Drug Agency policies'.</i> The primary aim of this module is to provide coaches with sound knowledge of the legal issues relating to their coaching and to allow them to identify and prioritise risks and plan for their minimisation.	 Reducing the incidence of injury in squash Know the major legal areas relating to coaching squash Minimising the risk of legal action Supervise diligently Drugs in Sport 	
Unit 5 Mental Preparation	<i>'I will be able to effectively use processes to implement individual and team goal setting strategies and to implement processes to develop squash team cohesion and spirit'.</i> The primary aim of this module is to ensure that the coach will have the competence to develop individual and team outcome goals and implement the processes required for their achievement.	Goal setting	

Page 2 – RPL Application Form – Club Development Squash Coach Program



Unit 6 Training Programs	'I will be able to implement lesson/session plans to utilise improvement in performance of club level players during competition and implement improvement strategies'. The primary aim of this module is to ensure the ability to develop and implement training and seasonal plans for the development of their players to analyse the competitive performance of players and develop improvement strategies.	 The Principles of Training Factors affecting training Assessment of player improvement Assessment of player in long term development 	
Unit 7 Efficient Stroke Development	'I will be able to apply the principles of stroke mechanics for the development of competitive strokes including drive, boast, drop, lob, volley, serve and return of serve utilising the use of technology and equipment appropriate to club level players'. The primary aim of this module is to ensure that the coach will have the understanding of stroke mechanics and technique issues along with knowledge of appropriate equipment and technology to assist the development of their club players.	 Strokes Solo drills Pair drills/ group drills (3 or more) routines Restricted games & mini-games "Games approach" to progressions and development of skill Coaching feedback on technical skills Feeding skills 	
SECTION 3 – Declaration (compulso	ory)		
I declare that the evidence I have pr	ovided is a true and accurate record of my	educational, work and life experiences:	
Signature of Applicant:			Date:
PAYMENT Applicants must pay an RPL adminis	tration fee.		
Amount Payable: \$			
(Fee will be determined on a case by case ba submission.)	asis. As a guide the cost will be approximately \$50 pe	er hour required to assess the application. Candidate	e will be provided with an estimate upon

Page 3 – RPL Application Form – Club Development Squash Coach Program



Club Development Squash Coach Program – RPL	Assessor Form		Applicants Nam	Applicants Name:				
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments		
Unit 1 - Being an Effective Squash Coach 'I will be able to identify the characteristics of an effective coach and be able to implement strategies to cater for a range of needs for club level players.' The primary aim of the module is to provide coaches with an awareness of the numerous roles fulfilled by an effective club development squash coach.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	🗆 Yes 🗌 No			
Unit 2 - Administration and Management 'I will be able to Implement organisational processes to effectively administer all aspects of a club/centre squash team including record keeping, financial understanding/ considerations, and promotional strategies.' The primary aim of the module is to develop coaches with a sound understanding of administrative issues relevant to their role as a club development coach.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No			
Unit 3 - Communication 'I will be able to communicate effectively to build positive relationships with players, parents, club/centre officials, squash organisations and others involved in physical activity and sport'. The primary aim of the module is to coaches with a sound understanding of the principles of effectively communicating with all relevant stakeholders.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No			
Unit 4 - Risk Management and Legal Issues 'I will have an understanding of legal responsibilities of a squash coach and the strategies to minimise the risk of injury during training and competition and an understanding of the Australian Sports Drug Agency policies'. The primary aim of this module is to provide coaches with sound knowledge of the legal issues relating to their coaching and to allow them to identify and prioritise risks and plan for their minimisation.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No			

Page 1 – Club Development Squash Coach Program RPL Assessor Form



Club Development Squash Coach Program – RPL	Club Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments	
Unit 5 - Mental Preparation 'I will be able to effectively use processes to implement individual and team goal setting strategies and to implement processes to develop squash team cohesion and spirit'. The primary aim of this module is to ensure that the coach will have the competence to develop individual and team outcome goals and implement the processes required for their achievement.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		
Unit 6 - Training Programs 'I will be able to implement lesson/session plans to utilise improvement in performance of club level players during competition and implement improvement strategies'. The primary aim of this module is to ensure the ability to develop and implement training and seasonal plans for the development of their players to analyse the competitive performance of players and develop improvement strategies.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		
Unit 8 - Efficient Stroke Development 'I will be able to apply the principles of stroke mechanics for the development of competitive strokes including drive, boast, drop, lob, volley, serve and return of serve utilising the use of technology and equipment appropriate to club level players'. The primary aim of this module is to ensure that the coach will have the understanding of stroke mechanics and technique issues along with knowledge of appropriate equipment and technology to assist the development of their club players.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		

Page 2 – Club Development Squash Coach Program RPL Assessor Form



Coach Development Framework 2013 - 2014

Club Development Squash Coach Pro									
All performance criteria met: (please tick one	l performance criteria met: (please tick one) 🛛 Yes 🔷 No 🛛 (Please provide advice to the applicant of what evidence they are still required to supply)								
Date of Assessment:				Name of Assessor:					
Position:				Contact Number:					
Assessors Comments				Assessor Recommendations					
					I				

Page 3 – Club Development Squash Coach Program RPL Assessor Form



	Talent Development Squash Coach Accreditation – RPL Application Form									
SECTION 1 -	Personal Details									
Name:						Date of Birth:				
Address:					State:		Post Code:			
Phone:		Mobile:			Email:		·			
Club / Organ	nisation:									
SECTION 2 -	Evidence (compulsory)									
Module / Ur	nit Name	Learning Outco	omes	Con	ntent		Summary of	evidence provided		
Attach copie Unit 1	nd supply evidence relat es of documents and / or ching Environment	references to th <i>'I will be able to</i> <i>the Squash Coa</i> <i>they relate to th</i> <i>Organisations.'</i> The primary aim provide coaches understanding co	his application form. identify the aspects of ching Environment as the Australian Squash of the module is to with a sound of the squash coaching d relationships with	orm (of education and Program Overvie The Australian Sc		nd life experier	nces.		
Unit 2 Squash Safet	ty	Safety Strategie talent athletes i The primary aim ensure coaches understanding c strategies as the players.	nderstanding of Squash as as they relate to the in the sport.' of the module is to	•	-	actices It & Legal Responsibilities In, Management and				

Page 1 – RPL Application Form – Talent Development Squash Coach Program



Module / Unit Name	Learning Outcomes		Summary of evidence provided
Unit 3 Developing Perceptual Motor Skills	'I will be able to identify the aspects of the various types of perception and recognition skills required to play competitive squash and incorporate them into skill development of the athlete.' The primary aim of the module is to provide coaches with an awareness of the various perceptual Motor Skills and how they can be applied to squash coaching.	 (This learning outcome may include, but is not restricted to): Definitions Developing Decision Making Skills Technical & Tactical Skills Physical Skills Mental Skills Skill Analysis using Technology 	
Unit 4 Planning Athlete Development	<i>'I will be able to identify the aspects of planning athlete development as they relate to the needs of the competitive squash player.'</i> The primary aim of the module is to ensure coaches have the ability and understanding to plan specific sessions to meet a variety of objectives and to plan a detailed periodised training plan relevant to their players.	 Program design Planning Athlete Development in relation to Sport Sciences and Information Services Periodised Planning 	
Unit 5 Practical Coaching	'I will be able to implement a range of drills and routines for the improvement of the competitive squash player's performance.' The primary aim of the module is to provide coaches with a sound understanding of the advanced squash coaching drills and routines as they apply to the competitive squash player.	 Squash Coaching Teaching & Learning, Communication & Coach / Athlete relationship skills Planning, Preparing & Delivering Business of Squash Coaching Applying the use of technology in coaching Coaching Specific Groups 	

Page 2 – RPL Application Form – Talent Development Squash Coach Program



Module / Unit Name	Learning Outcomes		Summary of evidence provided
Unit 6 Talent Development Coaching	'I will be able to identify the key principles of talent development and implement assessment strategies.' The primary aim of the module is to ensure coaches are aware of the principle of talent development and long-term player development.	 Talent Development Coaching Talent Identification assessment procedures Models for talent identification 	
Unit 7 Player Welfare	'I will be able to identify the means of gaining professional assistance appropriate to the needs of the competitive player.'The primary aim of the module is to provide coaches with a sound understanding of the access available to support services for their players and to effectively manage their own coaching commitments.	Additional Factors	
SECTION 3 – Declaration (comput		ny educational work and life eventionees	
	provided is a true and accurate record of r	ny educational, work and life experiences:	_
Signature of Applicant:			Date:
PAYMENT			
Applicants must pay an RPL admir	nistration fee.		
Amount Payable: \$			
(Fee will be determined on a case by case submission.)	basis. As a guide the cost will be approximately \$5	0 per hour required to assess the application. Candi	date will be provided with an estimate upor



Talent Development Squash Coach Program – RP	L Assessor Form	ı	Applicants Name:				
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments	
Unit 1 Squash Coaching Environment I will be able to identify the aspects of the Squash Coaching Environment as they relate to the Australian Squash Organisations.' The primary aim of the module is to provide coaches with a sound understanding of the squash coaching environment and relationships with associated stakeholders.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		
Unit 2 Squash Safety At the end of this module: 'I will have an understanding of Squash Safety Strategies as they relate to the talent athletes in the sport.' The primary aim of the module is to ensure coaches have a sound understanding of the squash safety strategies as there relate to the talented players.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		
Unit 3 Developing Perceptual Motor Skills 'I will be able to identify the aspects of the various types of perception and recognition skills required to play competitive squash and incorporate them into skill development of the athlete.' The primary aim of the module is to provide coaches with an awareness of the various perceptual Motor Skills and how they can be applied to squash coaching.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		



Talent Development Squash Coach Program – RPL Assessor Form			Applicants Name:			
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
Unit 4 Planning Athlete Development 'I will be able to identify the aspects of planning athlete development as they relate to the needs of the competitive squash player.' The primary aim of the module is to ensure coaches have the ability and understanding to plan specific sessions to meet a variety of objectives and to plan a detailed periodised	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	
Unit 5 Practical Coaching 'I will be able to implement a range of drills and routines for the improvement of the competitive squash player's performance.' The primary aim of the module is to provide coaches with a sound understanding of the advanced squash coaching drills and routines as they apply to the competitive squash player.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	
Unit 6 Talent Development Coaching 'I will be able to identify the key principles of talent development and implement assessment strategies.' The primary aim of the module is to ensure coaches are aware of the principle of talent development and long-term player development.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	

