

Create a New YOU!

An 8-week Journey of Transformation



SIGN UP TODAY!

Is This Program for YOU?

- You are ready for *lasting change*
- You are *tired of talk therapy*
- You desire a *holistic spiritual approach*
- You know *healing comes from within*
- You want *tools to empower you*
- You recognize the power of *unconscious*
- You want **FREEDOM!**

Meet Your Transpersonal Coach



Nigel B. Patterson calls upon ancient wisdom teachings and traditions to inspire, lead, motivate and support clients to break free of their limiting beliefs. His work allows them to find FREEDOM and INNER PEACE by reclaiming their innate power.

Nigel believes FREEDOM is everyone's birthright, easily accessible to all. His unique style makes his clients' journey of self-discovery both fun and highly rewarding.

YOU *will* Transform

The Transpersonal Journey

(created by Nigel B. Patterson)

1. Exploring the Landscape

- The perceived issue, problem or opportunity
- Mapping the Terrain
- The *real* issue revealed
- The Tribal environment (for teams)

2. Breaking the Patterns

- Constraints and negative beliefs
- Creating a new vision
- Attaining clarity

4. Consolidation

- Resolution & integration
- Review

*"I am,
we are"*

3. The Transpersonal Journey

- Preparing to journey
- Developing a metaphor
- The Journey

Where: Kailua-Kona (Hawaii) or Skype
Program: 8 Sessions plus online support

Investment: **\$1,695.00**
Enquiries: (808) 747-4654

THIS IS ONE-ON-ONE. Book NOW!! Read more.

www.nigelbpatterson.com/create-a-new-you.html

