

FOOD – Grabbing a quick bite

TRANSCRIPT

I love food, so I don't think there's any type of food (**that**) I don't like, **which** means I'm very **easy to please**. I know some people can be really **fussy eaters** but fortunately I don't have that problem **when** I'm eating out with friends. I think in the past British people **had a reputation for** going abroad and only going to places **where** they serve 'British food' but I think that has changed a lot. People are much more **adventurous** today in the UK and this is reflected in the **wide range of cuisines** (**that**) you will find all over the country. It's good to try different things.

During working hours British people tend to **grab a quick bite** to eat rather than take the time to have a proper lunch, **which** is more common in many other countries. Personally, I don't think this is very healthy. I think we should all stop for lunch and have a break to **let our lunch digest** but too often you see British people **eating on the go**, **which** probably **leads to a lot of indigestion** later on.

I like to **take my time** and enjoy the whole experience **when** I go to a restaurant. I can **be a bit indecisive** if there are a lot of nice dishes **on the menu** so I don't like to **be rushed into making a decision**, **which** might be **a bit frustrating** for the staff if they're all busy because the restaurant's packed. However, for some reason I hate waiting too long after I **ask for the bill**. As soon as I'm ready to pay I want to leave. I don't want to **hang around**. I always **leave a tip** for the waiter or waitress but I don't like doing it. This is partly because I never know if the staff **who** served me or the boss of the restaurant will get the money in the end. But I always **leave a tip** anyway because I don't want people to think I'm **stingy**!

VOCABULARY

easy to please – someone who is happy with any choice or option

a fussy eater – someone who only eats certain types of food

have a reputation for – to be well-known for behaving in a certain way

adventurous – someone who likes trying different or unusual things

a wide range of cuisines – varied styles of cooking from around the world

grab a quick bite – get a quick snack when you don't have much time to eat

lead to indigestion – can result in stomach pains due to poor diet

take my time – to want a lot of time to do something

be a bit indecisive – to have difficulty making a decision

rush into – do something quickly without thinking first

make a decision – to decide, to make up your mind

ask for the bill – to request the paper telling you how much to pay

hang around – to wait or be delayed somewhere, wasting time

leave a tip – to give extra money in thanks for a service, normally 10%

stingy – mean with money, unwilling to spend money

GRAMMAR

Relative clauses

*I never know if the staff **who** have served me will get the tip*

*Some people only go to places **where** they serve 'British food'*

defining relative clauses show exactly who or what we are talking about

use '**who**' for a **person**, '**which**' for a **thing**, '**that**' for a **person or thing**, '**where**' for a **place**, '**whose**' for **possession**

*I don't have a problem **when** I'm eating out with friends*

the **relative adverb** '**when**' can be used to show a **time or occasion**

*I don't think there's any type of food (**that**) I don't like*

*There is a wide range of cuisines (**that**) you will find all over the country*

when the **relative pronoun** is the object, it is not necessary

*Many British people have a snack for lunch, **which** is less common in other countries*

non-defining relative clauses add extra information about a person or thing

the **relative pronoun** '**that**' cannot be used in **non-defining relative clauses**