

7 LEVEL DEEP EXERCISE

The 7 Levels Deep Exercise can be used to help determine what really drives you to accomplish anything in life. The following is a sample for you to start with. This is one of the hardest exercises that we have to do to reach that next level.

Name _____ Date _____

LEVEL 1: What is important to you about becoming successful?

ANSWER:

LEVEL 2: Why is it important to you to _____

ANSWER:

LEVEL 3: Why is it important to you to _____

ANSWER:

LEVEL 4: Why is it important to you to _____

ANSWER:

LEVEL 5: Why is it important to you to _____

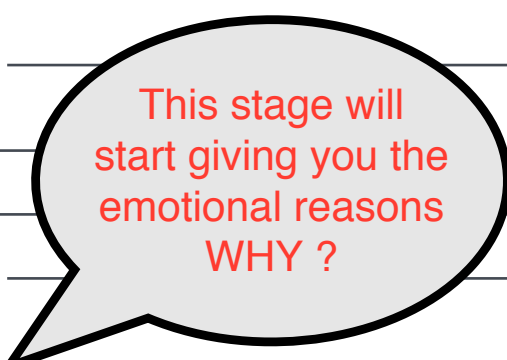
ANSWER:

LEVEL 6: Why is it important to you to _____

ANSWER:

LEVEL 7: Why is it important to you to _____

ANSWER:



This stage will
start giving you the
emotional reasons
WHY ?

7 LEVELS DEEP EXERCISE

The 7 Levels Deep Exercise can be used to help determine what really drives you to accomplish anything in life. The following is a sample for you to start with. This is one of the hardest exercises that we have to do to reach that next level.

Name DEAN GRAZIOSI Date 1/1/2019

LEVEL 1: What is important to you about becoming successful?

ANSWER:

I WANT TO OWN A HUGE HOUSE ONE DAY

LEVEL 2: Why is it important to you to OWN A HUGE HOUSE ONE DAY ?

ANSWER:

I WANT MY PARENTS TO BE ABLE TO LIVE WITH ME

LEVEL 3: Why is it important to you to HAVE YOUR PARENTS LIVE WITH YOU ?

ANSWER:

I NEVER WANT MY PARENTS TO STRESS OVER MONEY AGAIN

LEVEL 4: Why is it important to you to NEVER LET YOUR PARENTS STRESS AGAIN ?

ANSWER:

I WANT TO SHOW THEM HOW MUCH I LOVE THEM

LEVEL 5: Why is it important to you to YOUR PARENTS KNOW YOU LOVE THEM ?

ANSWER:

I WANT THEM TO SEE HOW WELL ROUNDED I'VE BECOME

LEVEL 6: Why is it important to you to FOR THEM TO SEE YOU'RE WELL ROUNDED ?

ANSWER:

SO THEY KNOW I MADE SOMETHING OF MY LIFE

LEVEL 7: Why is it important to you to SHOW THEM WHAT YOU'VE BECOME ?

ANSWER:

I DON'T WANT MY PARENTS TO EVER BE DISSAPOINTED IN ME

LIKE THEY ALWAYS WERE GROWING UP