Page 2 – Talent Development Squash Coach Program RPL Assessor Form



Talent Development Squash Coach Program – RPL Assessor Form			Applicants Nam	e:		
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments
Unit 7 Player Welfare 'I will be able to identify the means of gaining professional assistance appropriate to the needs of the competitive player.' The primary aim of the module is to provide coaches with a sound understanding of the access available to support services for their players and to effectively manage their own coaching commitments.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	
All performance criteria met: (please tick one)	No (Please pro	vvide advice to the applic	ant of what evidence to Name of Assessor:	hey are still required to	supply)	
Position: Assessors Comments			Contact Number: Assessor Recomme	ndations		

Page 4 – Talent Development Squash Coach Program RPL Assessor Form



Performance Development Squash Coach Accreditation – RPL Application Form								
SECTION 1 – Personal Details								
Name:					Date of Birth:			
Address:			State:		Post Code:			
Phone:	Mobile:			Email:				
Club / Orgar	nisation:							
SECTION 2 -	- Evidence (compulsory)							
Module / Unit Name		Learning Outcomes		Content		Summary of	evidence provided	
	Please list and supply evidence relating to each performance criteria in the form of education and training, work related and life experiences. Attach copies of documents and / or references to this application form.							
Unit 1 The Australian Squash Coaching Environment		'I will be able to identify the characteristics of an effective coach and be able to implement strategies to cater for a range of needs for all levels of players.' The primary aim of the module is to provide coaches with an awareness of the numerous roles fulfilled by an effective performance development squash coach.		 The Role of the Performance Development Coach & Program Overview Talent ID & Development: Principles, Structures & Systems Use of Sports Science & Information Services and Systems Legal Responsibilities & Risk Management for Coaching 				
Unit 2 Management of the training process for talented athletes		'I will be able to implement management and design skills consistent with these models for managing and developing talented athletes' The primary aim of the module is to identify and explain on coaches' sound knowledge in relation to the training processes for talented athletes.		 Models for Managing & Developing Talented Athletes Models for Designing & managing Training Programs 				

Page 1 – RPL Application Form – Performance Development Squash Coach Program



Module / Unit Name	Learning Outcomes	Content	Summary of evidence provided
Unit 3 Management & Leadership Skills for High Performance Coaches	<i>'I will be able to apply skills in human</i> <i>resource management and leadership</i> <i>related to maximising the contribution of a</i> <i>support team'.</i> The primary aim of the module is to have coaches demonstrate human resource management and leadership skills.	 Management & Leadership of an Integrated Support Team Time & Stress Management for Performance Development Coaches 	
Unit 4 Teaching, Communication & Coach-athlete Relationship Skills	<i>'I will be able to select and employ appropriate various teaching and communication styles that enhance skill acquisition and the coach-athlete relationship.'</i> The primary aim of this module is to ensure coaches understand and employ appropriate teaching and communication styles that enhance the performance of talented players.	 Teaching Skills & Styles that Enhance Skill Acquisition Communication & Coach-Athlete Relationship Skills 	
Unit 5 Planning Athlete Development	'I will be able to effectively implement and supervise training programs over a full season.' The primary aim of this module is to ensure that the coach will have the competence to develop training programs and implement the processes required for player performance and achievement.	 Long Term Athlete Planning and Design of Integrated Periodised Yearly Training Programs Designing Macro-Cycle & weekly Training Programs Designing Recovery Programs (Including Sports Massage) 	

Page 2 – RPL Application Form – Performance Development Squash Coach Program



Module / Unit Name	Learning Outcomes		Summary of evidence provided			
Unit 6 Developing Athletic Abilities for Competition Performance	'I will be able to apply, implement and demonstrate the management principles and approaches related to coaching advice for the benefit of talented players before, during and after competition'. The primary aim of this module is to ensure the coach is able to apply appropriate management principles and coach related advice to enhance the performance of the talented player before, during and after competition.	 Developing Psychological Skills Developing Perceptual-Motor Skills Developing Physical Skills 				
Unit 7 Additional Factors affecting Performance	'I will be able to identify and employ additional factors affecting performance of talented athletes that address pre-training and competition demands.' The primary aim of this module is to ensure that the coach will have the knowledge to be able to identify, assess and implement additional factors affecting the performance of their players in competition.	 Nutritional Requirements Drug Testing & Ergogenic Aids (Drugs, Supplements, etc.) Environmental Factors (Heat Stress, Jet Lag, etc.) Injury Prevention & Rehabilitation 				
SECTION 3 – Declaration (compulsory	()					
I declare that the evidence I have pro	vided is a true and accurate record of my	educational, work and life experiences:				
Signature of Applicant:			Date:			
PAYMENT						
Applicants must pay an RPL administr	ation fee.					
Amount Payable: \$						
(Fee will be determined on a case by case bas submission.) Page 3 – RPL Application Form – Performance Developme		er hour required to assess the application. Candidate	e will be provided with an estimate upor			



Performance Development Squash Coach Progra	Applicants Name:						
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments	
Unit 1 The Australian Squash Coaching Environment 'I will be able to identify the characteristics of an effective coach and be able to implement strategies to cater for a range of needs for all levels of players.' The primary aim of the module is to provide coaches with an awareness of the numerous roles fulfilled by an effective performance development squash coach.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		
Unit 2 Management of the training process for talented athletes 'I will be able to implement management and design skills consistent with these models for managing and developing talented athletes' The primary aim of the module is to identify and explain on coaches' sound knowledge in relation to the training processes for talented athletes.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		
Unit 3 Management & Leadership Skills for High Performance Coaches 'I will be able to apply skills in human resource management and leadership related to maximising the contribution of a support team'. The primary aim of the module is to have coaches demonstrate human resource management and leadership skills.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		

Page 1 – Performance Development Squash Coach Program RPL Assessor Form



Performance Development Squash Coach Program	Applicants Name:						
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments	
Unit 4 Teaching, Communication & Coach-athlete Relationship Skills 'I will be able to select and employ appropriate various teaching and communication styles that enhance skill acquisition and the coach-athlete relationship.' The primary aim of this module is to ensure coaches understand and employ appropriate teaching and communication styles that enhance the performance of talented players.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		
Unit 5 Planning Athlete Development 'I will be able to effectively implement and supervise training programs over a full season.' The primary aim of this module is to ensure that the coach will have the competence to develop training programs and implement the processes required for player performance and achievement.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		

Page 2 – Performance Development Squash Coach Program RPL Assessor Form



Performance Development Squash Coach Progra	Applicants Name:						
Learning outcomes / Assessment criteria	Evidence Supplied	Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the evidence recent? Obtained within the last four years?)	Comments	
Unit 6 Developing Athletic Abilities for Competition Performance 'I will be able to apply, implement and demonstrate the management principles and approaches related to coaching advice for the benefit of talented players before, during and after competition'. The primary aim of this module is to ensure the coach is able to apply appropriate management principles and coach related advice to enhance the performance of the talented player before, during and after competition.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		
Unit 7 Additional Factors affecting Performance 'I will be able to identify and employ additional factors affecting performance of talented athletes that address pre-training and competition demands.' The primary aim of this module is to ensure that the coach will have the knowledge to be able to identify, assess and implement additional factors affecting the performance of their players in competition.	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		

Page 3 – Performance Development Squash Coach Program RPL Assessor Form



Coach Development Framework 2013 - 2014

Performance Development Squash (Performance Development Squash Coach Program – RPL Assessor Form				Applicants Name:							
All performance criteria met: (please tick one	All performance criteria met: (please tick one) 🗆 Yes 🗆 No (Please provide advice to the applicant of what evidence they are still required to supply)											
Date of Assessment:					Name of Assessor:							
Position:					Contact Number:							
Assessors Comments					Assessor Recommendations							

Page 4 – Performance Development Squash Coach Program RPL Assessor Form



	High Pe	rformand	e Develo	opment Squash Coa	ach Accreditatior	n – RPL Applicatio	n Form		
SECTION 1 -	Personal Details								
Name:						Date of Birth:			
Address: Phone: Mobil					State:			Post Code	e:
Phone:		Mobile:			Email:				
Club / Orgar	nisation:				·				
SECTION 2 -	Evidence (compulsory)								
Learning outcom	ies / Assessment criteria	Evider Suppli		Validity (is the evidence relevant to the performance criteria?)	Sufficiency (is there enough evidence?)	Authenticity (is the evidence a true reflection of the candidate?)	Current (is the ev recent? C within th years?)		Comments
	nt SA/NCAS Performance Development ccreditation		□ Yes □ No	□ Yes □ No	🗆 Yes 🗆 No	□ Yes □ No		Yes No	
2. Be a member of the official Australian Squash Team coaching staff for the WSF World Squash Championships and/or Commonwealth Games for the performance being claimed in criteria 3.			□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		Yes No	
		/ im	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		Yes No	
has a code Squash Aus such organ	ip through a professional organisation th of conduct for coaches and is affiliated to stralia. SACS or the PSCAA are examples isations. ormance Squash Coach Program RPL Assessme	of	□ Yes □ No	□ Yes □ No	□ Yes □ No	□ Yes □ No		Yes No	



SECTION 3 – Declaration (compulsory)									
I declare that the evidence I have provided is a true and accurate record of my educational, work and life experiences:									
Signature of Applicant: Date:									
PAYMENT									
Applicants must pay a SA/ NCAS administration fee.									
Amount Payable: \$									
Page 2 – High Performance Squash Coach Program RPL Assessment Form									



2.9 Fast Tracking Candidates

Squash Australia provides Australian recognized representative players with the opportunity to 'fast track' components of the National Coach Accreditation by recognising their knowledge and skills in the practical aspects of squash.

(a) Foundation Squash Coach Accreditation

- Squash Australia will provide recognition of prior learning (RPL) for the Foundation Squash Coach Accreditation Program – players are not required to attend this course nor undertake practical assessment.
- Players are required to complete the Beginning Coaching General Principles online course on the Australian Sports Commission's website: http://www.ausport.gov.au/participating/coaches/education/onlinecoach and provide the certificate of completion to the National Development Manager to finalise the accreditation.
- Players are also required to complete the Active After Schools Community program delivered by the Australian Sports Commission.

(b) Club Development Coach Accreditation

- Squash Australia will provide RPL for the Club Development Coach Accreditation Program players are not required to attend this course.
- Players must undertake a practical assessment and be deemed competent in all criteria to be awarded the accreditation. This should be arranged via your State/Territory Coach Development Manager.
- Club Development Coaching Program Practical Assessment:
 - \rightarrow Teach a squash skill demonstrating the steps of skill progression.
 - \rightarrow Complete the session plan.
 - \rightarrow 15 minute coaching task presented either individually or with a partner.

