

## THE FULL COMPLIMENT SANDWICH

I really adore your big heart and fun sense of humor. You really make me laugh. I want to have a loving and real relationship with you.

But sometimes your jokes feel really mean. I feel like you're using humor as a cover up for insulting me.

I know you have a big heart, and care about me, and care about people. I'm bringing this up so you'll know how I feel when you tease me, because you might not know, and I really want us to have the best relationship.

