



BADMINTON STUDY GUIDE



HISTORY

The game of badminton has been around for a number of years. Historians believe that a very similar game (called battledore) was played in China over 2,000 years ago. However, badminton as is presently known is believed to have originated from a game called Poona that was played by English Army officers stationed in India during the 17th century. Badminton has now been included as full fledged medal sport in the Olympic Games. Although courts can be set up outdoors, competitive badminton is generally played indoors where the wind and elements will not affect the shuttle.

EQUIPMENT

- Rackets
- Shuttle/Shuttlecock/Birdie
- Net



COURT

The official badminton court is 44 feet long. The doubles court is 20 feet wide, while the singles court is 17 feet wide. The net is 5 feet at the center and 5 feet 1 inch at the post.

SCORING

Badminton is now RALLY SCORING to 21 points and win by TWO unless you reach 30 points.

SOME SIMPLE RULES TO REMEMBER

SERVING COURT SINGLES LONG and NARROW (SEE DIAGRAM)

SERVING COURT DOUBLE SHORT and WIDE (SEE DIAGRAM)

A player must serve underhanded and in the correct serving box. (DIAGONALLY)

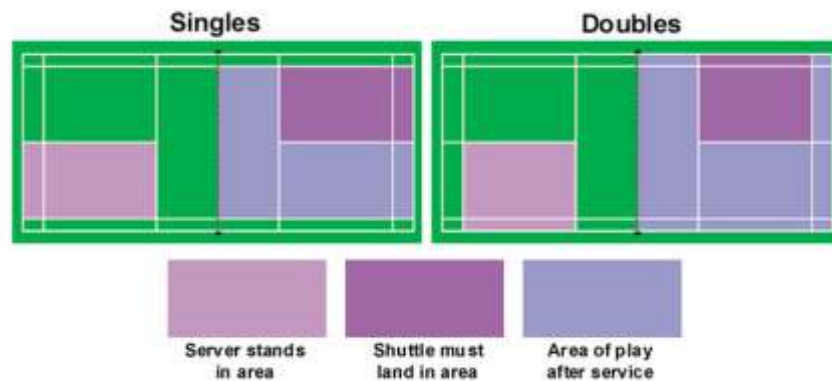
If a player or a team score is ZERO, TWO, or an EVEN number they serve from the **RIGHT**.

If a player or a team score is ONE, THREE, or an ODD number they serve from the **LEFT**.

SERVICE REMINDERS

Must wait on serve to reach box before you return it, no sitting at net and spiking serve.

SERVICE AREA is not at back of court like in TENNIS.



Badminton Terms

Alley: The 1 ½ foot-wide area on each of the court that it used for doubles.

Backcourt: The back third of the court.

Backhand: A stroke made on the non-racket side of the body.

Baseline: The back boundary line of the court.

Centerline: The mid-line separating the service courts.

Clear: A high shot that goes over your opponent's head and lands close to the baseline.

Drop: A shot that just clears the net, then falls close to it.

Game Point: The point which, if won, allows the server to win the game.

Long Serve: A high, deep serve landing near the long service line in doubles or back boundary line in singles.

Rally scoring: is when there is a point scored on every play, regardless of who served.

Server: The player who puts the shuttle into play.

Short Serve: A serve that barely clears the net and lands just beyond the short service line

Shuttlecock: The feathered, plastic, or nylon object that is volleyed back and forth over the net. (aka BIRDIE)

Smash: An overhead stroke hit downward with great velocity and angle.