(c) Talent Development Coach Accreditation

- Squash Australia will provide players with the option to complete the Intermediate General Principles via correspondence (free of charge). Players will receive RPL for the anti-doping module.
- Players are required to attend the entire Talent Development Coach Accreditation Program.

(d) Performance Development Coach & High Performance Coach Accreditation

• Squash Australia will provide RPL for modules directly relating to a player's specific area of play and experience only.

2.10 Access and Equity

To promote access and equity, all Squash Australia Coaching Programs will:

- Have no entry restrictions other than an age limit and previous coaching prerequisites.
- Be flexible in assessment tasks to allow those with special needs to undertake alternative forms of assessment.



2.11 Records

Squash Australia and all State/Territory Member Organisations are required to keep an updated list of the coach's name, address, phone/fax number, email address, level of accreditation and expiry date. These records will be provided to the ASC to be kept on their database for accreditation and updating purposes.

2.12 Completion

Participants must complete all assessment tasks related to the program within the time limits outlined below, otherwise NO accreditation will be granted.

Program	Completion Time
Foundation Squash Coach Program	12 months from commencement date
Club Development Coach Program	12 months from commencement date
Talent Development Coach Program	2 years from commencement date
Performance Development Coach Program	2 years from commencement date
High Performance Development Coach	Recognition Level

If participants do not complete the tasks within the required time frame and wish to attain accreditation, the entire program will have to be completed again. This will result in additional program fees to be paid by the participant.



2.13 Updating

Program	Completion Time
Foundation Squash Coach Program	 Complete another Foundation Squash Coaching Program within four years OR Complete the Club Development Coaching Program within four years OR Achieve 100 points of updating activity over a four-year period.
Club Development Coach Program	 Complete another Club Development Coaching Program within four years OR Complete the Talent Development Coaching Program within four years OR Achieve 100 points of updating activity over a four-year period.
Talent Development Coach Program	 Complete another Talent Development Coaching Program within four years OR Complete the Performance Development Coaching Program within four years OR Achieve 100 points of updating activity over a four-year period.
Performance Development Coach Program	 Complete another Performance Development Coaching Program within four years OR Receive recognition as a High Performance Development Coach OR Achieve 100 points of updating activity over a four-year period.
High Performance Development Coach	 Recognition Level Continue to engage at the National/International Representative Levels of Squash Championships Achieve 100 points of updating activity over a four-year period.

(a) Updating Activities

- 60% of the required updating hours for each level should be completed through practical coaching.
- Practical coaching can be undertaken with any level of athlete or team or official and may occur on a regular basis (weekly, fortnightly) or in specific situations such as camps, clinics.
- Special consideration may be granted by the Coaching Director/Development Manager within each State/Territory for coaches who are not coaching a player, but who are involved heavily within coach education, in order for them to fulfil updating requirements. In these cases a detailed letter outlining their current involvement within coach education should be submitted to the relevant State/Territory Member Organisation.

(b) Re-accreditation

- Applications for re-accreditation should be made to the Coaching Director / Development Manager within each State/Territory prior to the accreditation expiry date.
- Applications for re-accreditation must be accompanied by a completed log-book and updating payment.
- Applications for re-accreditation will be accepted for up to 12 months following the expiry date the accreditation.
- Once an accreditation has expired for a period greater than 12 months, re-accreditation cannot occur via the updating system.
- Special consideration may be granted by the Coaching Director within each State/Territory for coaches that have not met the updating criteria.

For a detailed explanation of updating see the Squash Australia Update Criteria – Appendix 1



SECTION 3: COMPETENCY STATEMENTS AND ASSESSMENT – FOUNDATION SQUASH COACH

3.1 Foundation Squash Coach Program Competency Statements

- Explain the role, legal obligations and ethical responsibilities of a foundation squash coach.
- Identify sport or activity specific risks and principles of risk management related to coaching.
- Prepare a coaching session plan.
- Select coaching methods and activities appropriate to participant needs and characteristics.
- Safely conduct a coaching session, ensuring fun, learning and maximum participation through games and activities.
- Utilise a range of communication skills and behaviour management strategies to help participants learn basic skills and tactics.
- Develop strategies to build effective working relationships with parents, officials and sports administrators.
- Review coaching sessions and own performance to identify improvements.
- Understand delivery of Squash Australia's recognized entry level programs of squash.

3.2 Assessment

All participants are required to actively participate in workshop and discussion groups, complete worksheets and undertake practical tasks/demonstrations as per the course outline.

(a) Worksheets

Worksheets provide a documented summary of theoretical knowledge and are aimed at assessing the participant's underpinning knowledge of the general principles units. An answer guide is available to deliverers (presenters/assessors). All questions must be answered to the standard outlined in the answer guide to successfully complete this aspect of the course.

- Participants are permitted to access all course materials and may consult with others when completing the worksheets
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task.

(b) Session Plan

The use of a session plan is aimed at assessing the participant's ability to deliver a coaching session. The session plan is used as both a learning and assessment tool. An assessment checklist is available to deliverers (presenters/assessors).

- Participants are permitted to access all course materials and may consult with others when completing the session plan
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task

(c) Practical Coaching Task

The practical coaching tasks are aimed at assessing the participant's practical coaching ability. The coaching task requires a practical demonstration of a squash specific coaching skill to a group of players. The coaching task is used as both a learning and assessment tool.

- The coaching task for the Foundation Program should be 5-10 minutes duration and is developed as part of Unit 5 Program Planning. The coaching task may be presented individually or in a small coaching group.
- The Practical Assessment Form is provided on which deliverer (assessor) should check the skills/competencies that the coach must demonstrate. To successfully attain the Foundation



Program Accreditation the participant must be rated competent on all aspects of the performance criteria outlined in the Assessment Form.

- Any level of athlete may be involved in the practical coaching task. Through necessity this may include program participants as athletes.
- Participants may submit the session plan and present the practical coaching task as many times as necessary to meet the requirements of the assessment task.

(d) Assessment Arrangements

The assessment activity will take place as part of the Foundation Coaching Program. All equipment will be provided as part of the program. Participants may be required to be the players for the assessment task.

3.3 Accreditation Fees

The cost of Accreditation is \$30, payable to Squash Australia.

3.4 Summary of Administrative Requirements

- Once all program assessment requirements have been satisfied, a Foundation candidate coach <u>must</u> provide the Assessor with:
 - a. A signed Squash Australia Coaches Code of Behaviour and Agreement Form.
 - b. Complete payment of the program including the above mentioned accreditation fee.
 - c. Evidence of current state/territory membership
 - d. Evidence of current and adequate professional indemnity and public liability insurance cover via one of the following options:
 - i. Membership of the PSCAA (Inc.)
 - ii. Join SACS
 - iii. Obtain privately
- An option is that coaches can choose to sign the Protective Eyewear Indemnity and Wavier form and provide this to the Assessor.
- All these requirements must be submitted by the Assessor to the State/Territory Coach Education Coordinator for checking and submitting to Squash Australia.
- The State/Territory Coach Education Coordinator will submit all required paperwork to the National Development Manager (NDM) at Squash Australia for checking and final approval before the coach is accredited.



SECTION 4: COMPETENCY STATEMENTS AND ASSESSMENT – CLUB DEVELOPMENT COACH

4.1 Club Development Coach Program Competency Statements

- Provide a safe environment in order to prepare the player to compete successfully at club/ interclub/ school environment.
- Provide positive direction by implementing; efficient organisation of training, administrative and risk management strategies within an (team, squad, club/ centre) environment.
- Display effective communication skills in the broader squash community.
- Implement a program that will cater for the short and long-term development of all players within a Club/Centre environment.
- Apply basic training principles to the development of a competitive player, while taking into consideration maturational and developmental considerations
- More effectively identify and apply corrective techniques to improve the stroke for competition involvement
- Improve player performance by applying a training program that meets physiological, technical, and psychological requirements
- Apply self-management skills

4.2 Assessment

All participants are required to actively participate in workshop and discussion groups, complete worksheets and undertake practical tasks/demonstrations as per the course outline.

(a) Worksheets

Worksheets provide a documented summary of theoretical knowledge and are aimed at assessing the participant's underpinning knowledge of the general principles units. An answer guide is available to presenters/assessors. All questions must be answered to the standard outlined in the answer guide to successfully complete this aspect of the course.

- Participants are permitted to access all course materials and may consult with others when completing the worksheets
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task.

(b) Session Plan

The development of a session plan is aimed at assessing the participant's ability to plan for a coaching session. The session plan is used as both a learning and assessment tool. An assessment checklist is available to deliverers (presenters/assessors).

- Participants are permitted to access all course materials and may consult with others when completing the session plan
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task

(c) Practical Coaching Task

The practical coaching tasks are aimed at assessing the participant's practical coaching ability. The coaching task requires a practical demonstration of a squash specific coaching skill to a group of players. The coaching task is used as both a learning and assessment tool.



- The coaching task should be of at least 10-15 minutes duration. Any level of player may be involved, and program participants should preferably not be used as the players, however can be used when necessary.
- An assessment checklist is provided on which deliverer (assessors) should check the skills/competencies that the coach must demonstrate. The participant must be rated as competent on all aspects of the assessment checklist to pass.
- Candidates may re-take the practical assessment as many times as necessary to achieve competency.
- Any level of player may be involved in the practical coaching task. Through necessity this may include program participants as athletes.

(d) Assessment Arrangements

The assessment activity will take place as part of the Club Development Coaching Program. All equipment will be provided as part of the program. Participants may be required to be the players for the assessment task.

4.3 Accreditation Fees

The cost of Accreditation is \$30, payable to Squash Australia. This fee is included in your program cost and is not paid separate by the coach.

4.4 Summary of Administrative Requirements

- Once all program assessment requirements have been satisfied, a Club Development candidate coach <u>must</u> provide the Assessor with:
 - a. A signed Squash Australia Coaches Code of Behaviour and Agreement Form.
 - b. Complete payment of the program including the above mentioned accreditation fee.
 - c. Evidence of current state/territory membership
 - d. Evidence of current and adequate professional indemnity and public liability insurance cover via one of the following options:
 - i. Membership of the PSCAA (Inc.)
 - ii. Join SACS
 - iii. Obtain privately
- An option is that coaches can choose to sign the Protective Eyewear Indemnity and Wavier form and provide this to the Assessor.
- All these requirements must be submitted by the Assessor to the State/Territory Coach Education Coordinator for checking and submitting to Squash Australia.
- The State/Territory Coach Education Coordinator will submit all required paperwork to the National Development Manager (NDM) at Squash Australia for checking and final approval before the coach is accredited.



