

Perris Union High School District

2018/2019 WINTER LUNCH MENU **HIGH SCHOOL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chili Cheese Wedges w/ Corn Chips	Stuffed Cheese Stick with Marinara Sauce	Western Cheeseburger	Orange Chicken Bowl	Rib B Que Sandwich
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Pizza, Variety	Cheeseburger	Pizza, Variety	Cheeseburger	Pizza, Variety
Uncrustable	Grilled Bean & Cheese Burrito	Grilled Bean & Cheese Burrito	Grilled Bean & Cheese Burrito	Uncrustable
Yogurt Parfait W/Fruit & Granola	Yogurt Parfait W/Fruit & Granola	Yogurt Parfait W/Fruit & Granola	Yogurt Parfait W/Fruit & Granola	Yogurt Parfait W/Fruit & Granola
Turkey & Cheese Sub Sandwich	Southwest Chicken Salad	Turkey & Cheese Sub Sandwich	BBQ Chicken Salad	Turkey & Cheese Sub Sandwich

Bear Cookie	Bear Cookie	Bear Cookie	Bear Cookie	Bear Cookie
Frozen Fruit Cups	Pears	Apples	Dried Fruit Mix	Frozen Fruit Cups
Plums	Peaches or Mixed Fruit	Craisins	Local Fruit Choice	Blueberry Yogurt Cup
Green Beans	Grape Tomatoes	Cucumbers	Celery Sticks	Baby Carrots, Variety
Baby Carrots, Variety	Broccoli	Baby Carrots	Corn	Spicy Pinto Beans Refried Bean Cup
	Lett, Tom, & Pickle	Lett, Tom, & Pickle	Lett, Tom, & Pickle	

Students must take a ½ cup fruit or vegetable with each lunch. Menus may vary and are subject to change. All entree products are whole grain. This institution is an equal opportunity provider and employer.

Updated 10/22/18