

# **TUTORIAL SUMMARY &** SUBMISSION INFO

The document is to provide you with all you need to know to submit your tutorial and bonus content activities for CMTE/CPD credit. If you wish you may submit this doc with your bonus content activities.

#### **Tutorial outline**

#### **Overview**

- 1. Introduction, overview and learning outcomes

- Introduction, overview and learning of
   Needing a song for lyric analysis
   Finding songs
   Evaluating your song choices
   Preparing your song
   Presenting your song
   Analysing your song with your clients
   Alternate lyric analysis
- 9. Summary & bonus content activities

## **Learning Objectives**

- 1. Set lyric analysis goals for a variety of clients in behavioural health
- 2. Explore a range of ways to find the best song to fit those goals
- 3. Evaluate lyrics' impact from the standpoint of the individual word through the gestalt
- 4. Choose different musical styles to accompany lyrics with which to have different effects
- 5. Learn how to present lyrics to visual, auditory, and kinesthetic learners
- 6. Widen your own perspective on analysis

# **Tutorial Summary**

This tutorial is a current look at lyric analysis in mental health and addiction settings, offering a range of practical methods to implement lyric analysis into clinical practice. The tutorial includes goal setting, how to find, select, and prepare songs, and offers a number of methods for presenting lyric analysis to your clients. Danny draws on current research and his extensive experience successfully implementing this method in behavioural health settings. Accompanying the tutorial Danny has included a list of refereed journal articles for review, 1:1 supervision and an accompanying workbook to maximise understanding of this topic and earn extra CMTE/CPD credits.

#### **Submission for CMTE/CPD Credit**

On completion of your online tutorial you will automatically receive a certificate of completion to verify you have completed your tutorial. You can submit this to your CBMT/CPD organization as a professional

development activity. For MT-BC's in the US and Canada you can submit your certificate in the non-approved self-study category.

### **Bonus Content Activities**

#### WORKBOOK

If you have completed the reflection workbook as a bonus content activity then you can send it to <a href="mailto:jacinta@musictherapyonline.org">jacinta@musictherapyonline.org</a> for verification. Once your submission has been verified you will be emailed a certificate of completion for the workbook for 1 CMTE/CPD credit.

#### ARTICLE REVIEW

If you have completed an article review as a bonus content activity then you may be able to submit this directly to your CMTE/CPD organization for 1 CMTE/CPD credit per review. If you require a certificate of completion then please forward your completed review to <a href="mailto:jacinta@musictherapyonline.org">jacinta@musictherapyonline.org</a> to receive your completion certificate. You can then submit this to your local CBMT/CPD organisation.

## **CBMT Domains**

For music therapists from the US & Canada this tutorial can be submitted as a non-approved self-study option and covers the following CBMT Board Certified Domains:

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I REFERRAL, ASSESSMENT, AND TREATMENT PLANNING
B Assessment - 4c, k. 7. 10. 13a.
C Interpret Assessment Information & Communicate results - 3.
D Treatment Planning 8. 9. 10. 11. 12. 14. 15. 16.
II TREATMENT IMPLEMENTATION AND TERMINATION
A Implementation
1. a. b. c. d. e. h.
2. a., b. c., e. f., g. k. l. o. q. s. u. w. x. y. ag. aj. ak. an. ao. ap. ag. at. av. ba.
3. b. f.
4. e. l.
5. b. g. h. k. l. m. n. r. s. t. v. x. ab.
B Safety - 2.3.
III ONGOING DOCUMENTATION AND EVALUATION OF TREATMENT
A Documentation - 1, 2, 3,
B Evaluation - 1.7.
IV PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES
A Professional Development - 3.
B Professional Responsibilities - 3. 4. 9.
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### THANK YOU!

Thanks very much for purchasing a music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta