



**BUILDING
HAPPINESS**

ARIADNE BRILL, C.P.D.P.E.
POSITIVE PARENTING CONNECTION



Challenges & Strengths

Which behavior challenges you are experiencing at home?

Lack of listening

Back talk

Interrupting

Homework hassles

Bedtime fights

Dawdles to leave the house

Struggles with self care
tasks (shower, brushing
teeth, getting dressed)

Refuses to help

Demands to be served

Expects bribes

Works only for rewards

Aggression

Biting, Hitting

Can't share

Conflicts with siblings

Rude words / insults

Whining

Tantrums

Screaming Outbursts

Stealing

Lying

Dishonesty

Screen struggles

Defiance / Strong Willed

Name calling

Other:



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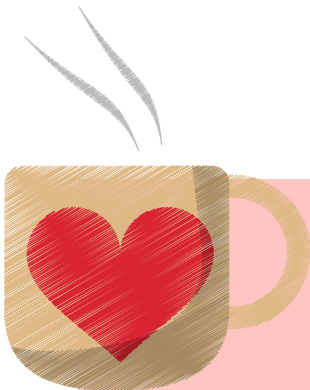


Challenges & Strengths

Check off which qualities, characteristics, and life skills your child needs to be capable, confident and happy:

Flexibility
Compassion
Self-Discipline
Responsibility
Accountability
Cooperative Skills
Capability & Self-Esteem
Good Communication Skills
Ability and Drive to Contribute

Kindness
Honesty
Respect for self and others
Sense of Humor
Problem Solving skills
Resiliency
Curiosity
Motivation
Emotional Intelligence



"Children learn what they live." Dorothy Law Nolte

"To teach is to learn twice." J. Joubert