SECTION 5: COMPETENCY STATEMENTS AND ASSESSMENT – TALENT DEVELOPMENT COACH

5.1 Talent Development Coach Program Competency Statements

- Analyse the intermediate skills of Squash
- Identify preferred teaching methods and coaching styles to develop the intermediate skills of Squash
- Demonstrate effective communication strategies
- Identify the coaching points relating to the identified skill and detect the common faults
- Plan, organise, conduct and control a skills session
- Demonstrate an awareness of safety in terms of equipment and players
- Demonstrate the concept of sequential skill progression
- Demonstrate the concepts behind the detection and correction of faults
- Describe when to use a coachable moment
- Provide appropriate and relevant feedback during practical sessions
- Understand the role of the mentor coach and establish practical strategies to enhance individual coaching.

5.2 Assessment

All participants are required to actively participate in workshop and discussion groups, complete worksheets and undertake practical tasks/demonstrations as per the program outline.

(a) Worksheets

Worksheets provide a documented summary of theoretical knowledge and are aimed at assessing the participant's underpinning knowledge of the general principles units. An answer guide is available to deliverers (presenters/assessors). All questions must be answered to the standard outlined in the answer guide to successfully complete this aspect of the program.

- Participants are permitted to access all program materials and may consult with others when completing the worksheets
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task.

(b) Session Plan

The development of a session plan is aimed at assessing the participant's ability to plan for a coaching session. The session plan is used as both a learning and assessment tool. An assessment checklist is available to deliverers (presenters/assessors).

- Participants are permitted to access all course materials and may consult with others when completing the session plan
- Participants may submit the session plan as many times as necessary to meet the requirements of the assessment task

(c) Practical Coaching Task

The practical coaching tasks are aimed at assessing the participant's practical coaching ability. The coaching task requires a practical demonstration of a squash specific coaching skill to a group of players. The coaching task is used as both a learning and assessment tool.

- The coaching task should be 30 40 minutes duration. Any level of player may be involved, and course participants should preferably not be used as the players, however can be used when necessary.
- An assessment checklist is provided on which assessors should check the skills/competencies that the coach must demonstrate. The participant must be rated as competent on all aspects of the assessment checklist to pass.
- Candidates may re-take the practical assessment as many times as necessary to achieve competency.
- Any level of player may be involved in the practical coaching task. Through necessity this may include program participants as players.

(d) Assessment Arrangements

The assessment activity will take place as part of the Talent Development Coaching Program. All equipment will be provided as part of the program. Participants may be required to be the players or provide players for the assessment task.

5.3 Accreditation Fees

The cost of Accreditation is \$30, payable to Squash Australia. This fee is included in your program cost and is not paid separate by the coach.

5.4 Summary of Administrative Requirements

- Once all program assessment requirements have been satisfied, a Talent Development candidate coach <u>must</u> provide the Assessor with:
 - a. A signed Squash Australia Coaches Code of Behaviour and Agreement Form.
 - b. Complete payment of the program including the above mentioned accreditation fee.
 - c. Evidence of current state/territory membership
 - d. Evidence of current and adequate professional indemnity and public liability insurance cover via one of the following options:
 - i. Membership of the PSCAA (Inc.)
 - ii. Join SACS
 - iii. Obtain privately
- An option is that coaches can choose to sign the Protective Eyewear Indemnity and Wavier form and provide this to the Assessor.
- All these requirements must be submitted by the Assessor to the National Development Manager (NDM) at Squash Australia for checking and final approval before the coach is accredited.



SECTION 6: COMPETENCY STATEMENTS AND ASSESSMENT – PERFORMANCE DEVELOPMENT COACH

6.1 Performance Development Coach Program Competency Statements

- Teach and develop the advanced skills of Squash
- Analyse athlete performance and provide appropriate technical corrections
- Apply advance tactics and strategies of Squash in a competitive situation
- Apply the rules of Squash in skill sessions and game strategy planning
- Analyse match play styles and systems
- Safely program and monitor conditioning training for Squash
- Assess and monitor the development and well-being of the athlete
- Implement policies associated with risk management within Squash
- Use appropriate communication to meet the needs of the situation
- Adopt coaching practices, program and activities to cater for the individual needs of all players, including players from specific populations.

6.2 Pre-requisites Requirements

- ASC Mentoring Course or equivalent; <u>Note:</u> Candidate coaches can request Recognition of Prior Learning (RPL) or Recognition of Current Competency (RCC) for this component from an approved service provider.
- Other pre-requisites may, from time to time be prescribed by the National Development Manager or Squash Australia. (As a general approach Coach Candidates are asked to supply evidence of coaching engagement of players currently engaged with who are either in or not in the Australian Performance Pathway – both senior and junior. Evidence can be supplied via a list of players, number of times coaching over a given period, what events they have entered and results. Support by letters of reference from the listed players).

6.3 Assessment Requirements

- All participants are required to actively participate in workshop and discussion groups, complete worksheets and undertake practical tasks/demonstrations as per the program outline.
- Be deemed competent for the practical coaching requirements as set out in the Performance Development Coach Training Program.
 <u>Note</u>: This is to be co-jointly assessed by the National Development Manager (NDM – nonspecific squash skills requirements), National Coach and Advanced Assessors (specific squash skills requirements).
- Pass (100% minimum on all 4 sections) of the current Australian Rules Exam paper
- Pass the Australian Strength and Conditioning Association (ASCA) Level 1 Course
- Satisfactorily complete any program worksheets and/ or tasks set by the Advance Assessor or as deemed already competent via RPL/RCC via an Assessor (Evidence will be required).
- Satisfactorily pass all Performance Development Coach assessment assignments as follows:
 - 1. Sport Science & Info Services & Systems Annotated Article
 - 2. Risk Management
 - 3. Teaching Skills and Styles
 - 4. Long Term Planning and Designing Macro-Cycle Plans
 - 5. Mental Skills Training
 - 6. Tactical Analysis
 - 7. Drills and Routines
 - 8. Flexibility Assessment
 - 9. Nutritional Requirements



These program assessment assignments can be completed via a range of assessment options according to preferred learning styles:

- a. A written assignment with guidelines provided
- b. A written submission claiming RPL or RCC
- c. A verbal response via an interview
- d. A verbal response via a "hot-seat"

The details of these assessment requirements will be provided to participants upon registration and commencement of the program.

6.4 Practical Coaching Task

The practical coaching tasks are aimed at assessing the participant's practical coaching ability. The coaching task requires a practical demonstration of a squash specific coaching skill to a group of players. The coaching task is used as both learning and an assessment tool.

- The coaching task should be 60 minutes in duration. Talent Development or above level players must be involved, and course participants should preferably not be used as the player, however can be when necessary.
- An assessment checklist is provided on which assessors should check the skills/competencies that the coach must demonstrate. The participant must be rated as competent on all aspects of the assessment checklist to pass.
- Candidates may re-take the practical assessment as many times as necessary to achieve competency.

6.5 Accreditation Fees

The cost of Accreditation is \$30, payable to Squash Australia. This fee is included in your program cost and is not paid separate by the coach.

6.6 Summary of Administrative Requirements

- Once all program assessment requirements have been satisfied, a Performance Development candidate coach <u>must</u> provide the Assessor with:
 - a. A signed Squash Australia Coaches Code of Behaviour and Agreement Form.
 - b. Complete payment of the program including the above mentioned accreditation fee.
 - c. Evidence of current state/territory membership
 - d. Evidence of current and adequate professional indemnity and public liability insurance cover via one of the following options:
 - i. Membership of the PSCAA (Inc.)
 - ii. Join SACS
 - iii. Obtain privately
- An option is that coaches can choose to sign the Protective Eyewear Indemnity and Wavier form and provide this to the Assessor.
- All these requirements must be submitted by the Assessor to the National Development Manager (NDM) at Squash Australia for checking and final approval.



SECTION 7: COMPETENCY STATEMENTS AND ASSESSMENT – HIGH PERFORMANCE DEVELOPMENT COACH

7.1 High Performance Development Coach Competency Statements

A High Performance Development Coach has the demonstrated ability to prepare players to successfully compete for medals at World Championships and/ or Commonwealth Games competitions as members of the Australian Squash Team.

A High Performance Development Coach also must demonstrate the sharing of their knowledge to the wider Australian Squash community, this includes too players, coaches and officials through Coaching conferences, and workshops.

7.2 Pre-requisites Requirements

- Qualified squash coaches may apply for a Squash Coach's Accreditation under the guidelines set and implemented by Squash Australia Ltd.
- Hold a current SA/NCAS Performance Development Coaching Accreditation.
- Be a member of Squash Australia Ltd.
- Coaches are subject to all member welfare policies including Squash Australia' Coaches Code of Behaviour and the Member Protection Policy.

7.3 Assessment

Applicants are assessed through application. The applicant will be required to apply, pay an application fee of \$30 Inc. GST, and supply sufficient evidence of achievement of the criteria.

This will be treated on an individual basis by a panel consisting of the National Development Manager (Chair), National Head Coach, National Talent Development Coach and the Squash Australia CEO and submitted to the SA Board for ratification through the Squash Australia National Development Manager or delegated officer.

Applications forwarded in writing to:

Squash Australia Attn: National Development Manager Office 9, Sports House 150 Caxton Street Milton QLD 4064

7.4 Updating

Squash Australia's High Performance Development Coaches are required to maintain currency of knowledge and skills. To ensure this process is undertaken by all applicants and well monitored, coaches are to use existing guidelines located in the Appendix.

Accreditation is valid for 4 years.



SECTION 8: COACHING PRACTICES

8.1 Mentoring/Supervision of Coaching Practice

(a) It is recommended that prospective coaches seek the assistance of a mentor coach in improving their coaching skills prior to/post the relevant accreditation program.

8.2 Mentoring/Supervisor Credit

(a) Mentors will receive credit towards their updating requirements.

SECTION 9: QUALITY CONTROL

9.1 Monitoring Training Program Quality

- (a) The following procedures will be put in place to ensure quality control of programs:
- Ongoing deliverer (presenter/assessor) training as outlined in 1.7.
- Evaluation of presenters by program participants using program evaluation forms (Appendix 3).
- Random visits managed by Squash Australia to State/Territory based programs to evaluate delivery of programs and deliverers.
- Program Evaluation and Review Process
- (b) In addition to the evaluation proforma contained in Appendix 3 the following methods will be used to assess and review the program:
- Brief informal discussions with the program deliverers will follow the program. These discussions will focus on the organisation of the program and the need for changes to the delivery methods.
- Data on numbers of participants completing this program, and progressing to the next level will be analysed on a regular basis.
- The program will undergo a thorough review every four years, and input sought from State/Territory Coaching Directors and Squash Australia Coach Development Advisory Group members. Appropriate amendments will be made and the program will be submitted to the ASC for renewed registration.

