**COACH OF ADVANCED PLAYERS COURSE**
**INDIVIDUAL LESSON ASSESSMENT SHEET**

**CANDIDATE'S NAME:**                                      **DATE:**

**1ST TRY**

| COACHING COMPETENCY AREA | Mark √ x | GENERAL COMMENTS |
|---|---|---|
| **I.  ORGANISATION (INDIVIDUAL LESSON): The candidate is able to…** | | |
| **Assessment and diagnosis**: Create situations to observe student's ability, and perform an appropriate technical and/or tactical diagnosis. | | |
| **Explanation and demonstration:** Provide a clear explanation and demonstration of all teaching  points. | | |
| **Drill progressions/Time management**: Effectively use difficulty, load, rhythm, and optimal challenge in drills and use time effectively. | | |
| **Technical knowledge:** Display an adequate knowledge of essential techniques. | | |
| **Tactical knowledge:** Display an adequate knowledge of tactics and strategy. | | |
| **Feeding:** Appropriate use, specificity of rhythm, spin, speed, court position, ... | | |
| **Teaching aids (targets, etc.)**: Adequate use, court position, specific to the drill and playing level of players, … | | |
| **Teaching styles:** Use command, guided discovery, and problem solving teaching styles accordingly. | | |
| **Correction process/Techniques/Tips**: Effectively help the player improve (efficiency / effectiveness). | | |
| **Safety:** Maintain a safe playing environment. | | |
| **OVERALL MARK  ( 1 - 5 )** | | |
| **II. COMMUNICATION (INDIVIDUAL LESSON): The candidate is able to …** | | |
| **Voice & language:**  Use the appropriate voice (loud, variety of speed, pitch, tone) and language (clear and concise). | | |
| **Body language**: Project a positive image, smile, and effectively use eye contact. | | |
| **Feedback**: Give an ppropriate ratio of praise and criticism, using specific and meaningful feedback. | | |
| **Professional Image:** Project a professional image (clothes and general appearance). | | |
| **Enthusiasm/personal motivation as a coach/use of humour:** Encourage student and be willing to listen/learn. | | |
| **OVERALL MARK  ( 1 - 5 )** | | |

**GENERAL COMMENTS (INDIVIDUAL LESSON ASSESSMENT):**

**CANDIDATE GRADING SYSTEM FOR THIS ASSESSMENT:**

Grades 5, 4 and 3 are pass marks. Marks lower than 3 are fail marks in this assessment.

**FINAL STATUS FOR THIS ASSESSMENT:**

**ITF ASSESSORS:**