

# BIBLICAL COUNSELING

## 1: What is Biblical Counseling?

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### I. Types of Counseling

A. Clinical Counseling

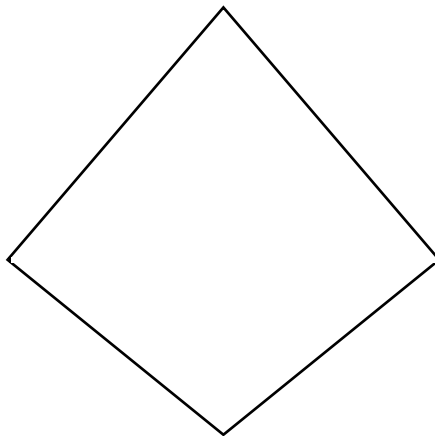
B. Pastoral Counseling

C. Biblical Counseling

### II. What we mean by “Biblical”

1. The Bible is primary

2. Wesleyan Quadrilateral<sup>1</sup>



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<sup>1</sup> McMinn, Mark R., and Clark D. Campbell. Integrative Psychotherapy: Toward a Comprehensive Christian Approach. Downers Grove, IL: InterVarsity, 2007. 207-14. Print.

### III. Biblical Counseling Approaches<sup>2</sup>

#### A. Nouthetic Counseling

#### B. The Integrationist Position

### IV. The Biblical Counseling Process

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<sup>2</sup> Clinton, Timothy E., and George W. Ohlschlager. *Competent Christian Counseling*. Colorado Springs, CO: WaterBrook, 2002. 44-46. Print.