9.2 Squash Australia Coaching Program Review Group

(a) Squash Australia Program Review Group will consist of the following representatives:

- Squash Australia Development Manager (Chairperson).
- Up to 3 Talent Development Coaches or Higher with one of the following;
 - Coach Education experience
 - Sport Science experience
 - > National/International coaching experience.
- (b) The Review Group will be established every four years to review Squash Australia's Coaching Programs.
- (c) Additional experts may be consulted as part of the review process.
- (d) All review recommendations to be submitted to the Squash Australia for final approval.



SECTION 10: IMPLEMENTATION STRATEGY

10.1 Existing Coaches Transition to the New Coach Development Framework.

The transition of existing coaches is Squash Australia primarily priority for coaches to be recognized under the New Coach Development Framework in 2014.

Each state or territory will be encouraged to host a State Coach's Conference in the early part of 2014, to enable the transition of existing to the New Coach Education Framework. The National Development Manager will communicate individually with the state/territories to arrange dates for delivery.

During each conference, Squash Australia will support the activity by the attendance of the National Development Manager, and any additional coaching staff view necessarily for the transfer of understanding with the new Coach Development Framework or other coach related activities.

All current accredited coaches will be contacted via either email or by mail to ensure the message of the change is communicated. They should expect this in early 2014. Recent expired coaches dating back 2 years will also be encouraged to engage in the transition process. Beyond the 2 year period will be considered too long out of accreditation and is the responsibility of the State/Territory Association to ensure of their attendance at the initial conference.

Existing coaches <u>must</u> receive an orientation to the New Coach Development Framework.

Following the initial coaching conferences, it is the responsibility of <u>the coach</u> to ensure that they receive an orientation to the New Coach Development Framework by course deliverers or State/Territory Coach Education Coordinators before reaccreditation is approved.

Squash Australia will refer reaccreditation back to the State or Territory Association before proceeding with processing the applications.

10.2 Accreditation Dates under the New Coach Development Framework.

Current accredited coaches will maintain their same accreditation and reaccreditation dates however will be recognized under the New Coach Development Framework, following the attendance at initial State/Territory Coaching Conference.

All coaches attending the initial conferences will receive a New Coach Development Framework recognition certificate and coach ID card following the conferences and recognition of their attendance.

10.3 Recognition of Coaching Levels in the New Coach Development Framework

Please refer to the figure 10.3. The New Coach development Framework has been written with the ASC's FTEM Framework in mind. The recognition and transition of existing coaches is represented in figure 10.3. Coaches engaged in State/Territory pathways should note additional requirements before transition is complete.



Coach Development Framework 2013 - 2014

10.4 State/Territory Coach Educational Coordinators

Each State and Territory will be invited to identify a State/Territory Coach Educational Coordinator for their Association. This representative coordinator assists in the coordination of all Coach Education for their appropriate state or territory. Their role is supported by Squash Australia through training and development to ensure appropriate qualifications recognized by the Australian Sports Commission, Squash Australia and Industry Standards are in place.

The Coach Educational Coordinators are only responsible for Coach Education matters state or territory level and are reportable to the National Development Manager and the Squash Development Council. Their role includes, but not restricted to the coordination of Foundation and Club Development Programs, verification of Squash Specific Coaching assessments and administrative requirements (this includes RPL/RCC requirements) before the application is forwarded through to Squash Australia for final processing.

Talent and Performance Development Coach Programs are coordinated and administrated (including <u>all</u> Fast Tracking Candidates; RPL/RCC and course deliverer's applications) by Squash Australia and in conjunction with the Performance Pathway requirements. Coaches wishing to participate in these levels of training are required to be recognized by both the State/Territory and Squash Australia through their engagement with the athlete's pathway. State/Territory Educational Coordinators maybe engaged by Squash Australia to assist in the delivery and assessments of these programs.

10.5 Secondary Priorities under the New Coach Development Framework

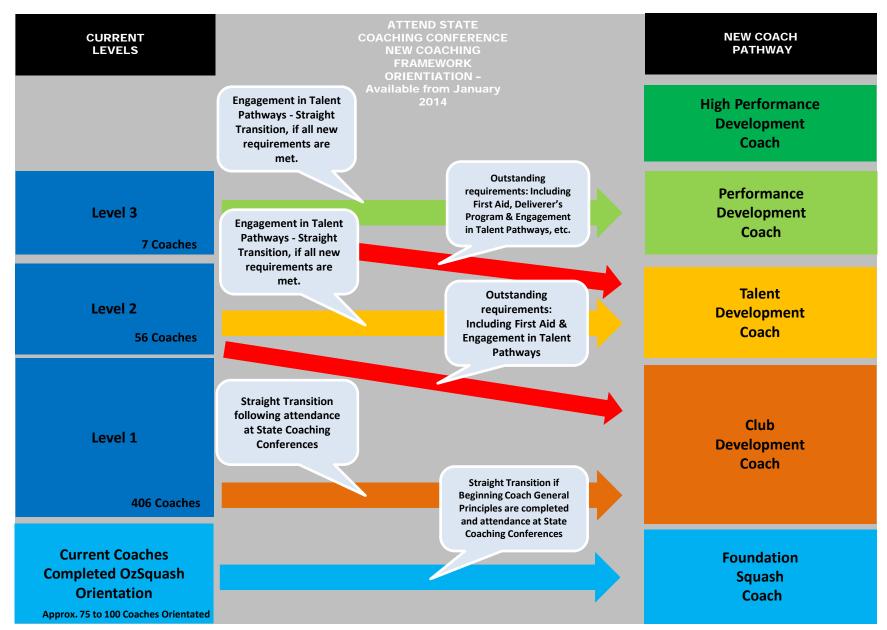
- a) Delivery of New Coach Programs State and Territories are encouraged to focus on retention and up-skilling of existing coaches before scheduling new coach programs.
- b) Introduction of new training resources Development of program support materials (presentations and worksheets) for deliverers is expected to be introduced in mid 2014.
- c) Establishment of online program registration Enrolment via the Squash Australia web portal to assist in the uptake of program participants and streamlined administrative procedures.
- d) Increased communications opportunities amongst coaches.

January 2014	 New Coach Development Framework to be introduced and registered with the ASC under the NCAS (National Coach Accreditation Scheme). Coach Educational Coordinator Group Established – Training and Program Orientation
February –	 State & Territory Coaching Conferences – Orientation to New Coach
June 2014	Development Framework for existing coaches.
	Training of Coach Education Deliverers
July 2014	Continuation of Orientation to the New Coach Development Framework
onwards	delivered by States and Territories.
	delivered by States and Territories.
	Review of process

10.6 New Coach Development Framework Implementation Strategy Timeline

Squash Australia's Coach Development Framework -Transition from Current to New Framework







SECTION 11: APPENDIX

APPENDIX 1 – UPDATE CRITERIA

- APPENDIX 2 PRACTICAL ASSESSMENT FORM
- **APPENDIX 3 PARTICIPANT EVALUATION FORM**
- APPENDIX 4 GENERAL CODE OF BEHAVIOUR
- APPENDIX 5 COACH CODE OF BEHAVIOUR
- APPENDIX 6 PROTECTIVE EYEWEAR INDEMNITY & WAIVER FORM
- APPENDIX 7 CANDIDATE INFORMATION & TRAINING FORM
- APPENDIX 8 COACH APPLICATION



APPENDIX 1

SQUASH AUSTRALIA FOUNDATION SQUASH COACH & CLUB DEVELOPMENT COACH PROGRAMS -UPDATE CRITERIA

Squash Australia Squash Coaching Accreditation is valid for four (4) years. The period starts when a Squash Australia certificate of accreditation is issued.

Updating Points Table

For explanations of the point structure please see the end of the following page.

A. Squash Specific Practical Coaching. Hours can be obtained from your RECORDED COACHING HOURS in YOUR ASC "UPDATE" LOGBOOK.

1.	Coaching Practice (Hands On):	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
a)	Any Accredited Coaches	2/ Hr				
b)	Regional Coaches (Teams & Individuals)	2/ Hr				
c)	State Coaches	2/ Hr				
d)	Coach of State Teams (Junior &/or Senior)	20				
				Section A. Total =		
в. s	quash Specific Updating Activities (* Supporting docum	nentation to be	attached if a	ivailable)	•	•
1.	Coaching Course Attendance:	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
a)	Attend an Accreditation Course at the NEXT Level	100				
b)	Attend an Accreditation Course at the SAME Level	100				
c)	Attend a National Coaching Conference	20				
d)	Attend an AIS High Performance Coaching Seminar	20				
e)	Attend a SCD's or Course Presenters Workshop	20				
f)	*Attend a PSCAA, State Body Affiliate or any other Organized Workshop/ Seminar/ Lecture (approved topics below)	v				
2.	Refereeing Courses:					
a)	Attend a Refereeing/Rules Seminar or Lecture	V				
b)	Attain or Retain State of National Refereeing Badge.	10				
3.	Presentations (Lectures/Seminars/Workshops):			•		
a)	Presentation at Level 1 NCAS Course	2/ Hr				
b)	Presentation at National Coaching Conference	2/ Hr				
c)	Presentation at Refereeing/Rules Course or Seminar	1/ Hr				
d)	Presentation at State Coaching Directors' Workshop	1/ Hr				
e)	*Presentation at any other Squash Specific Course, Seminar or Workshop (approved topics below)	1/ Hr				
4. S	upervision of Practical Coaching:	•	-		-	-
a) S	upervision of Apprentice or Candidate Coaches	4/ Hr				
	Accreditation as a Course Presenter and/ or Accreditation as a Course Presenter and/ or	20				
				Section B Total =		



