

# Buying Lunch in the Cafeteria

## Lesson 1:

### Learning Objectives:

Students will learn the process for buying school lunch. This is a skill they will be able to practice daily at lunch time. As students become more familiar the process, adult prompting can be faded out and students can become more independent.

### Materials & Preparation:

- Buying Lunch in the Cafeteria power point (included)
- Sequencing activity (multiple levels provided)
- Possibly scissors & glue

### Instruction:

- Buying Lunch in the Cafeteria power point

### Full Class Activity:

- Print slides from power point and as a class, go through the steps by taping them to the board. Of course, if you have a smart board, even better! Have students help drag steps in order they should be demonstrated.

### Independent Working Time:

- Sequencing activity

### Wrap up/Closing:

- Review the steps as a class.
- Remind students they'll get to practice daily if they are buying lunch! If not, still good to know in case they have to buy lunch one day or need to help a friend.

### Other Ideas for Activities:

- Youtube has simple videos "Buying Lunch at School"
- There are many short videos online that will help students visualize the process better

Name \_\_\_\_\_ Date \_\_\_\_\_

Draw a line to sequence the steps for buying lunch in the cafeteria.

- |         |                         |
|---------|-------------------------|
| Step 1  | get a milk              |
| Step 2  | get an entrée           |
| Step 3  | get utensils/condiments |
| Step 4  | pick up the tray        |
| Step 5  | get another side dish   |
| Step 6  | pay for the meal        |
| Step 7  | get a fruit             |
| Step 8  | sit and eat             |
| Step 9  | say "thank you!"        |
| Step 10 | get a vegetable         |

Name \_\_\_\_\_ Date \_\_\_\_\_

Cut out the pictures or words and glue steps in order for buying lunch in the cafeteria.

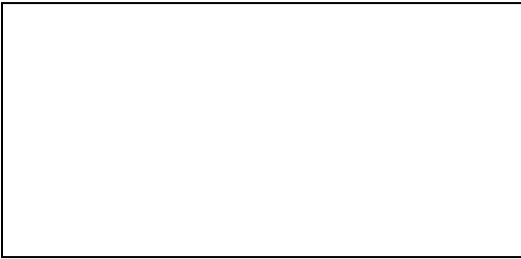
1



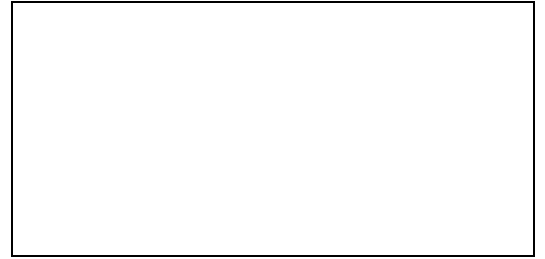
2



3



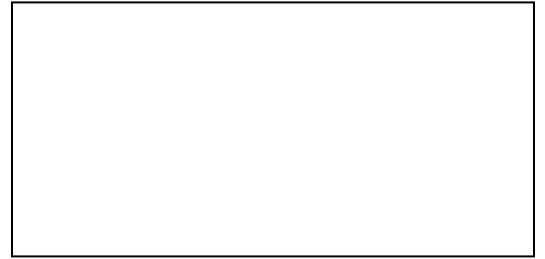
4



5



6



7



8



9



10





Get milk

Get a fruit

Get utensils/  
condiments

Pick up a  
tray

Get an  
entrée

Pay for your  
meal

Say thank  
you

Sit and  
eat!!!!

Get a  
vegetable

Get another  
side dish

# Buying Lunch in the Cafeteria

## Lesson 2:

### Learning Objectives:

Students will learn the process for buying school lunch. This is a skill they will be able to practice daily at lunch time. As students become more familiar the process, adult prompting can be faded out and students can become more independent.

### Materials & Preparation:

- Buying Lunch in the Cafeteria power point (to review)
- Tray, empty containers, silverware, condiments etc. (please go to your school cafeteria and ask for these).
- What is an Entrée worksheet
- What is a side dish worksheet

### Instruction:

- Buying Lunch in the Cafeteria power point
- Review power point and go through sequence of steps as a class

### Full Class Activity:

- Role Play – Buying lunch. Ask your school if you can have an empty tray, a few empty containers they use etc. Set up the desks into a line and have students practice buying lunch in your classroom.
- You be the cashier. If you have other staff to play cafeteria workers as well, even better!

### Independent Working Time:

- What is an Entrée?
- What is a side dish?

### Wrap up/Closing:

- Review the steps that each student demonstrated during the activity.

### Other Ideas for Activities:

- Take pictures of the students demonstrating these steps individually one day (when lunch is not actually happening). Have them sequence the

steps they did. This may help with sequencing, seeing themselves demonstrating skills as well as remembering what they did.

Name \_\_\_\_\_ Date \_\_\_\_\_

## What is an Entrée?

An entrée is the main dish in a meal. Usually it is the biggest item on your tray. Circle the items that are considered an Entrée.



Can you list a few more entrées that are not shown above?

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Name \_\_\_\_\_ Date \_\_\_\_\_

## What is an Side Dish?

Side dishes are the smaller items on your tray. These are the foods that go along with your entrée. Circle the items that are considered a side dish.



Can you list a few more side dishes that are not shown above?

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