

# Biblical Mentoring

## INTENSIVE

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Congratulations!

You've taken the first step towards engaging in the kind mentorship that will infuse your faith and jumpstart spiritual growth.

The goal is to harness motivation, establish a vision, and create a rhythm for cultivating a vibrant relationship with God steeped in the Word and the biblical disciplines for the sake of becoming the kind of woman who can give back.

The Biblical Mentoring Intensive will enable you to focus on:

- how to study Scripture and apply it
- carving out time for rest and refueling
- living according to your core values
- writing a mission statement and goals
- developing a lifestyle of worship
- cultivating a meaningful prayer life
- time management and organization
- setting priorities and boundaries
- developing communication skills
- nurturing relationships
- uncovering your calling
- and more . . .

The Intensive Includes {Valued at over \$1000}:

- biblically steeped content that encourage and equips you to create a life steeped on Biblical values and principles

- worksheets and resources to help you process through and apply the content on presented in each of the video
- access to complete the Highlands Ability Battery for discovering your wiring {valued at over \$300}
- one private 60-minute coaching with Elisa call following the completion of the Highlands Ability Battery
- Are you ready to grow in your faith and discover the beauty of your God-given purpose and impact?

So are you ready to get started? On the following pages you'll find the necessary information for gaining access to the resources and the steps to take to participating in this life-changing, Biblical Mentoring Intensive.

If you have any questions, don't hesitate to ask.

Because there is more,

A handwritten signature in a cursive script that reads "Elisa". The signature is written in black ink and has a fluid, elegant style with a long, sweeping tail on the letter 'a'.

# THE SYLLABUS

The Biblical Mentoring Intensive is divided into four modules. You can complete one a week or space it out over two weeks. With each module, you'll find a video teaching, a downloadable worksheet, and any related resources. The sessions include:

- Introduction: What You'll Get and Gain
- Session 1: The Foundation of Word and Worship
- Session 2: Understanding Your Story and Wiring
- Session 3: Establish Your Values and Vision
- Session 4: Considering Your Relationships, Responsibilities, Rhythms, and Impact

# HOW TO GET ACCESS TO THE HIGHLANDS

The Highlands Ability Battery (HAB) is an online assessment which enables you to look at your whole-life picture and pinpoint your God-given abilities and personal style as it pertains to interacting with others. The battery reveals how you problem solve, where you get your energy from, and how you connect with others, providing you with a framework for approaching relationships, educational studies, and career pursuits.

The HAB is conducted through a website provided by the Highlands Company. It will take you 3 hours to complete. It is divided into 19 timed work-sample segments, which can be completed in one sitting or spaced out according to your time availability. You will need:

1. computer with a good internet connection
2. headphones to plug into your computer
3. quiet space without interruption
4. un-rushed time to complete each segment

To request your Highlands access code, email [elisa@moretobe.com](mailto:elisa@moretobe.com) and request your BMI HAB. Be sure to include your email address that you used to purchase the Biblical Mentoring Intensive.

# HOW TO SET UP YOUR HIGHLANDS FEEDBACK AND COACHING SESSION

With the Biblical Mentoring Intensive, you get to have one 60-minute private call with Elisa following the completion of the Highlands. To request your appointment, email [elisa@moretobe.com](mailto:elisa@moretobe.com). Be sure to mention your BMI enrollment and the email you used to purchase the intensive.

## QUESTIONS?

Email [elisa@moretobe.com](mailto:elisa@moretobe.com) with any questions or concerns!