C. General Sports Updating Act * Supporting documentation to		ilable										
1. Attendance at Coaching Courses:			Points Available	DA	TE	LOCATI	ON	TOTAL POINT		SIGNA	TURE	
a) ASC/AIS Coaches Seminars	10											
b) Level 1 ASCA Strength & Con	dition. Coach Cour	se	10									
c) Level 2 ASCA Strength & Cond	lition. Coach Cour	se	20									
*d) Other ASC Coach Education	Course (topics bel	ow)	V									
e) Other General Sports Coachir Seminar/ Lecture (approved top		nop/	V									
2. Sports Related Tertiary Study	<i> </i> :											
Human Movement Studies	b) Physical Educ	cation										
c) Recreation Management	d) Administratio	on.	10/ Unit									
3. Attendance at Other Sports I	Related Courses:											
a) First Aid Course			20									
b) Sports Trainers Course:	Level 1		20	1								
	Level 2		40									
*c) Cardio-Pulmonary Resuscita	tion (CPR) Course		V									
*d) Other Sport Related Educational Course/ Lecture/ Seminar/ Workshop (approved topics below).			V									
4. Presentations (Lectures/Sem	inars/Workshops):										
a) Present at sports related coad	ch education cours	se	2/ Hr									
					Section C.	Total =						
					Total (A +	B + C) =						
* - APPROVED & SUGGESTED T	OPICS for COURSE	S/ WORKS	HOPS/ SEMIN/	ARS/	LECTURES	/ Etc.:						
1. Energy Demands		6. Injury	Management 11. Hu				uman Resource Management					
2 Strength Training		7. Safety	y Procedures/Injury Prevention				12. Rel	12. Relating to the Media				
3. Flexibility Training		8. Legal I	Liability				13. Use of Sports Science & Information Services					
4. Nutritional Requirements		9. Talent	t Identification & Development				14. Psychological/Mental Skills Training					
5. Recovery Programs		10. Lead	dership Skills					15. Personnel Management				
		-	CODES	;			•					
P/H – Points per Hour		NA – Not	Applicable					– profes Australia		l Squash	Coaches	
V – Variable Points as follows:			TION & CLUB		TALENT DEVELOPM COACH		MENT	IENT PERFORMANCE DEVELOPMENT & PERFORMANCE CO		ENT & H		
2 Day Course/Semin	ar/Workshop	20			10			5				
• 1 Day Course/Semin	ar/Workshop	10			5			5				
1-3 Hour Lecture 2 P/H				1 P/H			1 P/H					



SQUASH AUSTRALIA TALENT DEVELOPMENT COACH PROGRAM - UPDATE CRITERIA

Squash Australia Squash Coaching Accreditation is valid for four (4) years. The period starts when a Squash Australia certificate of accreditation is issued.

Updating Points Table

For explanations of the point structure please see the end of the following page.

B. Squash Specific Practical Coaching. Hours can be obtained from your RECORDED COACHING HOURS in YOUR ASC "UPDATE" LOGBOOK.

2.	Coaching Practice (Hands On):	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
e)	Any Accredited Coaches	1/ Hr				
f)	Regional Coaches (Teams & Individuals)	1/ Hr				
g)	State Coaches	1/ Hr				
h)	Coach of State Teams (Junior &/or Senior)	20				
				Section A. Total =		
B. S	quash Specific Updating Activities (* Supporting docum	nentation to be	attached if a	vailable)	1	
4.	Coaching Course Attendance:	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
g)	Attend an Accreditation Course at the NEXT Level	100				
h)	Attend an Accreditation Course at the SAME Level	100				
i)	Attend a National Coaching Conference	10				
j)	Attend an AIS High Performance Coaching Seminar	10				
k)	Attend a SCD's or Course Presenters Workshop	10				
I)	*Attend a PSCAA, State Body Affiliate or any other Organized Workshop/ Seminar/ Lecture (approved topics below)	v				
5.	Refereeing Courses:					
c)	Attend a Refereeing/Rules Seminar or Lecture	V				
d)	Attain or Retain State of National Refereeing Badge.	5				
6.	Presentations (Lectures/Seminars/Workshops):					
f)	Presentation at Level 1 NCAS Course	1/ Hr				
g)	Presentation at National Coaching Conference	1/ Hr				
h)	Presentation at Refereeing/Rules Course or Seminar	1/ Hr				
i)	Presentation at State Coaching Directors' Workshop	1/ Hr				
j)	*Presentation at any other Squash Specific Course, Seminar or Workshop (approved topics below)	1/ Hr				
4. S	upervision of Practical Coaching:					
a) S	upervision of Apprentice or Candidate Coaches	2/ Hr				
	ccreditation as a Course Presenter and/ or ssessor at Level 1	10				
				Section B Total =		



C. General Sports Updating Act * Supporting documentation to		ilable								
1. Attendance at Coaching Courses:			Points Available	DA	TE	LOCATIO	N	TOTAL POINTS	SIGNATURE	
a) ASC/AIS Coaches Seminars			5							
b) Level 1 ASCA Strength & Condition. Coach Course			5							
c) Level 2 ASCA Strength & Condition. Coach Course			10							
*d) Other ASC Coach Education Course (topics below)			V							
e) Other General Sports Coaching Course/ Workshop/ Seminar/ Lecture (approved topics below)			V							
2. Sports Related Tertiary Study	y:									
Human Movement Studies	b) Physical Educ	ation	10/11-11							
c) Recreation Management d) Administration.		10/ Unit								
3. Attendance at Other Sports	Related Courses:									
a) First Aid Course			10							
b) Sports Trainers Course:	Level 1		10	10						
	Level 2		20							
*c) Cardio-Pulmonary Resuscita	tion (CPR) Course		V							
*d) Other Sport Related Educational Course/ Lecture/ Seminar/ Workshop (approved topics below).			v							
4. Presentations (Lectures/Sem	inars/Workshops):	<u>.</u>							
a) Present at sports related coa	ch education cours	se	1/ Hr							
				Se	ection C. To	tal =				
				<u>T</u>	otal (A + B	+ C) =				
* - APPROVED & SUGGESTED T	OPICS for COURSE	S/ WORKS	HOPS/ SEMIN/	ARS/	LECTURES/	Etc.:				
1. Energy Demands		6. Injury	Management			11. Human Resource Management				
2 Strength Training		7. Safety	Procedures/In	ijury l	ry Prevention 12. R			elating to the Media		
3. Flexibility Training		8. Legal I	Liability			13. Use of Sports Science & Information Services				
4. Nutritional Requirements 9. Talent			t Identification & Development			14. Psychological/Mental Skills Training				
5. Recovery Programs 10. Leader			lership Skills			15. Personnel Management				
			CODES							
P/H – Points per Hour NA – Not			t Applicable				PSCAA – professional Squash Coacl Ass of Australia		al Squash Coaches	
V – Variable Points as follows:		ATION & CLUB PMENT COACH		TALENT COACH	DEVELOPMENT		PERFORMANCE DEVELOPMENT & HIGH PERFORMANCE COACH			
• 2 Day Course/Semir	ar/Workshop		20			10	5		5	
1 Day Course/Semir	ar/Workshop		10			5			5	
1-3 Hour Lecture			2 P/H	P/H 1 P/H		1 P/H	1 P/H 1		1 P/H	



SQUASH AUSTRALIA PERFORMANCE DEVELOPMENT & HIGH PERFORMANCE DEVELOPMENT COACH PROGRAMS - UPDATE CRITERIA

Squash Australia Squash Coaching Accreditation is valid for four (4) years. The period starts when a Squash Australia certificate of accreditation is issued.

Updating Points Table

For explanations of the point structure please see the end of the following page.

C. Squash Specific Practical Coaching. Hours can be obtained from your RECORDED COACHING HOURS in YOUR ASC "UPDATE" LOGBOOK.

3.	Coaching Practice (Hands On):	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
i)	Any Accredited Coaches	1/ Hr				
j)	Regional Coaches (Teams & Individuals)	1/ Hr				
k)	State Coaches	1/ Hr				
I)	Coach of State Teams (Junior &/or Senior)	5				
				Section A. Total =		
B. S	quash Specific Updating Activities (* Supporting docum	nentation to be	attached if a	ivailable)		
7.	Coaching Course Attendance:	Points Available	DATE	LOCATION	TOTAL POINTS	SIGNATURE
m)	Attend an Accreditation Course at the NEXT Level	100				
n)	Attend an Accreditation Course at the SAME Level	100				
o)	Attend a National Coaching Conference	5				
p)	Attend an AIS High Performance Coaching Seminar	5				
q)	Attend a SCD's or Course Presenters Workshop	5				
r)	*Attend a PSCAA, State Body Affiliate or any other Organized Workshop/ Seminar/ Lecture (approved topics below)	v				
8.	Refereeing Courses:			·		
e)	Attend a Refereeing/Rules Seminar or Lecture	V				
f)	Attain or Retain State of National Refereeing Badge.	5				
9.	Presentations (Lectures/Seminars/Workshops):	-			-	
k)	Presentation at Level 1 NCAS Course	1/ Hr				
I)	Presentation at National Coaching Conference	1/ Hr				
m)	Presentation at Refereeing/Rules Course or Seminar	1/ Hr				
n)	Presentation at State Coaching Directors' Workshop	1/ Hr				
o)	*Presentation at any other Squash Specific Course, Seminar or Workshop (approved topics below)	1/ Hr				
4. S	upervision of Practical Coaching:	•	•	•	•	•
a) Si	upervision of Apprentice or Candidate Coaches	1/ Hr				
	ccreditation as a Course Presenter and/ or ssessor at Level 1	5				
				Section B Total =		



C. General Sports Updating Act * Supporting documentation to		ilable									
1. Attendance at Coaching Courses:			Points Available	DA	TE	LOCAT	ION	total Point		SIGNA	TURE
a) ASC/AIS Coaches Seminars			5			1					
b) Level 1 ASCA Strength & Condition. Coach Course			5			1					
c) Level 2 ASCA Strength & Condition. Coach Course			5								
*d) Other ASC Coach Education Course (topics below)			V								
e) Other General Sports Coaching Course/ Workshop/ Seminar/ Lecture (approved topics below)			V								
2. Sports Related Tertiary Study	/:		<u>.</u>								
Human Movement Studies	b) Physical Educ	cation									
c) Recreation Management d) Administration.		5/ Unit									
3. Attendance at Other Sports F	Related Courses:					•					
a) First Aid Course			5								
b) Sports Trainers Course:	Level 1		5								
	Level 2		10								
*c) Cardio-Pulmonary Resuscita	tion (CPR) Course		V								
*d) Other Sport Related Educational Course/ Lecture/ Seminar/ Workshop (approved topics below).			v								
4. Presentations (Lectures/Sem	inars/Workshops):				•			-		
a) Present at sports related coad	ch education cours	se	1/ Hr								
				9	Section C.	Total =					
					Total (A +	<u>+ B + C) =</u>					
* - APPROVED & SUGGESTED TO	OPICS for COURSE	S/ WORKS	HOPS/ SEMIN/	ARS/I	LECTURES	6/ Etc.:					
1. Energy Demands		6. Injury	Management			11. Hu	11. Human Resource Management				
2 Strength Training		7. Safety	Procedures/Ir	njury F	Prevention 12. R			elating to the Media			
3. Flexibility Training		8. Legal I	Liability				13. Use of Sports Science & Information Services				
4. Nutritional Requirements	equirements 9. Taler			t Identification & Development				14. Psychological/Mental Skills Training			
5. Recovery Programs 10. Leader			lership Skills				15. Pe	15. Personnel Management			
			CODES	;							
P/H – Points per Hour NA – Not			t Applicable					PSCAA – professional Squash Coach Ass of Australia			Coaches
V – Variable Points as follows:		ATION & CLUB PMENT COACH	1	TALEN COACH		DEVELOPMENT		OPM	MANCE PMENT & HIGH MANCE COACH		
2 Day Course/Semin	ar/Workshop	20			10			5			
1 Day Course/Semin	ar/Workshop	10			5		5				
• 1-3 Hour Lecture		2 P/H			1 P/H 1 P/H						



APPENDIX 2

PRACTICAL ASSESSMENT FORM

FOUNDATION COACHING COURSE PRACTICAL ASSESSMENT

The competencies can be shown through a combination of practical demonstrations (as part of the skills presentation in Unit 5) and theory/ worksheet (as part of the Skills Planning Activity prepared in Unit 4). A practical demonstration of coaching skills is required, by teaching a particular skill to a group of players. The coaching task should be of 5 - 10 minutes in duration.

