

# ITF PLAY TENNIS COURSE

## PARTICIPANT PROFILE COMPETENCIES



The following are attributes of those people who take the Play Tennis Course. The points in *italics* are attributes the participant will develop during the course. The participants should fulfil all or most of the other attributes before taking the course.

### 1. JOB DESCRIPTION

The participant:

- 1.1. is a coach, school teacher, sport leader etc, working in a club or school
- 1.2. works or will work with adults and /or junior starter players
- 1.3. works or will work with groups of players
- 1.4. may assist other more experienced coaches in running the basic club programme
- 1.5. participant may assist or lead the organisation of events and tournaments

### 2. KNOWLEDGE

- 2.1 *Ability to organise a group of starter players safely, rotating players and modifying balls, courts and rules when necessary, in order to provide optimal challenge for all players*
- 2.2 *Understanding of how to communicate effectively with groups of starter players (enthusiasm, demonstrations, good body language, simple instructions, positive feedback)*
- 2.3 *Teaching ability: understanding the importance of setting up simple practices that allow players to play the game at a basic level, correct use of demonstrations, correct use of enjoyment activity and purpose in each session*
- 2.4 *Tactical: knowledge of the basic game situations that are appropriate to starter players*
- 2.5 *Technical: knowledge of very basic techniques that may help starter players to play the game more effectively*
- 2.6 *Diagnosis and correction: ability to make very simple tactical and technical corrections to help starter players play the game more effectively*
- 2.7 *Basic knowledge of rules of tennis*

### 3. PLAYING LEVEL

- 3.1 Ability to have a basic rally with a starter player using the slower balls
- 3.2 *Ability to demonstrate the basic strokes*
- 3.3 *Ability to feed by hand and from the basket*

### 4. PERSONAL ATTRIBUTES

- 4.1 Interest/enthusiasm in working with groups of starter players
- 4.2 Good personality, which will encourage and enthuse starter players to play more often
- 4.3 *Good basic communication skills (voice, body language, feedback, humour, language, enthusiasm)*
- 4.4 Good appearance
- 4.5 Good personal attitude (time keeping, reliable, interest in starter players)