



For Anthem Members

Get Rewarded FOR WHAT YOU DO!



Qualify for a \$125 gift card when you complete REEP Wellness activities!

Earn your reward by completing the required steps between: **July 2, 2019 and May 31, 2020.**

Here's how to do it:

Step 1: Visit <https://reepwellness.biovia.healthfitness.com>

Step 2: Register on the REEP Wellness website by clicking on "Set Up Account". Or, if you are already registered on the HealthFitness website, log in with your Username and Password.

Step 3: After logging into the site, complete the below list of wellness activities. One \$125 gift card will be provided after the completion of all required wellness activities.

Reward Requirements	Rewards
Register on REEP Wellness website and complete a Health Assessment	
Confirm an up-to-date Biometric Screening by submitting a Physician Results Form (completed by your primary care physician)*	
Earn 125 wellness points by completing qualifying wellness activities	
Total rewards earned after completing all required wellness activities	\$125

Qualifying Wellness Activities	Wellness Points	Max Points
Cancer Screening Compliance (Recommended screenings determined by physician based on age, gender and risk.)	50 pts for screening compliance	50 pts
Keep America Active™ Online Challenge	50 pts for completion of challenge	50 pts
HealthTrails™ Online Challenge	50 pts for completion of challenge	50 pts
HealthFitness Health Coaching	25 pts per completed goal	100 pts

- ✓ Lifestyle Management: Includes assistance with nutrition, exercise, weight management, stress and tobacco cessation.
- ✓ Condition Management: Includes assistance with asthma, coronary artery disease, congestive heart failure, COPD, diabetes, back and neck pain, and depression.

Step 4: After completing your steps on the REEP Wellness website, click "Redeem Rewards" to order your gift card(s). Gift cards are sent via mail and will be received 4-6 weeks after they are redeemed. If you have questions or would like to enroll in coaching, please call: **1-800-801-3834**

***Physician Results Form can be printed off the HealthFitness Website.**

Eligibility for the Gift Card Rewards Program:

The gift card rewards program is only available to REEP subscribers enrolled in Anthem Blue Cross HMO, traditional PPO, HSA-compatible PPO plans. Dependents, spouses, and domestic partners are not eligible for gift cards (unless they are also REEP member school district employees, who must call 800-801-3834 to receive their earned rewards), but are strongly encouraged to participate in the REEP Wellness Program. Please note that gift cards are taxable by the IRS as employee income.

Protection and Use of Personal Information:

Personal information obtained through the REEP Wellness program will be collected, securely stored, and used by HealthFitness, an independent third-party vendor, to provide wellness program services to participants. Your individual results will not be shared with REEP or any other entity, except when required by law. A summary of the group results, with no personal identifiers, will be provided to REEP for designing effective wellness initiatives for REEP members.