CLUB DEVELOPMENT COACHING COURSE PRACTICAL ASSESSMENT

The competencies can be shown through a combination of practical demonstrations and theory/ worksheets as part of the theory activities throughout the course. A practical demonstration of coaching skills is required, by teaching a skill to s group of players. The coaching task should be of at least 10 - 15 minutes in duration. Any level of club level player may be involved, and course participants should preferably be used as the players.

TALENT DEVELOPMENT COACHING COURSE PRACTICAL ASSESSMENT

The competencies can be shown through a combination of practical demonstrations and theory/ worksheets as part of the theory activities throughout the course. A practical demonstration of coaching skills is required, by teaching a skill to s group of players. The coaching task should be of at least 30 - 40 minutes in duration. Any level of player may be involved, and course participants should preferably <u>not</u> be used as the players. Assessors have to right to have more than one practical assessment at this level.

PERFORMANCE DEVELOPMENT COACHING COURSE PRACTICAL ASSESSMENT

A 60 minute practical demonstration of coaching skills (excluding the warm-up) is required within a training environment. To successfully attain the Performance Development Coaching Accreditation the participant must be rated as competent on all aspects of the performance criteria. Identified talented players <u>must</u> be involved, and course participants should preferably <u>not</u> be used as the players in the practical assessment. Assessors have to right to have more than one practical assessment at this level.

HIGH PERFORMANCE DEVELOPMENT COACHING COURSE PRACTICAL ASSESSMENT

Practical demonstrations of coaching skills within the National representative competition environment. Assessment of qualifications is recognition of coaching abilities and representation together with success.



PRACTICAL ASSESSMENT OF SQUASH COACH CANDIDATES

CRITERIA	COMMENTS (feedback for candidates – Remember Positive Feedback first then identified problems finish with a positive)	COMPETENT	NOT YET COMPETENT
I. INTRODUCTION Clearly outlines the session: a) States the OBJECTIVE of the skill(s). b) Provides a VALUE for the skill(s). c) Adequately DESCRIBES how to do the skill(s). d) How the practice is to be ORGANISED. e) Introduction done in a TIMELY, FLUID & relaxed manner.	Ob V D O T		COMPETENT
 II. DEMONSTRATION Clearly provide a demonstration of the skill to be performed:			
 III. PROBLEM SOLVING a) Responded correctly to problem(s). b) Reinforced proper technique with additional communication directly after problem(s). c) Provided a flexible understanding to achieving the requirements of the skill(s) through an understanding of different learning styles and/or coaching styles. 			
 IV. CONTROL AND DELIVERY a) Organised, safe and used time effectively to meet performance requirements. b) Provide positive reinforcement. c) Positioned player(s) to be within sight throughout the practice. d) Clearly communicated positively with player(s) performing the skill(s). 			
 V. DEBRIEFING Clearly summarizes the session: a) Provided specific positive reinforcement related to the skill(s). b) Identified any problem(s) that actually occurred. c) Offered solution(s) related to the problem(s) that occurred. d) Reinforced or restated the objective. e) Reinforced a realistic value for the skill and its application. 	R P S O V		
Candidate's Signature:	Evaluator/Assessor Signature: Result:		



APPENDIX 3

FOUNDATION COACHING COURSE - PARTICIPANT EVALUATION FORM

Association/ Club:	

1. CONTENT

Please rate each unit of the Squash Australia Foundation Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Snapshot of a good Coach			
Preparing to Coach			
Working with others			
Coach in Action			
Teaching of Basic Squash Skills			

2. **RESOURCES**

Please rate the resources provided as part of the Squash Australia Foundation Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Foundation Coaching Course Participant Workbook/Worksheets			
Foundation Coaching Course Manual(s)			



3. DELIVERER

Please rate the deliverer's delivery of the Squash Australia Foundation Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Well prepared and organised for the course			
Engaged the participant's interest and took into account individual needs			
Facilitated group discussion and use questioning techniques			
Manage practical activities to allow for maximum participation and ensure safety			
Provided clear demonstrations and explanations of practical activities			
Used a range of presentation methods to deliver training			
Provided specific feedback regarding coaching techniques and assessment task.			

4. GENERAL

Please provide any other feedback



Coach Development Framework 2013 - 2014

CLUB DEVELOPMENT COACHING COURSE – PARTICIPANT EVALUATION FORM

Course Date:		
Association/ Club:	 	

1. CONTENT

Please rate each unit of the Squash Australia Club Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Being an Effective Squash Coach			
Administration and Management			
Communication			
Risk Management and Legal Issues			
Mental Preparation			
Training Programs			
Efficient Squash Stroke Development			

2. RESOURCES

Please rate the resources provided as part of the Squash Australia Club Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Club Development Coaching Course Participant Workbook/Worksheets			
Club Development Coaching Course Manual(s)			



3. DELIVERER

Please rate the deliverer's delivery of the Squash Australia Club Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Well prepared and organised for the course			
Engaged the participant's interest and took into account individual needs			
Facilitated group discussion and use questioning techniques			
Manage practical activities to allow for maximum participation and ensure safety			
Provided clear demonstrations and explanations of practical activities			
Used a range of presentation methods to deliver training			
Provided specific feedback regarding coaching techniques and assessment task.			

4. GENERAL

Please provide any other feedback



Coach Development Framework 2013 - 2014

TALENT DEVELOPMENT COACHING COURSE - PARTICIPANT EVALUATION FORM

Course Date:			
Association/ Club:	 	 	

1. CONTENT

Please rate each unit of the Squash Australia Talent Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Squash Coaching Environment			
Squash Safety			
Developing Perceptual Motor Skills			
Fitness & Training			
Practical Coaching			
Talent Development Coaching			
Player Welfare			

2. **RESOURCES**

Please rate the resources provided as part of the Squash Australia Talent Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Talent Development Coaching Course Participant Workbook/Worksheets			
Talent Development Coaching Course Manual(s)			



3. DELIVERER

Please rate the deliverer's delivery of the Squash Australia Talent Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Well prepared and organised for the course			
Engaged the participant's interest and took into account individual needs			
Facilitated group discussion and use questioning techniques			
Manage practical activities to allow for maximum participation and ensure safety			
Provided clear demonstrations and explanations of practical activities			
Used a range of presentation methods to deliver training			
Provided specific feedback regarding coaching techniques and assessment task.			

4. GENERAL

Please provide any other feedback



PERFORMANCE DEVELOPMENT COACHING COURSE - PARTICIPANT EVALUATION FORM

Course Date:			
Association/ Club:	 	 	

1. CONTENT

Please rate each unit of the Squash Australia Performance Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
The Australian Squash Coaching Environment			
Management of the training process for talented athletes			
Management & Leadership Skills for High Performance Coaches			
Teaching, Communication & Coach-athlete Relationship skills			
Planning Athlete Development			
Developing Athlete Abilities for Competition Performance			
Additional Factors affecting Performance			

2. RESOURCES

Please rate the resources provided as part of the Squash Australia Performance Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Performance Development Coaching Course Participant Workbook/Worksheets			
Performance Development Coaching Course Manual(s)			



3. DELIVERER

Please rate the deliverer's delivery of the Squash Australia Performance Development Coaching Course using the table below (tick appropriate box)

Unit	Very Useful	Useful	Not Useful
Well prepared and organised for the course			
Engaged the participant's interest and took into account individual needs			
Facilitated group discussion and use questioning techniques			
Manage practical activities to allow for maximum participation and ensure safety			
Provided clear demonstrations and explanations of practical activities			
Used a range of presentation methods to deliver training			
Provided specific feedback regarding coaching techniques and assessment task.			

4. GENERAL

Please provide any other feedback



GENERAL CODE OF BEHAVIOUR

As a member of Squash Australia, a member association or an affiliated club or a person required to comply with Squash Australia's MPP, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Squash Australia, a member association or an affiliated club and in any role you hold within Squash Australia, a member association or an affiliated club.

- a. Respect the rights, dignity and worth of others.
- b. Be fair, considerate and honest in all dealing with others.
- c. Be professional in, and accept responsibility for, your actions.
- d. Make a commitment to providing quality service.
- e. Be aware of, and maintain an uncompromising adhesion to, Squash's standards, rules, regulations and policies.
- f. Operate within the rules of the sport including national and international guidelines which govern Squash Australia, the member associations and the affiliated clubs.
- g. Do not use your involvement with Squash Australia, a member association or an affiliated club to promote your own beliefs, behaviours or practices where these are inconsistent with those of Squash Australia, a member association or an affiliated club.
- h. Demonstrate a high degree of individual responsibility especially when dealing with persons less than 18 years of age, as your words and actions are an example.
- i. Avoid unaccompanied and unobserved activities with persons less than 18 years of age, wherever possible.
- j. Refrain from any form of harassment of others.
- k. Refrain from any behaviour that may bring Squash Australia, a member association or an affiliated club into disrepute.
- I. Provide a safe environment for the conduct of the activity.
- m. Show concern and caution towards others who may be sick or injured.
- n. Be a positive role model.
- o. Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour.
- p. Shall not enter into any wager in connection with any squash event within my control or influence.

