HELLO! I'M ROBIN SAMPSON



Time with God Challerge



I'm so glad you have joined the Time with God Challenge!

I am excited. I firmly believe there is nothing you can do to change your life more than spend time with our heavenly Father.

We all lead busy lives, which is why it is so important to firmly commit to this habit so you automatically complete your prayer and Bible reading just as automatically as you brush your teeth.

The next 67 days will include information, tips, worksheets, and printables, which are designed to get you into the habit of daily prayer and Bible reading. We will look at priorities, the science of habits and the importance of prayer and Bible reading. You will receive about two emails from me each week.

Real change takes time and effort. The first step is to change our thinking and attitudes about our priorities. We are created in the image of the Most High God, you have an incredible mind which has the ability to succeed in whatever you decide to pursue. You have the mind of Christ, and the Holy Spirit to lead and guide you as you renew your mind. Changing your daily routine can be a daunting task, but with God nothing is impossible.

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline. 2 Timothy 1:7

Over the course of this program, I want to encourage you write down what you learn and copy verses. I am providing you with some Travelers Notebook inserts. When we write, we create spatial relations between the various bits of information we are recording. This helps us remember.

I will be on Facebook Live every Tuesday at 7:00 PM try to be there Tuesday May 1 for questions and discussions. Click here to get Facebook Message reminders.

Please pray daily for all of us in the challenge. The enemy does not want us in God's word.

I will send you one or two emails a week (as the Spirit leads) letting you know there are tips or printables for you in the lesson area.

Your Job:

- **1.** Keep your goal time with God each day.
- **2.** Write. Copy verses or ournal about what you are learning.
- **3**. Fill out the occasional worksheet.
- **4.** Visit the Facebook Group for encourage,-ment.
- **5.** Check off the days you completed your goal.

LET'S GET STARTED!



Introduction

Worksheet 1

Please read each of these verses before filling out Worksheet 1.

- 2 Timothy 1:7
- Colossians 1:11–12
- · Proverbs 3:5-6
- John 15:7
- Romans 8:37
- Romans 12:2

Travelers Notebook Inserts

Use the Travelers Notebook inserts to write one or more of the verses above. You can either:

- 1. print the insert pagess out and make a notebook.
- 2. purchase a Travelers notebook insert and glue the pages into it.
- 3. use another type notebook.

Once you decide on your notebook you can do any of the following:

- 1. copy one or more verses by hand.
- 2. type in the verses into the PDF.
- 3. journal what you learned.
- 4. use facy lettering.
- 5. decorate the page with markers, doodles, or stickers.
- 6. Open the PDF in image sofware and Bible journal digitally.

Share your page(s) in the Bible Journal Love Facebook Group.





Editable PDFs

The worksheets and Travelers Notebook Insert pages are editable. That means you can open with the Adobe Reader and type inside the BLUE AREA before printing. The blue color will not print; it is only there, to show you where you can type.

Those of you who have learned how to Bible journaling digitally can open in Photoshop Elements to edit.

