

# REGISTRATION INFORMATION

## 2016-2017 SEASON

Full Season (September to June)



Dear Parents & Players,

Welcome to the new Evergreen Squash Academy 2016-2017 Season. This document is designed to help guide you through the registration process. A link to online registration will be circulated by email by the end of August. Sessions will begin the week of September 6<sup>th</sup>.

As many of you may know, effective August 23<sup>rd</sup> we will have a new Head Squash Pro, Thomas Brinkman. On behalf of the Junior Committee I'd like to thank Colin and wish him the best in his future endeavors. Thomas and the Junior Committee will be holding information sessions for parents in September (date to be announced).

### Registration and Fee payments

This season we will only require one registration for the full season, rather than the previous three registrations (one per term). To simplify the payment process, Evergreen junior membership dues are payable in one lump sum at the beginning of the season and Evergreen Squash fees will be collected monthly by pre-authorized debit.

### **Club Junior Membership Dues**

(one payment at the start of the season)

Junior w/ Full Booking Privileges	<b>\$260 +gst</b>
Junior U18	<b>\$190 +gst</b>
Junior U12	<b>\$105 +gst</b>

\*Junior membership includes off-peak time booking privileges and Squash BC registration fees

\*Juniors with Full Privilege membership allows juniors to play league and box ladders. It is only available to juniors who have been approved for this type of membership by the Head Squash Pro.

### **Evergreen Squash Academy Fees**

Evergreen Squash Academy fees will remain the same as last season, based on a maximum rate of \$10+gst per hour and will be collected monthly by pre-authorized debit. \*pro-rated rates may be available for juniors who are consistently not able to attend all of their session days, please contact Cathy or Thomas for details.

(10 equal monthly payments via pre-authorized debit only)

Orange	<b>\$36.90 +gst</b>	2 x 45 min session/week
Green	<b>\$36.90 +gst</b>	2 x 45 min session/week
Red	<b>\$82.00 +gst</b>	2 x 60 min session/week
Bronze	<b>\$82.00 +gst</b>	2 x 60 min session/week
Silver	<b>\$141.25 +gst</b>	3 x 75 min session/week
Gold	<b>\$169.50 +gst</b>	3 x 90 min session/week

## **Orange Ball groups (Non Competitive)**

2 x 45 minute sessions/week

**Sundays @ 3:00 to 3:45 + Choose\* 1 of 2 days from Tuesday OR Thursday @ 3:45 to 4:30**

\*subject to availability based on first to register

This group is aimed at junior players who are just starting the game. A Dunlop Orange dot squash ball will be used and a small 56cm racket will be used to make it easier for the children to learn the basics of squash. Basic squash skills, hand eye coordination and squash specific movements will be introduced in a fun environment. Fun games such as Squicket, Sqockey and many others will keep the sessions fun and give the children lots of time to improve their basic squash skills. These sessions will tie in to squash BCs new tournament policy where there will be one day events around Vancouver for juniors of this age and level.

## **Green Ball Groups**

2 x 45 minute sessions/week

**Sundays @ 3:00 to 3:45 + Choose\* 1 of 2 days from Tuesday OR Thursday @ 3:45 to 4:30**

\*subject to availability based on first to register

The group will focus on all the skills needed to participate in Squash BCs new green ball one day tournaments which will be taking place throughout the city should the junior be interested in playing with other juniors of a similar level from other clubs. A Dunlop Green Dot ball will be used and a medium 63cm racket will be used to make it easier for the children to perform the skills needed in this program. The sessions will incorporate all the basic skills needed to start playing the game of squash, all the major shots will be taught in a fun environment with lots of energy and fun games.

## **Red group (Pre Competitive)**

2 x 60 minute sessions/week

**Sundays @ 3:45 to 4:45 + Choose\* 1 of 3 days from Monday/Wednesday/Friday @ 3:45 to 4:45**

\*subject to availability based on first to register

This group is aimed at junior players who have mastered the basics and are now looking to improve their shots and play more games and enter multi day tournaments. A Dunlop yellow dot ball will be used with a full size racket. As well as improving the basic shots key areas such as return of serve and getting the ball out of the back corners will be looked at. There will also be a high emphasis placed on good fundamentals as this will help the players improve faster. These sessions will tie in to Squash BCs new progressive one day tournaments where juniors will play full games against other juniors of a similar level from throughout Vancouver.

## **Bronze Group (Competitive)**

2 x 60 minute sessions/week

**Sundays @ 3:45 to 4:45 + Choose\* 1 of 3 days from Monday/Wednesday/Friday @ 3:45 to 4:45**

\*subject to availability based on first to register

This group is aimed at juniors who have started playing smaller tournaments and are looking to improve their game and starting to become more serious about squash. All the basic shots will be looked at in these sessions as well as starting to introduce more advanced aspects of the game such as tactics, variation of pace etc. Juniors in the bronze group should be taking a minimum of two sessions per week and looking to enter junior tournaments within Vancouver.

## **Silver Group (Provincial Competitive)**

3 x 75 minute sessions/week

**Sundays @ 4:45 to 6:00 + Choose\* 2 of 3 days from Monday/Wednesday/Friday @ 4:45 to 6:00**

This group is for juniors who have started playing multiday tournaments and are looking to improve in these tournaments to a high provincial level. Juniors in this group should be on court at least 5 hours a week and showing a very keen interest in the sport. Within the sessions there will be a high focus on improving the juniors all round game play and tactics to help them improve in matches. A high emphasis will be placed on fundamentals and quality of ball striking as well as looking at fitness components and movement. Players in this group should be looking at taking regular private lessons also.

## **Gold Group (National Competitive)**

3 x 90 minute sessions/week

**Sundays @ 6:00 to 7:30 + Tuesday AND Thursday @ 4:30 to 6:00**

Juniors in this group will have been playing multi day events within BC and outside for the past couple of years and looking to move their game on to a high level. The juniors will be looking for a high provincial ranking and competing in national level tournaments. Juniors in this group should be playing a minimum of 10 hours a week and competing in the Vancouver Squash League if possible as well as adult tournaments. As well as the on court training juniors will be given off court training plans as well as being expected to attend any seminars on sports psychology, sports nutrition etc. Players in this group should also be taking regular private lessons.

**You will receive an email indicating when online registration is open.** In the meantime if you have any questions please feel free to contact Colin at [colinwhitney@hotmail.com](mailto:colinwhitney@hotmail.com) or Thomas at [squashpro@evergreensquash.com](mailto:squashpro@evergreensquash.com).

\*\* Note that group sizes will be restricted and participation is based on availability. All players must be active Evergreen members.

### **Evergreen Squash Academy Contact information:**

Head Squash Pro	Thomas Brinkman ( <a href="mailto:squashpro@evergreensquash.com">squashpro@evergreensquash.com</a> )
Director of Juniors	Riaz Mavani ( <a href="mailto:juniors@evergreensquash.com">juniors@evergreensquash.com</a> )
Club Manager	Cathy Covernton ( <a href="mailto:manager@evergreensquash.com">manager@evergreensquash.com</a> )
Junior Committee	Simon Bicknell, Soraya Kurji, Deanna Bracewell, Alim Dhanani