

FRUITY

Acai bowl - banana, cashew butter, marinated berries, granola 12

Chia pudding - buttermilk, marinated berries, banana, almonds 12

Coconut rice porridge - black & brown rice, spiced coconut milk, orange zest, cashew butter, granola, roasted pear 12

Green smoothie - kale, mango, banana, chia seed, avocado, dates, almond milk 10

Purple smoothie - acai, blueberries, cashew butter, avocado, vanilla, dates, almond milk 10

TOAST

Avocado - charred scallion oil, pickled onion, thai basil 9

Tahini - beet tahini, blackberries, basil, honey 8

Nut - cashew butter, coconut flakes, dried cherries, mint 8

SOUP/SALAD

Squash soup - creamy kabocha, beet tahini, chermoula oil 10

Chicken soup - dill, carrot, onion, celery 10

Little gem salad - avocado, grapefruit, pickled onion, almonds, pink peppercorn, shallot vinaigrette 12

Baby kale salad - kabocha squash, roast beet, carrots, feta, sprouted pumpkin seeds, balsamic vinaigrette 13

Add ons:

Sourdough toast 2

Avocado 3

Organic fried/scrambled egg 3

Beet pickled egg 3

Nueske bacon 5

Poached sea trout 5

Turmeric poached chicken 5.5

Poached gulf shrimp 7.5

Hanger steak 7.5

Bottle of BL Hot sauce 8

Antidote chocolate bar 9

Biocean marine plasma 3

Maison Louis Marie candle 34

Most items are naturally vegan and gluten free.
If you have any dietary requests please let us know!

We filter our water and source the best seasonal, organic, and local ingredients we can.

BOWLS

English breakfast - fried/scrambled eggs, sautéed greens, roasted tomato, beans, toast 14

Simple breakfast - 2 eggs fried/scrambled, bacon, avocado, toast 14

Poke - wild tuna, black rice, avocado puree, mango, cucumber, sesame seeds, nori 16

Beans and rice - black bean puree, black rice, sautéed greens, plantain, pickled chilies 12

Bibimbap - brown rice, kimchi, sautéed greens, shaved vegetables, beet pickled egg 13

Courgetti - spiralized squash, basil pistachio pesto, roasted tomato, avocado, feta 14

Brassica bowl - charred brussels sprouts, sautéed kale, broccoli, beet tahini, chermoula 14

SANDWICHES/WRAPS

Egg sandwich - scrambled egg, avocado, green chile cilantro sauce, pickled chili, aioli, sourdough 11

Breakfast tacos - scrambled egg, black bean puree, avocado puree, hot sauce, corn tortilla, plantains 11

BLAT - Nueske bacon, lettuce, charred avocado, roast tomato, aioli, sourdough 14

Chicken salad sandwich - herb aioli, greens, pickled cucumber, sourdough 14

Shrimp wrap - gulf shrimp, nori, pickled and fresh vegetables, black rice, avocado, chermoula, collard wrap 14

Steak banh mi - lemongrass marinated hanger steak, chili aioli, shallots, pickled carrots, herbs, sourdough 17

SWEET

Pancakes - marinated berries, mascarpone 11

Banana bread (gf) - whipped cocoa mascarpone 7

Chocolate orange cake (gf, sugar free) - yogurt drizzle, orange zest 7

Please ask to see our dinner menu! :)

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of foodborne illness

Integral Coffee

Drip coffee 2.75	Espresso 3
Cappuccino 3.75	Americano 3.25
Latte 4	Macchiato 3.5
Cortado 3.5	Iced coffee 3

Hot hot cocoa - melted 85% dark chocolate,
cayenne, cinnamon, date, sea salt 5.5

Golden Mylk - almond milk, ginger, turmeric,
black pepper, honey 5.5

Tonics

Hibiscus leaf, cinnamon, ginger, served hot 4

Ginger, lemon, cayenne, served hot or cold -
optional honey 3.5

Apple cider vinegar, bay leaf infusion 3.5

Acai limeade 4

Blueberry mint limeade 4

Torii Labs Awake tonic - goji, ginger, citrus,
cayenne 8

Leaves & Flowers Tea 6

Herbal

African Rooibos - vanilla, rich, smooth

Pure Tulsi - vana, rama, Kapoor tulsi

Turmeric Wellness - turmeric, rosemary, citrus
peel, ginger, black pepper

Sweet Rush - lemongrass, ginger, rose

Royal - calendula blossom, sage, peppermint

Leaves of Grass - lemon verbena, peppermint,
tarragon

Peace - calendula blossoms, rose petal, tulsi, lemon
verbena

White/Green/Oolong

White Lily - delicate, floral, peach; Fujian
Province, China

Silver Leaf - full-bodied green; golden raisin,
nectar, vegetal; Zhejiang Province, China

Emerald Oolong - jasmine, cream, honeysuckle;
Hunan Province, China

Black

Longan Black - creamy, smooth, vanilla; Fujian
Province, China

Assam Chai - assam tea, cardamom, cinnamon,
turmeric, black pepper

The logo for Blake Lane is a square with a thin green border. Inside the square, the words "Blake" and "Lane" are stacked vertically in a large, light green, sans-serif font.

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You can sit with us @blakelanenyc