

# YOUR ROADMAP TO REIGNITING CLINICAL SUPERVISION

Name: \_\_\_\_\_

## Act I

### The Challenge We Face

Psychotherapists' Pain Points

1. Welcome & 2. Instructions

3. The Dream Exercise

4. Coaching for Performance

5. Coaching for Development

6. My Story as a Supervisee

7. The Real Problem in Traditional Supervision

8. Self-Assessment Bias

9. Seeing Patterns... When There Aren't Any.



Milestone #1

## Act II

### The Actual Solutions

Let's Get Into The Weeds

10. The Use of Measures

11. How to Interpret Outcomes Graph

12. How to Interpret Alliance Graph

13. An Exercise: Rate & Predict

14. How Effective Am I? How Effective is my Supervisee?

15. Professional Development Stages

16. Recording Your Sessions: Why? And How?

17. Closing The Loop

18. Impact of Session Grid

19. It's Time to Timestamp

20. Self-Supervision



Milestone #2



Milestone #3



Milestone #4

## Act III

### The Way Out

Reigniting Our Vision

21. The Inevitable in the Future of Psychotherapy

22. You are 3 Persons in 1

23. Routine Outcome Monitoring (ROM)

24. My Story, My Outcomes

25. Make It Visible

26. Safety in Person & Numbers

27. The Four Pillars of Deliberate Practice

28. The Supervisor

29. Learning Objectives

30. Feedback

31. Successive Refinement

32. Building a Portfolio of Mentors

33. Performance Feedback vs. Learning Feedback

34. The Circle of Development (COD)

35. Energy Management vs. Energy Diffusion

36. What are the Key Therapeutic Factors?

37. The Lead vs Lag Measures in Psychotherapy

38. Agency Pitfalls to Watch Out For



Milestone #5

## CLOSE

### Pulling It All Together

Joining The Dots

39. Joining the Dots

40. My Gift to You (Bonus Contents)

41. Going Further: References & Resources



Certificate of Honor

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