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CHEF INTEL

13 Star Chefs Share Their New Year's Resolutions

BY JUSTINE STERLING | POSTED JANUARY 1, 2015 AT 9:00AM EST

You're not the only one making New Year's resolutions. Here, 13 amazing chefs share their goals for 2015, from eating better breakfasts to demanding "swoosh-free" plating.

"Switch back to oatmeal for breakfast from my year of eating eggs every morning. Then I'm going to eat all fish all the time, meats on the weekend and no refined sugar."

—**Michael Chernow**; The Meatball Shop in New York City

"I'm going to live on juices, fish, fresh fruit and low-starch vegetables for at least a month to get that bathing suit body back."

—**Daniel Holzman**; The Meatball Shop in New York City

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