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Guiltiest Pleasures: Food Industry Folks Admit Their Most Shameful Cravings

By **James Mulcahy** and **Kelly Dobkin**

Local cuisine, grass-fed beef, raw vegetables - yeah, yeah, yeah - sometimes all you really want is a Snickers, or a big, greasy bite of fast food. Even though chefs and other food-world folks are frequently dealing with high-quality ingredients, they surely like to indulge. We asked some top names in the biz to fess up about their indulgences - the results might not be pretty, but they sure are tasty. Click through the below slideshow of food-world guilty pleasures (if only because it will make you feel better about your cravings), and let us know what foods you secretly scarf in the comments.



Daniel Holzman, Executive Chef/Co-Owner, [The Meatball Shop](#), NYC

"I'm on a binge as we speak. Pinwheels get me, I went through a box tonight, really hard to say no when they're so good. I'm also a huge fan of Keebler's Fudge Stripes. I don't know why more people don't talk about them, they may actually be the single most delicious foodstuff ever created."

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