Participant Number

**Motivation and Knowledge Questionnaire (Pre-Intervention)**

Please read and answer the following questions. Remember, all data are anonymous.



**Age**

**…………………………………………………………………………………..**

**Gender**

**…………………………………………………………………………………..**

**Ethnicity**

**…………………………………………………………………………………..**

**Year of Qualification**

**…………………………………………………………………………………..**

Please read and answer the following questions before and after the Toothpics unit. Remember, all data are anonymous.

1. In the last WEEK, how many conversations have you had with a patient to help them make lifestyle changes? (Please estimate a number)

☐ None

☐ 1-2

☐ 3-5

☐ 6-9

☐ 10-19

☐ 20-49

☐ 50+

1. I am confident in my ability to have conversations with patients to help them make lifestyle changes

☐ Strongly disagree

☐ Disagree

☐ Slightly disagree

☐ Neither agree or disagree

☐ Slightly agree

☐ Agree

☐ Strongly agree

1. People who I work with think that I should be having conversations with patients to help them make lifestyle changes

☐ Strongly disagree

☐ Disagree

☐ Slightly disagree

☐ Neither agree or disagree

☐ Slightly agree

☐ Agree

☐ Strongly agree

1. I have sufficient time to have conversations with patients to help them make lifestyle changes

☐ Strongly disagree

☐ Disagree

☐ Slightly disagree

☐ Neither agree or disagree

☐ Slightly agree

☐ Agree

☐ Strongly agree

1. For me, it is easy to have conversations with patients to help them make lifestyle changes

☐ Strongly disagree

☐ Disagree

☐ Slightly disagree

☐ Neither agree or disagree

☐ Slightly agree

☐ Agree

☐ Strongly agree

1. If I have conversation with patients to help them make lifestyle changes, they’re more likely to change their lifestyle than if I don't

☐ Strongly disagree

☐ Disagree

☐ Slightly disagree

☐ Neither agree or disagree

☐ Slightly agree

☐ Agree

☐ Strongly agree

1. I have deliberately planned when, where and how to have conversations with patients to help them make lifestyle changes

☐ Strongly disagree

☐ Disagree

☐ Slightly disagree

☐ Neither agree or disagree

☐ Slightly agree

☐ Agree

☐ Strongly agree

1. When I am working with patients I think about having conversations with them to help them make lifestyle changes

☐ Strongly disagree

☐ Disagree

☐ Slightly disagree

☐ Neither agree or disagree

☐ Slightly agree

☐ Agree

☐ Strongly agree

1. It is part of my role to have conversations with patients to help them make lifestyle changes

☐ Strongly disagree

☐ Disagree

☐ Slightly disagree

☐ Neither agree or disagree

☐ Slightly agree

☐ Agree

☐ Strongly agree

1. For every 10 patients you see, with how many would you expect to have a conversation to help them make lifestyle changes?

☐ 0

☐ 1

☐ 2

☐ 3

☐ 4

☐ 5

☐ 6

☐ 7

☐ 8

☐ 9

☐ 10