

# HOW TO CLEAN THE BATHROOM

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## DAILY

1. Rinse tub after bathing.

\* Optional: Spray a Daily Shower Spray formula in the shower to help prevent soap scum build up. \*

2. Wipe down sink, faucets, with a fresh cloth.

3. Wipe down toilet seat with another fresh cloth.

4. Clean mirror after everyone has brushed their teeth.

5. Hang fresh hand towels.

6. Spray air freshener and leave the room.

## MONTHLY

1. Clean under the sink.

2. Clean out medicine cabinet.

3. Throw out old medications and old make up.

4. Take inventory of toilet paper, paper towels, soaps, shampoos, etc.

Add those items that need replenishing to your shopping list. Purchase items when on sale and stock up.

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## WEEKLY

1. Use a small hand held whisk broom or brush and sweep the floor, dusting the baseboards as you go.
2. Fill a bucket with warm or hot water and add a disinfectant to the water.
3. Add a disinfectant to the toilet bowl. Swish it around with the toilet bowl brush and allow to soak while you clean the rest of the bathroom.
4. Wear rubber gloves to protect your hands.
5. Use separate cloths or sponges for cleaning the toilet and sink and floor.
6. Begin by cleaning the sink and cabinets. Use a mild detergent or abrasive for cleaning inside the sink, around the fixtures, the cabinets, and the walls around the sink.
7. Rinse and clean soap dish. Wipe off the light switch.
8. Dust vanity light bulbs.
9. Clean mirrors.

10. Sprinkle a mild abrasive or spray your preferred bath tub cleaner into the bath/ shower. Use a sponge to scrub away soap scum build up and water marks. Doing this weekly instead of once the tub is gross will reduce the effort! Liquid bleach gets rid of mildew. Rinse tub well.

11. Saturate a sponge in the bucket of water. Squeeze excess moisture out and begin scrubbing the baseboards. Because of the moisture in the bathroom, dust tends to dry and stick to the baseboards causing them to look dingy and unattractive. Move around the room, rinsing your sponge as needed. Dust window sills, cobwebs, top of door molding, and top of shower.

12. Saturate a sponge in the bucket of water. Squeeze excess moisture out and clean around top of toilet, working your way down the sides of the toilet. Rinse sponge as needed.

13. Using a sponge and a product such as Mop and Glo, scrub floor until it sparkles. Begin mopping in the corner of bathroom and work your way out of the room. Leave the room and make sure no one goes in until the floor is dry – about 20 minutes. You can place a fan on the floor to speed this drying time.

14. Pour dirty water outside or down the toilet. Disinfect sponges or cloths in a bucket of fresh water and bleach. 1/2 cup of bleach per gallon of water. Soak them for at least five minutes. Rinse well and air dry.