

## Up From Slavery

### Chapter 1

Of course as the war was prolonged the white people, in many cases, often found it difficult to secure food for themselves. I think the slaves felt the deprivation less than the whites, because the usual diet for the slaves was corn bread and pork, and these could be raised on the plantaion; but coffee tea sugar and other articles which the whites had been accustomed to use could not be raised on the plantation and the conditions brought about by the war frequently made it impossible to secure these things.