COACH CODE OF BEHAVIOUR

In addition to Squash Australia's General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Squash Australia, a member association or an affiliated club and in your role as a coach appointed by Squash Australia, a member association or an affiliated club:

I,_____agree to: Full Name

- a. Do not tolerate acts of aggression.
- b. Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overly negative feedback. Help each athlete reach their potential - respect the talent, developmental stage and goals of each athlete and compliment and encourage with positive and supportive feedback.
- c. Recognise players' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
- d. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions. Ensure your actions contribute to a harassment free environment.
- e. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
- f. Involve the players in decisions that affect them.
- g. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
- h. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the players. Ensure your actions contribute to a safe environment.
- i. Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development.
- j. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result. Refrain from any form of sexual harassment towards athletes. Any physical contact with a person should be appropriate to the situation and necessary for the player's skill development.
- k. Avoid situations with your players that could be construed as compromising. Ensure interaction with persons under the age of 18 years is appropriate and that unaccompanied and unobserved activities are avoided wherever practical.
- I. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances. Adopt appropriate behaviour in relation to the use of alcohol and recreational and performance enhancing drugs.
- m. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
- n. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules. Respect officials' decisions.
- o. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules. Operate within the rules and spirit of your sport, promoting fair play over winning at any cost.
- p. Be honest and ensure that qualifications are not misrepresented.



Coach Development Framework 2013

- q. Treat all players with respect at all times. Be fair, considerate, honest and consistent with them. Treat each person as an individual.
- r. Refrain from conduct, which could be regarded as harassment towards your players and other coaches, officials and parents. Display control, tolerance and courtesy to all involved with the sport.
- s. Encourage opportunities for participants to learn appropriate behaviours and skills.
- t. Encourage participation in all aspects of the sport.
- u. Act with integrity and accept responsibility for your actions.
- v. Shall not enter into any wager in connection with any squash event within my control or influence.

SQUASH AUSTRALIA CODE OF BEHAVIOUR FOR COACHES. (THE CODE) AGREEMENT FORM For Accreditation or Re-accreditation to the National Coaching Accreditation Scheme (NCAS)

TO: SQUASH AUSTRALIA

١,	of
Full Name	Address
	Dant Carla
Address (cont)	Post Code

I am seeking accreditation / re-accreditation (*please circle*) for the following Squash Australia coaching qualification:

SQUASH Foundation Squash Coach/ Club Development Coach/ Talent Development Coach / Performance Development Coach/ High Performance Development Coach (please circle)

I agree to the following terms:

- 1. I agree to abide by the Squash Australia Coaches Code of Behaviour.
- 2. I acknowledge that Squash Australia may take disciplinary action against me, if I breach the code of behaviour. I understand that Squash Australia is required to implement a complaints handling procedure in accordance with the principles of natural justice, in the event of an allegation against me.
- 3. I acknowledge that disciplinary action against me may include de-accreditation from the National Coaching Accreditation Scheme.

Signed:	(Under 18? - Parent/guardian to sign)
Name (printed)	Date

Please refer to the Squash Australia Member Protection Policy, for further details.



PROTECTIVE EYEWEAR INDEMNITY AND WAIVER - SQUASH COACH (OPTIONAL)

This protective eyewear indemnity and waiver applies to certain groups and individuals who are participating in competitions or programs, which are organised or sanctioned by Squash Australia and/or any of its member associations and affiliates:

۱,		
	Full Name	
Of address		
		Postcode
Phone	Mobile	
Email		

Have read and understood the contents of the Squash Australia's Regulation 42 – Protective Eyewear.

I understand that I am obligated to wear protective eyewear under paragraph 9 of Regulation 42. I am required to sign a Protective Eyewear Indemnity and Waiver from under paragraph 10, because I will be participating in the on court training of athletes older 19 YAG, in which I have elected not to wear protective eyewear.

In consideration of being permitted to participate in the on court training of athletes older than 19 YAG without protective eyewear, I hereby agree to:

- a. Release, discharge and forever hold harmless Squash Australia, its agents, employees, servants and representatives from any actions, claims, demands, suits, proceedings, costs, expenses or losses which I may now have or could have against Squash Australia, in respect to:
 - i. Any eye injury of whatsoever kind arising directly or indirectly from any act, neglect or fault (whether negligent or otherwise) on the part of Squash Australia and connected with my participation in the above event through not wearing protective eyewear; and
 - ii. Medical treatment conducted on me for injury sustained in the above event though not wearing protective eyewear.
- b. Indemnify and keep indemnified Squash Australia, its agents, employees, servants and representatives from all existing and future actions, potential causes of actions, claims, demands, suits proceedings, costs, expenses or losses which I may now have or could have against Squash Australia.

Signatories to this form must read Squash Australia's Regulation 42 before signing:

Signature of Coach	Date
Signature of Witness	Date
Name of Witness (printed)	Appointment

IF YOU CHOOSE TO SIGN THIS FORM, PLEASE ENSURE THAT YOU SEND THIS FORM BACK TO YOUR DELIVERER WITH ALL OTHER FORMS OUTLINED IN THE CHECKLIST. YOUR APPLICATION WILL NOT BE PROCESSED UNTIL ALL THE REQUIRED INFORMATION HAS BEEN FORWARDED FROM YOUR DELIVERER TO SQUASH AUSTRALIA



FOUNDATION COACHING COURSE - CANDIDATE INFORMATION AND TRAINING RECORD FORM

Name:	 	
Name:	 	

Course Date: ______Deliverer (Assessor): ______

The following competencies can be shown through a combination of practical demonstration (as part of the skill presentation) and theory / worksheets (as part of the Skill Planning). A practical demonstration of coaching skills is required, by teaching a particular skill to a group of players.

Unit	Comment	Competent	Not yet Competent
Snapshot of a good Coach			
Preparing to Coach			
Working with others			
Coach in Action			
Teaching of Basic Squash Skills			

Deliverer's Decision:

NOT YET COMPETENT

Deliverer's Comments: (if required)

Coach Candidate's Signature:	Date:
	-
Deliverer's Signature:	Date:



CLUB DEVELOPMENT COACHING COURSE – CANDIDATE INFORMATION AND TRAINING RECORD FORM

Name: _____

Course Date: ______Deliverer (Assessor): _____

The following competencies can be shown through a combination of practical demonstration (as part of the skill presentation) and theory / worksheets (as part of the Skill Planning). A practical demonstration of coaching skills is required, by teaching a particular skill to a group of players.

Unit	Comment	Competent	Not yet Competent
Being an Effective Squash Coach			
Administration and Management			
Communication			
Risk Management and Legal Issues			
Mental Preparation			
Training Programs			
Efficient Squash Stroke Development			

Deliverer's Decision:

NOT YET COMPETENT

Deliverer's Comments: (if required)

Coach Candidate's Signature:	Date:
Deliverer's Signature:	Date:



TALENT DEVELOPMENT COACHING COURSE – CANDIDATE INFORMATION AND TRAINING RECORD FORM

Name:

Course Date: ______Deliverer (Assessor): ______

The following competencies can be shown through a combination of practical demonstration (as part of the skill presentation) and theory / worksheets (as part of the Skill Planning). A practical demonstration of coaching skills is required, by teaching a particular skill to a group of players.

Unit	Comment	Competent	Not yet Competent
Squash Coaching Environment			
Squash Safety			
Developing Perceptual Motor Skills			
Fitness & Training			
Practical Coaching			
Talent Development Coaching			
Player Welfare			

Deliverer's Decision:		NOT YET COMPETENT
Deliverer's Comments: (if required)		
Coach Candidate's Signature:	Date:	
Deliverer's Signature:	Date:	



PERFORMANCE DEVELOPMENT COACHING COURSE – CANDIDATE INFORMATION AND TRAINING RECORD FORM

Name: _____

Course Date: ______Deliverer (Assessor): ______

The following competencies can be shown through a combination of practical demonstration (as part of the skill presentation) and theory / worksheets (as part of the Skill Planning). A practical demonstration of coaching skills is required, by teaching a particular skill to a group of players.

Unit	Comment	Competent	Not yet Competent
The Australian Squash Coaching Environment			
Management of the training process for talented athletes			
Management & Leadership Skills for High Performance Coaches			
Teaching, Communication & Coach-athlete Relationship skills			
Planning Athlete Development			
Developing Athlete Abilities for Competition Performance			
Additional Factors affecting Performance			

Deliverer's Decision:		NOT YET COMPETENT
Deliverer's Comments: (if required)		
Coach Candidate's Signature:	Date:	
Deliverer's Signature:	Date:	



SQUASH COACH APPLICATION

OFFICE USE ONLY #
Cert. Date
Ву

NOTE: All applicants must be approved and must be in good standing with the Squash Australia and the State Sporting Organisation in which they reside. Send all required materials and course fees to Squash Australia, State Sporting Organisation or Course Coordinator

CHECK ONE	□ Foundation □ High Perform	Club Development ance Development	□ Talent Deve □ Deliverer	elopment	Performance Development Reaccreditation
PLEASE PRINT	OR TYPE	Check here if this is a	change of addre	ss and you	want our records changed accordingly.
Name					Accreditation No
First		Initial	Last		If previously accredited
Country		Post Co	ode		
Home Phone (<u>)</u>	Busines	ss ()		
Mobile		Fax ()		
			f Birth/		Sex 🗆 M 🗆 F Occupation
I currently hav	e membership fo	r		. ,	🗆 I need to join
		D PSCAA	🗌 Otł	ner (please spec	ify & supply a copy for records)
COURSE SPECIFI	CATIONS				
		te or 🛛 Coach Assessor Candida	te for the course to	be held on _	
					(Inclusive Dates – Day/Month/Year)
At	(Location – City/State/Terr	itory/Country)			(Squash Centre/Club)
correct to the best of	, ,	Candidate Signature			Date (Day/Month/Year)
I certify the above na further certify this in	dividual has complete	ompleted all required segments a	ash Australia's appr	opriate NCAS	relation to the ASC NCAS approved coaches program. I level for Coach Education Training as set by Squash ached to this application.
Course Coordina	tor Name				State/Territory
Course Coordina	tor Signature				Date
CANDIDATE CHE					PAYMENT METHOD
Application comple	eted in Full			S	see current price list for payment information.
🗌 Squash Coach Can	didate Information an	nd Training Record Completed & a	ittached		Direct Deposit (Contact the Squash Australia office)
	0	Form signed & attached			Credit Card MasterCard VISA
		ier – Squash Coach (optional)			
		priate to state or territory legislati			
		ching Course & certificate attache gned to the coach education leve		(Card No Expiration Date/CCV
		check with individual course requirements)	I	C	
					Cardholder Name
					Cardholder Signature
OFFICE USE ONLY					
		State Approval Representative			
	ments Meet: Yes □ or nt Manager Signature	No 🗆 Squash Australia Appro			Australian Government Australian Sports Commission Acc